

# **SUMMER FIELD HOCKEY CLINICS**

## **PINGREE PARK**

### **WENHAM, MA**



### **MIDDLE SCHOOL/BEGINNERS SESSIONS**

This clinic is open to beginners or players with experience entering grades 5-8. Clinic will focus on: proper basic skills, safety when playing, rules of the game & basic strategy. Players should bring: stick, mouthguard, goggles, shin pads and water. (Some Extra equipment will be made available)

**Week of August 4th: Monday - Thursday, 9am - noon, Cost: \$160pp**

### **HIGH SCHOOL SESSIONS**

A great way for high school players to build their game skills and start working with a stick and ball before preseason begins! Open to girls entering grades 9-12.

Sessions would start with skill development (30 mins) and move quickly to 6v6 (or a variant depending on enrollment numbers) round-robin play. Players should bring their own stick, mouthguard, goggles, shin guards and water.

**Week of Aug. 11th: Monday, Wednesday, Friday, 7am - 9am, Cost: \$85pp**

**TO REGISTER PLEASE CALL THE  
H-W RECREATION DEPARTMENT  
978.468.2178**