

# HAMILTON WENHAM RECREATION

**SPRING/SUMMER 2018 PROGRAM BROCHURE**



**REGISTRATION BEGINS ON MARCH 5TH**

**Hamilton Wenham Recreation Department  
16 Union St, Hamilton, MA 01982  
Office Lines: 978-468-2178 or 978-468-5590**

**Like and Follow us on Facebook  
<https://www.facebook.com/hamiltonwenham.recreation/>**

**Website and to Register  
[www.HWRECREATION.com](http://www.HWRECREATION.com)**

## HAMILTON-WENHAM RECREATION DEPARTMENT MISSION STATEMENT

The Hamilton-Wenham Recreation Department provides a wide variety of programs designed to improve the quality of life for residents by meeting physical and recreational needs. We promote life long lessons through play, education and community wide events.

Hamilton-Wenham Recreation Department  
16 Union St.  
Hamilton, MA 01982  
978-468-2178  
www.hwrecreation.com

### Office Business Hours:

Monday 8am - 4:30pm  
Tuesday 8am - 6:30pm  
Wednesday 8am - 4:30pm  
Thursday 8am - 4:30pm  
Friday 8am - 12:30pm\*  
\*Please call ahead for  
Appointments on Mondays

## JOINT RECREATION BOARD MEMBERS

John Cusolito	Wenham
Len Dolan	Wenham
Denis Curran	Wenham
Steve Ozahowski, Chair	Hamilton
Brad Tilley	Hamilton
Reggie Maidment	Hamilton

The Joint Recreation Board is made up of six members, three residents of Hamilton and three residents of Wenham. The Board meets once a month to discuss various recreation issues.

The Hamilton Wenham Recreation Department welcomes your program ideas. Please contact the office with any programming ideas and suggestions.

978.468.2178



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Hamilton-Wenham  
Recreation

## REFUND POLICY

1. Full refund for a cancelled class
2. You will receive a refund minus a \$10 administrative fee if you notify the Recreation Department at least five (5) business days before the start of a program.
3. No Refund if you cancel less than 5 business days before the start of a program
4. All refunds will be issued in the form of a check. Credit card service fees will be refunded back to the credit card.

## COURSE CANCELLATION

Classes that do not attain the minimum enrollment will be cancelled 48 hours prior to the scheduled start date. If cancelled you will receive a full refund. We reserve the right to reschedule or change classes. You will be called if your class is cancelled, otherwise, plan on attending.

## COURSE CONFIRMATION

We DO NOT provide confirmations for program registrations. You will be called if a class is filled and you will be placed on the waiting list. Otherwise, plan on attending.

## MAKE UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather or instructor absence. We are not responsible for making up classes that are missed due to the participants inability to attend.

## INCLEMENT WEATHER

All classes (day and evening) will be cancelled when Hamilton-Wenham Regional Schools are closed. In the event that we need to cancel evening, weekend or summer program/events it will be posted on the voicemail at 978-468-2178 and on our website at www.hwrecreation.com.

## FILLED CLASSES

You are urged to register as soon as possible. Classes are filled on a first come first served basis. We do not "hold" spots. If your class is filled, you will be placed on a waiting list.

## PARTICIPANT PHOTOGRAPH POLICY

Periodically, the Recreation Department photographs/videotapes program participants for promotional use. Unless the participant/guardian informs us of their desire not to be photographed, the Recreation Department will use photographs/videotapes for their promotional purposes.

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# WWW.HWRECREATION.COM

Please visit our website to browse activities, register for classes and view any new announcements

## HOW TO REGISTER

Step 1: Visit [www.hwrecreation.com](http://www.hwrecreation.com) and create a user name and password

Step 2: Search and select activities and add them to your on-line cart

Step 3: Pay on-line with credit card\* or print and mail form to the Rec. Dept.

\*All Refunds will be issued in the form of a check. Service fees will be refunded back to the credit card in full.

**If you do not wish to register on-line, we have two other options for registration**

### **Walk-In:**

Recreation Center  
16 Union St., Hamilton MA  
Hours on page 2

### **Mail to:**

HW Recreation Department  
16 Union Street  
Hamilton, MA 01982

## REGISTER EARLY!!

**Nothing ends a program faster than waiting for the last minute to register!  
Please make every effort to register early!**

## Important Pool Information

### CONTACT INFORMATION

Recreation Office: (978) 468-2178 (prior to pool opening)  
 Pool Office: (978) 626-5280

### MEMBERSHIP REGISTRATION

Memberships are ONLY available to residents of Hamilton or Wenham. Registration will open starting on Monday, March 5th. Memberships may be made online, in person, or over the phone. If the membership is not purchased in person, arrangements must be made with the Recreation Department to receive your passes.

### PAYMENT

Memberships can be purchased via check or credit card at the recreation office. Drop in fees can be paid at the pool by cash or check.

### NON-RESIDENTS

Non-Residents may not enter the pool unless they have a guest pass. Information on how to obtain a guest pass is below in the membership page

### WEATHER CLOSURES

The Pool will immediately close at the first sign of lightning, thunder or severe weather and remain closed for at least 30 minutes. The pool will not re-open until 30 minutes have passed without any additional sign of lightning, thunder or severe weather. During this time patrons will not be allowed to remain within the pool enclosure.

### HEALTH AND SAFETY CLOSURES

In the event the pool water chemistry fails to comply with state regulations the pool will be closed to bathers until the water chemistry is brought back into compliance. Please make sure to take a cleansing shower before entering the pool.

### EMERGENCY PROCEDURES

In the event of an injury or missing person, please notify the Pool Office immediately.

### REFUND POLICY MEMBERSHIPS

In order to receive a refund on a membership participants must cancel at least 2 weeks prior to the opening of the pool

[Returning Membership Holders](#)

Membership cards purchased last season will be automatically activated if a membership is purchased for this season. A new membership card is only needed for first time membership holders.

## Open Swim Hours of Operation

### June 9th - June 22nd (Pre-Season)

Monday - Friday	2pm - 7:30pm
Saturday	11am - 7:30pm
Sunday	11am - 6:30pm

### June 23rd - August 19th (Regular Season)

Monday - Friday	12:30pm- 7:30pm
Saturday	11am - 7:30pm
Sunday	11am - 7pm

### August 20th - August 26th (Post Season)

Daily	11am - 7pm
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# VETERANS MEMORIAL POOL AT PATTON PARK FEES

## MEMBERSHIPS RESTRICTED TO HAMILTON WENHAM RESIDENTS ONLY

<b>MEMBERSHIP TYPES</b>	<b>PRICE</b>
<p><b>FAMILY MEMBERSHIP</b></p> <p><i>Membership includes 2 adults (over age 21) and 2 children (under age 18). Each additional child is \$20.</i></p>	<b>\$180</b>
<p><b>INDIVIDUAL ADULT MEMBERSHIP</b></p> <p><i>Membership includes 1 person over the age 18 or older</i></p>	<b>\$85</b>
<p><b>INDIVIDUAL YOUTH MEMBERSHIP</b></p> <p><i>Membership includes 1 person between the ages of 3-17</i></p>	<b>\$70</b>
<p><b>INDIVIDUAL SENIOR/ VETERAN MEMBERSHIP</b></p> <p><i>Membership includes 1 person over the age of 60 or a Veteran</i></p>	<b>\$55</b>
<p><b>CAREGIVER PASS</b></p> <p><i>The Caregiver Pass can only be purchased by a Family or Individual Membership holder. The Caregiver Pass can only be used by someone accompanying a member of that particular membership. The Caregiver Pass can be used by any number of individuals (non-resident included), by one individual per visit</i></p>	<b>\$40</b>
<p><b>GUEST PASS</b></p> <p><i>A Guest Pass can ONLY be purchased by residents. Guests can only attend the pool with someone who is a resident. Guest passes are sold as either a one time visit or a pack of three. Non-Residents may be admitted to the pool with a guest pass. Maximum 3 guests per visit.</i></p>	<p><b>\$10/1</b></p> <p><b>\$25/3</b></p>

## VETERANS MEMORIAL POOL DAILY FEES (FAMILY CAP \$25)

<b>TYPES</b>	<b>PRICE</b>
<b>AGES 2 AND UNDER</b>	<b>FREE</b>
<b>AGES 3 -17</b>	<b>\$5</b>
<b>AGES 18 - 59</b>	<b>\$7</b>
<b>SENIORS (60+)</b>	<b>\$5</b>
<b>5 AFTER 5</b>	<b>\$5 AFTER 5:00PM</b>

## DAILY FEES ARE RESTRICTED TO HAMILTON WENHAM RESIDENTS ONLY

## **SWIM LESSON INFORMATION**

### **Parent/Child Swim Lesson:**

For Children age 6 mos.-2 years who want to explore the water with a parent or guardian. The focus of this class is water exploration. Children will explore splashing, kicking, and blowing bubbles with the use of toys, games and songs.

### **Preschool Beginner Swim Lesson:**

Children age 3-5 who have little to no experience in the water, who require flotation to swim. Instructors will work on basic swimming skills such as paddling, kicking and blowing bubbles.

### **Preschool Advanced Swim Lesson:**

Children age 3-5 who can comfortably swim without flotation for a least 5-10 yards. Children will work on basic stroke development such as front crawl, backstroke & rhythmic breathing.

### **Youth Beginner Swim Lesson:**

Children age 6-12 who have little to no experience in the water, who require flotation to swim. Instructors will work on basic swimming skills such as paddling, kicking, putting face in the water and blowing bubbles.

### **Youth Advanced Swim Lesson:**

Children age 6-12 who can comfortably swim without flotation for at least one length of the pool. Children will work on stroke development for front crawl, backstroke, breaststroke as well as rotary breathing.

### **PRIVATE SWIM LESSONS:**

NEW FOR 2018! WE WILL OFFER PRIVATE SWIM LESSONS ON SATURDAY MORNINGS. Please contact the recreation office to arrange the time of your lessons. Instructors will be available for private lessons between 9am and 11am. Lessons are one half hour each week. The cost for members is \$80 the cost for non-members is \$100.

## SESSION 1: JUNE 25TH - JULY 6TH\*

### Morning Lessons - 9:20am - 9:50am

Parent Child  
Preschool Beginner  
Preschool Advanced  
Youth Beginner  
Youth Advanced

### Afternoon Lessons - 1:30 - 2:30

Youth Beginner  
Youth Advanced

Lessons Run Mon.- Thurs., Fri Make up Lesson

**COST:** Resident: \$70 Non-Resident: \$90

**LOCATION:** Veterans Memorial Pool

\* No Class on 7/4

## SESSION 2: JULY 9TH - JULY 19TH

### Morning Lessons - 9:20am - 9:50am

Preschool Beginner  
Preschool Advanced  
Youth Beginner  
Youth Advanced

### Afternoon Lessons - 1:30 - 2:30

Preschool Beginner  
Preschool Advanced

Lessons Run Mon.- Thurs., Fri Make up Lesson

**COST:** Resident: \$70 Non-Members: \$90

**LOCATION:** Veterans Memorial Pool

## SESSION 3: JULY 23RD - AUGUST 2ND

### Morning Lessons - 9:20am - 9:50am

Parent Child  
Preschool Beginner  
Preschool Advanced  
Youth Beginner  
Youth Advanced

### Afternoon Lessons - 1:30 - 2:30

Youth Beginner  
Youth Advanced

Lessons Run Mon.- Thurs., Fri Make up Lesson

**COST:** Resident: \$70 Non-Resident: \$90

**LOCATION:** Veterans Memorial Pool

## SESSION 4: AUGUST 6TH - AUGUST 16TH

### Morning Lessons - 9:20am - 9:50am

Preschool Beginner  
Preschool Advanced  
Youth Beginner  
Youth Advanced

### Afternoon Lessons - 1:30 - 2:30

Youth Beginner  
Youth Advanced

Lessons Run Mon.- Thurs., Fri Make up Lesson

**COST:** Resident: \$70 Non-Resident: \$90

**LOCATION:** Veterans Memorial Pool

## SATURDAY SWIM LESSONS JUNE 30TH - AUG. 16TH

### Weekend Lessons - 11:00 - 11:30am

Parent/Child  
Preschool Beginner  
Preschool Advanced  
Youth Beginner  
Youth Advanced

**COST:** Resident: \$70 Non-Resident: \$90

**LOCATION:** Veterans Memorial Pool



# **HAMILTON-WENHAM HURRICANES SWIM TEAM INFORMATION**

## **HURRICANE SWIM TEAM AGE REQUIREMENTS**

Children between the ages of 5 and 16 are eligible to participate in the swim team. A child must turn 5 years old on or before July 1, 2018. 16 year olds may not turn 17 prior to July 1, 2018.

## **TEAM BATHING SUITS, CAPS & GEAR PACKAGES**

The Hurricanes Swim Team will have a team suit and cap. The swim cap cost is included in the registration cost for swim team. The bathing suits for this year will be purchased through Todd's Sporting Goods in Beverly. Girls suits are \$59 and Boys suits are \$44. We will be going to a solid colored suit with our team logo so that suits can be used from year to year. Gear packages will also be available for those families that wish to purchase other Hurricanes gear beyond the suit and caps. The link to our team store will be sent out to families once the season has begun. Bathing suits can be purchased through our team store once that link is sent out.

## **HURRICANE SWIM TEAM PRE-SEASON PRACTICES**

New for 2018 The Hurricanes Swimmer have an option to begin swimming in May if they wish! The cost of this would be an additional \$40 or \$75 depending on if you choose one or two day practice option on top of the price for the summer league team that runs from June through early August. Pre-Season Practices in our pool will be held on Tuesday and Thursday evenings June 12th, 14th, 19th & 21st from 6:30pm - 7:30pm.

## **HURRICANE SWIM TEAM MEET DATES**

Swim meets typically take place on Wednesday afternoons at 1:00pm however times are subject to change. Warm-ups are one half hour before the meet starts. The recreation department will provide bus transportation to all away meets. The bus leaves from the Veterans Memorial Pool area. The meet schedule can be found on the next page

We will be looking for parent volunteer to assist at our home swim meets with timing, crowd control etc.

**HURRICANES SWIM TEAM**

The Hurricanes offer swimmers of all levels a chance to compete in a fun atmosphere as well as the opportunity to strengthen their swimming skills. Participants must be able to swim at least one length of the pool without stopping while demonstrating proficient front crawl stroke. Swimmer can choose from practice option 1 or 2 depending on their own schedules, it may vary from week to week for some which the coaches understand.

- AGES:** 5-16
- DATES:** Monday - Friday June 12th - August 8th
- TIME:** June 12th - June 21st Tuesdays & Thursdays 6:30pm - 7:30pm  
June 25th - August 8th:  
Option 1: 7:00am - 8:00am  
Option 2: 8:00am - 9:00am
- COST:** Pool Members: \$130 Non-Pool Members: \$160  
Family Cap \$320 please contact rec department for this option.
- LOCATION:** Veterans Memorial Pool



<u><b>Date</b></u>	<u><b>Meet</b></u>
Wednesday, June 27	Manchester Bath and Tennis @ HW
Thursday, July 5th	HW @ Myopia
Wednesday, July 11th	Ipswich Country Club @ HW
Thursday, July 19th	HW @ North Andover Country Club
Wednesday, July 19th	Essex Country Club @ HW
Wednesday, August 1st	All Star Meet, Location TBD

**All Swim Meets are scheduled to begin at 1pm with a  
12:30pm Warm-up**

## Important Park Program Information

### LOCATION

The Summr Park Program will be held at Patton Park. We will be utilizing the tennis courts, ball fields, playground, gazebo, and of course the NEW POOL.

### INCLEMENT WEATHER POLICY

If heavy rain and/or severe weather is forecasted participants will be notified in the morning and the park program will be held at the Recreation Center. In the instance that sever weather strikes while the program is at Patton Park, children will be escorted across the street to the Winthrop School for shelter.

### SWIMMING POOL ACCESS

Each group will have a minimum of 30 minutes of swim time each day. Swim time could increase based upon weather or specially planned activities. As part of the park registration fee the Little Generals group will receive swim lessons during their scheduled period. Young explorers will receive a combination of instruction and open swim. If your child does not wish to swim they must stay with their group, staff will plan activities accordingly during the period. In order to swim in the deep end participants must pass a swim test administered by a lifeguard. Anyone who fails the swim test or chooses not to take it must swim in the shallow end or kiddie area.

### PARENT MANUAL

All Parents/Guardians will receive a parent manual prior to the start of the program. The manual will provide parent with contact information, drop off and pick up locations, daily schedules, and all other pertinent information regarding the program.

### FIELD TRIPS

The All stars and Jr. All stars will be going on weekly field trips, permission slips will be passed out at the start of the week and be due before the field trip is set to leave. PLEASE NOTE, the field trips will extend the day beyond 1:15. Some field trips have the potential to return as late as 4:30 - 5pm. All Field Trips are on the Wednesday of each week.

### WHAT TO BRING

Participants should bring a lunch, snack, bathing suit, tennis racket, sun tan lotion and plenty of water.

### PATTON PARK SESSIONS

Session 1:	June 25 - June 29
Session 2:	July 2 - July 6 (no class 7/4)
Session 3:	July 9 - July 13
Session 4:	July 16 - July 20
Session 5:	July 23 - July 27
Session 6:	July 29 - August 2
Session 7:	August 5- August 9
Session 8:	August 13- August 17

### PARK WEEKLY THEMES

Session 1:	Hamilton Wenham Pride Week
Session 2:	Character Week
Session 3:	Animal Week
Session 4:	Sports Week
Session 5:	Decades Week
Session 6:	Mix-Up Week
Session 7:	Water Week
Session 8:	Music Week

### ALL STAR AND JR ALL STAR FIELD TRIPS

Session 1:	Kimball Farms
Session 2:	Lazer Craze - 7/3
Session 3:	Maritime Gloucester
Session 4:	Lowell Spinners Game - 7/18
Session 5:	Canobie Lake Park
Session 6:	Salem Willows
Session 7:	Water Country
Session 8:	Boston Duck Tour - 8/15

### PARK WEEKLY ENTERTAINMENT

Session 1:	Inflatable Obstacle Course
Session 2:	Museum of Science Show
Session 3:	Curious Creatures
Session 4:	Hawaiian Pool Party
Session 5:	Park Talent Show
Session 6:	Make Your Own Sundaes
Session 7:	Inflatable Water Slide
Session 8:	Performer

## LITTLE GENERALS

The Little Generals program provides supervised, safe and fun programming for children. It is our goal for each child to create great park memories by providing an active outlet for both physical and social needs. Participants will engage in activities such as arts & crafts, swimming, tennis, sports, and weekly special events and themes. Little General participants receive swim lessons as part of their park day. Free swim time will be available dependent on the days schedule. Participants should bring a snack, lunch, tennis racket, bathing suit and plenty of water.

**AGES:** 5-6  
**TIME:** 8:45am - 1:15pm  
**DURATION:** 8 weekly sessions  
**COST:** \$100 for Session 1, 3-8  
\$80 for Session 2  
  
\$720 All 8 Sessions

## YOUNG EXPLORERS

Let kids be kids! This program incorporates sports & games, arts & crafts, playground play, swimming, tennis and more into a day of laughing, friends and memories. Swimming will include instructional and open swim. Flotation devices will be made available at the pool. Participants should bring a snack, lunch, tennis racket bathing suit and plenty of water.

**AGES:** 7-8  
**TIME:** 8:45am - 1:15pm  
**DURATION:** 8 weekly sessions  
**COST:** \$100 for Session 1, 3-8  
\$80 for Session 2  
  
\$720 All 8 Sessions



## JR ALL STARS

The Jr. All -Stars is a program that incorporates all the fun of the park program but also adds age appropriate field trips and activities each week. Participants will get at least 30 minutes of free swim time each day; all participants must pass a swim test to swim in the deep end. Participants should bring a snack, lunch, tennis racket, bathing suit and plenty of water.

Children receive a Summer Park Program T-Shirt.

**AGES:** 9-10  
**TIME:** 8:45am - 1:15pm  
**DURATION:** 8 weekly sessions  
**COST:** \$125 Session 1, 3-8  
\$100 Session 2  
  
\$895 All 8 Sessions

## ALL STARS

Getting too old for Patton Park? Try the Patton Park ALL-STARS program. We will be going on one field trip each session to someplace where the older kids can really have a great time! Each child gets their own Summer Park Program T-Shirt. Participants will get at least 30 minutes of free swim time each day; all participants must pass a swim test to swim in the deep end. Participants should bring a snack, lunch, tennis racket, bathing suit and plenty of water.

**AGES:** 11-12  
**TIME:** 8:45am - 1:15pm  
**DURATION:** 8 weekly sessions  
**COST:** \$125 Session 1, 3-8  
\$100 Session 2  
  
\$895 All 8 Sessions

## EARLY MORNING DROP OFF

Staff will be available to supervise your children starting at 8am. Typically there will be one organized activity per morning leading up to the activity.

- AGES:** 5-12  
**TIME:** 8:00am - 8:45am  
**DURATION:** 8 weekly sessions  
**COST:** \$25 for sessions 1, 3-8  
\$20 for Session 2  
**LOCATION:** Patton Park



## PM PARKSTERS

Looking for something to do between 1:00 and 3:30 pm this summer? Come join P.M. Parksters! Each afternoon will be divided into two activity periods and one games period. Each P.M. Parkster will be provided a snack each day. The program allows families to have activities planned for their children from 9:00am - 3:30 pm Monday thru Friday. We welcome all children even if they are not registered in the Park Program

- AGES:** 5-12  
**TIME:** 1:00pm - 3:30pm  
**DURATION:** 8 weekly sessions\*  
**COST:** \$60 Session 1, 3-8  
\$48 Session 2  
\$400 for all 8 sessions

**LOCATION:** Patton Park

## CIT PROGRAM

You must apply to be a NEW CIT. Please write a one page essay stating why you would like to become a CIT. Attach with your essay two written references, from non-family members, that can speak to your personality and ability to work with peers and children. Send your essay along with completed registration form to the Hamilton Wenham Recreation Department. Once applications are reviewed we will contact you informing you if you have been accepted into the program. Returning CIT's just need to register and do not need to send in an essay or references.

- AGES:** 13-15  
**DATES:** Session 1: June 26th - July 21st  
Session 2: July 24th - August 18th  
**TIME:** 8:45am - 1:15pm  
**DURATION:** Two, 4 week sessions  
**COST:** \$50 per session  
**LOCATION:** Patton Park

## A STEP TOWARDS SPORTS

Come join the Sports Zone 101 coaches as we teach the basic fundamentals of a few of our favorite sports and get some exercise. We will introduce sports to help develop your child's sensory and gross motor skills in our exciting 3-5 year old tot program

**AGES:** 3-5  
**DATES:** Thursdays, Mar. 1st- Apr. 5th  
**TIME:** 10:00am-11:00am  
**DURATION:** 6 Weeks  
**COST:** \$72  
**LOCATION:** Recreation Center

Instructor: Sports Zone 101

## MICRO BASKETBALL

This clinic focuses on the basic fundamentals beginning with dribbling, shooting, passing and catching as well as defense. Using age appropriate equipment the class will enable your child to learn at their own pace while having a blast! Each class will be structured with stretching, learning a skill, rule of the day, skill game and finally a fun filled game for all to enjoy. Sneakers are required.

**AGES:** 2-4  
**DATES:** Sundays, Feb. 25th - Apr. 1st  
**TIME:** 10:30am - 11:30am  
**DURATION:** 6 weeks  
**COST:** \$70  
**LOCATION:** Recreation Center Gym



Instructor: Knucklebones

## SURVIVOR AMAZING RACE CHALLENGE

With a combined over 40 seasons and countless variations in other countries, Survivor and Amazing Race have created some of the greatest challenges known to man. Replicating scores of these challenges participants will engage in mental, physical and creative tasks. From a giant puzzle to a rolling boulder, and knot tying to being bound together while working to get through a maze, participants will be presented with their very own season.

**AGES:** 8-12  
**DATES:** Mondays, Feb. 26th - Apr. 2nd  
**TIME:** 3:45pm - 4:45pm  
**DURATION:** 6 weeks  
**COST:** \$76  
**LOCATION:** Recreation Center Gym

Instructor: Knucklebones

## ULTIMATE DODGEBALL

This program will introduce children to the nearly endless different styles of dodgeball. We will be teaching Dr. Dodgeball, prize ball, elimination, army, ring of fire and many more. Each week will be a new adventure of team, individual or tournament dodgeball. Sports cards will be given out at the end of each program with the opportunity for special prizes for play and behavior. Time to find the next Ultimate Dodgeball Player!

**GRADES:** 3-6  
**DATES:** Wednesdays, Feb. 28th-Apr. 4th  
**TIME:** 3:45pm-4:45pm  
**DURATION:** 6 weeks  
**COST:** \$80  
**LOCATION:** Recreation Center Gym

Instructor: Sportszone 101

## FLOOR HOCKEY

The school gym, field, or outdoor court will feel just like the Boston Garden during our Street Hockey Showdown program. Participants will receive weekly lessons in the fundamentals of hockey, including passing, spacing, communication and technique, followed by a time of team play.

**GRADES:** 3-6  
**DATES:** Wednesdays, Feb. 28th-Apr. 4th  
**TIME:** 5:00pm-6:00pm  
**DURATION:** 6 weeks  
**COST:** \$80  
**LOCATION:** Recreation Center Gym

Instructor: Sportszone 101

## TENNIS LESSONS

### Challenger Tennis

We are bringing the tennis fun indoors for the winter! New England Athletic Academy's Challenger Tennis program are conducted on a smaller court, using the recommended equipment for this age range. This program will teach the basic shot mechanics along with an introduction to match play and the rules of Tennis! All lessons are conducted using a variety of high energy games and drills, designed to improve the game of your future Tennis star! All equipment is provided by NEAA although players are welcome to bring their own racket if they would like!

**AGES:** 5-8  
**DATES:** Tuesdays, Feb. 27th-Apr. 3rd  
**TIME:** 3:30pm-4:30pm  
**DURATION:** 6 weeks  
**COST:** \$89  
**LOCATION:** Recreation Center Gym

### Masters Tennis

We are bringing the tennis fun indoors for the winter! New England Athletic Academy's Masters Tennis programs are conducted on a smaller court, using the recommended equipment for this age range. This program will teach the basic shot mechanics along with an introduction to match play, strategy and the rules of Tennis! All lessons are conducted using a variety of high energy games and drills, designed to improve the game of your future Tennis star! All equipment is provided by NEAA although players are welcome to bring their own racket if they would like!

**AGES:** 8-12  
**DATES:** Tuesdays, Feb. 27th-Apr. 3rd  
**TIME:** 4:30pm-5:30pm  
**DURATION:** 6 weeks  
**COST:** \$89  
**LOCATION:** Recreation Center Gym

Instructor: New England Athletics Academy

### BASEBALL CLINIC

Players, ages 6 to 12 will have intensive instruction in proper baseball mechanics and techniques. Kids will be split up by age. The clinic includes comprehensive instruction in the proper fundamentals of hitting, throwing, fielding, pitching, bunting, infield play, and outfield play. Players will improve specific skills through drills, demonstrations, and scrimmages.

**AGES:** 6-12  
**DATES:** Sundays, Mar. 4th-Apr. 8th  
**TIME:** 12:00pm-1:00pm  
**DURATION:** 6 weeks  
**COST:** \$90  
**LOCATION:** Recreation Center Gym

Instructor: Sportszone 101

### FLAG FOOTBALL

Back by popular demand! We will be playing flag football together in a fun and safe environment. All kids will rotate through all positions to help build skills and confidence on the field. All kids will learn the proper technique of playing this game. All kids will be given a mouthpiece and flags will be provided for games.

**GRADES:** K-6  
**DATES:** Sundays, Mar. 4th-Apr. 8th  
**TIME:** 1:15pm-2:15pm  
**DURATION:** 6 weeks  
**COST:** \$87  
**LOCATION:** Recreation Center Gym

Instructor: Sportszone 101

## MICRO WHEELS

Micro Wheels teaches the fundamentals of riding a bicycle without training wheels! Each class your Knucklebones coach will bring in a variety of unique wheeled and non-wheeled products to help build gross motor skills, balance and confidence. New activities each week will be introduced with wheeled vehicles. Other activities will include balancing stones, street signs and obstacle courses! Proper sneakers and long pants required.

**AGES:** 2-4  
**DATES:** Sundays April 29th - June 3rd\*  
**TIME:** 10:30am - 11:20am  
**DURATION:** 5 weeks  
**COST:** \$58  
**LOCATION:** Recreation Center Gym



\*No Class Memorial Day Weekend  
Instructor: Knucklebones

## LITTLE DRAGONS KARATE

One of the best karate programs in the country taught by four time world champion Steve Nugent & his staff. This class teaches proper stance, breathing, stretching, discipline, confidence and practical self defense. All uniforms and belts are included in the class.

**AGES:** 3-4  
**DATES:** Thursdays, April 5th - June 14th  
**TIME:** 4:00pm - 4:30pm  
**DURATION:** 10 weeks  
**COST:** \$185  
**LOCATION:** Recreation Center Gym  
\*No Class on 4/12



Instructor: Steve Nugent & Staff

## PRESCHOOL ART

Children are introduced to art-making through a variety of mediums. Classes focus on learning about color, shape, and texture while encouraging creativity and imagination. Students will complete multiple projects over the 6 week period. Cost includes all necessary supplies and materials for projects.

**AGES:** 3-5  
**DATES:** Wednesdays April 25th - May 30th  
**TIME:** 10:00am - 11:00am  
**DURATION:** 6 weeks  
**COST:** \$131  
**LOCATION:** The Art Room, 7 Grove St. Topsfield, MA



Instructor: The Art Room Staff

## CREATIVE MOVEMENT

This is an introduction to the fundamentals of classical Ballet for boys and girls. The Children will be guided and encouraged to explore and achieve their own unique potential and personal expression in positive learning environment. The program will meet the levels of individual need and aspire to increase self-confidence, creativity and knowledge of how arts and dance can positively influence a young child's life.

**AGES:** 3-5  
**DATES:** Wednesdays May 2nd - June 6th  
**TIME:** 1:15pm - 2:15pm  
**DURATION:** 6 weeks  
**COST:** \$112  
**LOCATION:** Recreation Center Gym



Instructor: Samia DeSimone



## MINI TENNIS

New England Athletic Academy's Tennis programs for ages 3 - 5 are conducted on a smaller court, using a red, low compression ball, which is slower and lower bouncing than a traditional Tennis ball. This adaptation allows players to develop their game in a safe and successful way, whilst ensuring fun for all! This program will teach the basic shot mechanics along with developing children's coordination and fundamentals of movement. All lessons are conducted using a variety of high energy, fast paced, fun games, designed to capture the attention of children this age ensuring maximum fun for your budding Tennis champ! All equipment is provided by NEAA although players are welcome to bring their own racket if they would like!

**AGES:** 3-5  
**DATES:** Tuesdays April 24th - May 29th  
Sundays April 22nd - June 3rd\*  
**TIME:** Tuesdays 9:30am - 10:30am  
Sundays 11:00am - 12:00pm  
**DURATION:** 6 weeks  
**COST:** \$91  
**LOCATION:** Patton Park Tennis Courts



\* NO Class on 5/27 Memorial Day Weekend

Instructor: New England Athletics Academy

## SUPER SOCCER STARS

At Super Soccer Stars it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture and develop self confidence and to develop teamwork in every class. Our specially designed curriculum uses positive reinforcement and a low child to coach ratio to ensure that each child improves at his or her own rate while having endless fun!

**AGES:** 2-5  
**DATES:** Sundays, May 6th - June 24th\*  
**TIME:** Ages 2-3, 9:00am - 9:40am  
Ages 4-5, 9:45am - 10:35am  
Ages 3-4, 10:40am - 11:25am  
**DURATION:** 7 Weeks  
**COST:** \$133  
**LOCATION:** Fairhaven Field/Recreation Center



\*No class on 5/27

## A STEP TOWARDS SPORTS

Come join the Sports Zone 101 coaches as we teach the basic fundamentals of a few of our favorite sports and get some exercise. We will introduce sports to help develop your child's sensory and gross motor skills in our exciting 3-5 year old tot program

**AGES:** 3-5  
**DATES:** Tuesdays, April 24th - May 22nd  
**TIME:** 10:00am - 11:00am  
**DURATION:** 6 Weeks  
**COST:** \$72  
**LOCATION:** Recreation Center

Instructor: Sports Zone 101

## VIKINGS BASKETBALL

Viking's basketball introduce players to the basic skills of dribbling, passing and shooting during the first half of the class, followed by a fun scrimmage during the second half; age adjusted rules and lower hoops are used as necessary. Emphasis is on fun and learning. All players receive a Viking Sports T-shirt!

**AGES:** 3-5  
**DATES:** Thursdays April 26th - May 31st  
**TIME:** 9:30am - 10:00am  
**DURATION:** 6 Weeks  
**COST:** \$61  
**LOCATION:** Recreation Center



Instructor: Vikings Sports

## KARATE

This program provides introductory karate skills, teaches proper stances, breathing, stretching, self-discipline, coordination and practical self defense. All uniforms and belts are included.

**AGES:** 5-14  
**DATES:** Thursdays, April 5th - June 14th  
**TIME:** Ages 5-8, 4:30pm - 5:15pm  
Ages 9-14, 4:45pm - 5:15pm  
**DURATION:** 10 weeks  
**COST:** \$185  
**LOCATION:** Recreation Center Gym



\*No Class 4/12

Instructor: Steve Nugent & Staff

## GOLF CLINIC

Rowley Country Club wants to help the future of golf become great. We are teaching juniors the game of golf starting with the 5 fundamentals – Grip, Stance, Posture, Alignment, Ball Position, and the 6th unsung fundamental, Balance. The staff will be going over rules, safety, and etiquette; and even a little bit of competition, in addition to the 5 fundamentals. Dress code for participants: Boys must wear shirts with sleeves and Girls must wear shirts with either sleeves or collars. Golf shoes with soft spikes or sneakers are the only acceptable form of footwear. Golf is a great lifelong sport, and we encourage kids to start learning young.

**GRADES:** K - 5  
**DATES:** Grades K - 2, Mondays, April 30th - May 21st  
Grades, 3-5, Wed., May 2nd - May 23rd  
**TIME:** Mondays, 4pm - 5pm  
Wednesdays, 2pm - 3pm  
**DURATION:** 4 weeks  
**COST:** \$75  
**LOCATION:** Rowley Country Club  
235 Dodge Road, Rowley



Instructor: Rowley Country Club Staff

## GYMNASTICS

Children receive gymnastics instruction on all Olympic events and trampoline. Classes emphasize the learning of basic skills, developing strength and flexibility and self-confidence. This program is designed for students who wish to participate in the sport of gymnastics on a recreational level. Children are placed into groups according to age, ability and friendship with other class mates. The emphasis is placed on fun and learning the basic skills in gymnastics

**AGES:** 5+  
**DATES:** Wednesdays March 28th - May 16th  
**TIME:** 1:30pm - 2:30pm  
**DURATION:** 8 weeks  
**COST:** \$125  
**LOCATION:** Iron Rail Gymnastics

Instructor: Iron Rail Gymnastics Staff

## YOUTH RUNNING CLUB

Want to learn to run, improve your running, or just stay active this fall? Would you like to train for a fall race? Join us for a FUN running program that will focus on proper warm-up, running technique, cool down, and stretches. We will utilize many games and age appropriate running activities to make you an all-around better athlete. Bring a water bottle and appropriate sneakers for running. The Youth Running Program is for boys and girls. T-Shirt included. Parent volunteers are welcome to join us. Sponsored by the EAAT Foundation.

**AGES:** 6-12  
**DATES:** Tuesdays April 24th - May 29th  
**TIME:** 3:30pm - 4:30pm  
**DURATION:** 6 weeks  
**COST:** \$20  
**LOCATION:** Patton Park

Instructor: Eileen Tran & Stacey Labell

## HURRICANES SWIM TEAM- SPRING EDITION!

NEW FOR 2018! A spring time swim team option for those Hurricanes that want to get a jump on the summer swim team season! If you are new to the Hurricanes team or returning from last summer we welcome you to join our team of coaches for some pre season swimming! The Hurricanes offer swimmers of all levels a chance to compete in a fun atmosphere as well as the opportunity to strengthen their swimming skills. Participants must be able to swim at least one length of the pool without stopping while demonstrating proficient front crawl stroke. Choose a one or two day practice option whichever fits your schedule best!

**AGES:** 5-16  
**DATES:** Tuesdays & Thursdays May 8th - May 31st  
**TIME:** 7:00pm - 8:00pm  
**DURATION:** 4 Weeks  
**COST:** One Day Option: \$40  
Two Day Option: \$75  
**LOCATION:** Bennett Center Pool Gordon College



Coach: Claudia & Karen

## ULTIMATE FRISBEE

Our Ultimate Frisbee program introduces kids to this popular, fast paced game. Ultimate Frisbee is not only fun but it fosters communication and develops team work. Kids are put through drills to develop throwing techniques and improve cardiovascular fitness. Like all Viking programs, this program focuses on fun and skill development. Each participant will receive a Viking t-shirt!

**GRADES:** 3-6  
**DATES:** Fridays May 4th - June 8th  
**TIME:** 4:00pm - 5:00pm  
**DURATION:** 6 weeks  
**COST:** \$86  
**LOCATION:** Pingree Park



Instructor: Viking Sports

## ARCHERY

During this five week program participants will learn to shoot a bow and arrow in this Olympic archery development program. Classes are taught by a certified archery instructor. All equipment is provided. Students will progress at their own pace.

**AGES:** 10+  
**DATES:** Saturdays, April 7th - May 19th\*  
**TIME:** 9:00am - 10:00am  
**DURATION:** 6 weeks  
**COST:** \$120  
**LOCATION:** Recreation Center  
**\*No Class on 4/14**  
Instructor: On Site Archery

## TENNIS LESSONS

### CHALLENGER TENNIS

New England Athletic Academy's Challenger Tennis program are conducted on a smaller court, using the recommended equipment for this age range. This program will teach the basic shot mechanics along with an introduction to match play and the rules of Tennis! All lessons are conducted using a variety of high energy games and drills, designed to improve the game of your future Tennis star! All equipment is provided by NEAA although players are welcome to bring their own racket if they would like!

**AGES:** 5-8  
**DATES:** Sundays Apr. 22nd - June 3rd\*  
**TIME:** 12:00pm - 1:00pm  
**DURATION:** 6 weeks  
**COST:** \$95  
**LOCATION:** Patton Park Tennis Courts

\* NO CLASS 5/27 MEMORIAL DAY WEEKEND

### MASTERS TENNIS

New England Athletic Academy's Masters Tennis programs are conducted on a smaller court, using the recommended equipment for this age range. This program will teach the basic shot mechanics along with an introduction to match play, strategy and the rules of Tennis! All lessons are conducted using a variety of high energy games and drills, designed to improve the game of your future Tennis star! All equipment is provided by NEAA although players are welcome to bring their own racket if they would like!

**AGES:** 8-12  
**DATES:** Sundays Apr. 22nd - June 3rd\*  
**TIME:** 1:00pm - 2:00pm  
**DURATION:** 6 weeks  
**COST:** \$95  
**LOCATION:** Patton Park Tennis Courts

\* NO CLASS 5/27 MEMORIAL DAY WEEKEND

Instructor: New England Athletics Academy

### BASKETBALL

3.....2.....1.....bzzzz. Our basketball program will help increase the student's confidence in passing, shooting, and dribbling skills so when it's time to make that game winning shot they are ready!

They will also learn the proper techniques of playing defense, rebounding and boxing out. Besides playing scrimmages, the students will also play games such as knock out, dribbling relay races, and hot hands

**GRADES** 3-6  
**DATES:** Mondays. April 30th - June 11th\*  
**TIME:** 3:45pm - 4:45pm  
**DURATION:** 6 weeks  
**COST:** \$72  
**LOCATION:** Recreation Center

Instructor: F.A.S.T. Athletics

\*No Class on 5/28

### DODGEBALL

The most intense and exciting program you have ever seen. The students will learn how to work together, strategize and exercise without even knowing it! There are tons of creative and competitive dodgeball games incorporated into this program – there will never be a dull moment!!! Gatorskin dodgeballs will be used which are proven to be the safest dodgeballs out there! Safety rules and regulations will be enforced before each class.

**GRADES** 3-6  
**DATES:** Wednesdays. May 2nd - June 6th  
**TIME:** 3:45pm - 4:45pm  
**DURATION:** 6 weeks  
**COST:** \$72  
**LOCATION:** Recreation Center

Instructor: F.A.S.T. Athletics

## SURVIVOR AMAZING RACE CHALLENGE

SPECIAL EDITION FOR KINDERGARTEN THROUGH 2ND GRADE! Back by popular demand!! With a combined over 40 seasons and countless variations in other countries, Survivor and Amazing Race have created some of the greatest challenges known to man. Replicating scores of these challenges participants will engage in mental, physical and creative tasks. From a giant puzzle to a rolling boulder, and knot tying to being bound together while working to get through a maze, participants will be presented with their very own season. Sign up early as space is limited!

**GRADES:** K - 2  
**DATES:** Wednesdays May 2nd - June 6th  
**TIME:** 2:15pm - 3:15pm  
**DURATION:** 6 weeks  
**COST:** \$76  
**LOCATION:** Fairhaven Field



Instructor: Knucklebones

## MAT BALL

Our F.A.S.T. Mat Ball program can be played inside or outside. The game is set up with 5 bases, the offensive team can have as many players as they chose on each base at any given time.

Just like in kickball, the games are played with 3 outs and up to 6 innings per class. Teamwork, great base running and strategic kicking are the keys to success in this program

**GRADES:** K - 2  
**DATES:** Wednesdays, May 2nd- June 6th  
**TIME:** 2:30pm - 3:30pm  
**DURATION:** 6 weeks  
**COST:** \$70  
**LOCATION:** Recreation Center Gym



Instructor: F.A.S.T Athletics

## FLAG FOOTBALL

We will be playing flag football together in a fun and safe environment. All kids will rotate through all positions to help build skills and confidence on the field. All kids will learn the proper technique of playing this game. Flags will be provided for games.

**GRADES:** K-6  
**DATES:** Thursdays, May 3rd - June 7th  
**TIME:** 3:45pm - 4:45pm  
**DURATION:** 6 weeks  
**COST:** \$85  
**LOCATION:** Pingree Park

Instructor: SportsZone 101

## DESIGN & BUILD

Create, Design, Build: It's engineering in action! Be an inventor and execute a water filter design that really works. Next, engineer a path (with math) to move a marble down a run. Build your own balance toy, create a creature that will sink and float, and construct a craft stick catapult.

**AGES:** 7-11  
**DATES:** Wednesdays April 11th- May 23rd\*  
**TIME:** 3:00pm - 4:00pm  
**DURATION:** 6 weeks  
**COST:** \$112  
**LOCATION:** Recreation Center

Instructor: Wicked Cool for Kids

## BABYSITTING CLASS

The one day workshop will cover how to have a safe babysitting experience. Some of the topics include: Basic First Aid, infant and toddler care, creative activities for young children and much more. Please pack lunch or snack.

**AGES:** 11+  
**DATES:** Sunday, April 15th  
**TIME:** 9:00am - 1:00pm  
**DURATION:** 1 class  
**COST:** \$35  
**LOCATION:** Recreation Center



Instructor: Debbi Laflamme

## KIDS CLAY

Give your child a great introduction to the wonderful world of Clay! Each week, we offer students a new theme to work with, while learning new skills in clay formation including handbuilding, sculpture and wheel throwing. Students glaze their work during the final week, and bring home both functional and sculptural pieces to enjoy for years to come. Materials included.

**AGES:** 6-12  
**DATES:** Fridays April 27th - June 1st  
**TIME:** 4:00pm - 5:30pm  
**DURATION:** 6 Weeks  
**COST:** \$186  
**LOCATION:** Clay Dreaming 186 Cabot Street Beverly, MA



Instructor: Clay Dreaming Staff

## APRIL VACATION FIELD TRIPS

### PATRIOT PLACE

Join the recreation staff on a trip to Patriot Place. Agenda for the day to be determined but a trip to the hall of fame will be included as well as a chance to shop and/or eat in Patriot place. More details to come soon! Please send your child with money for activities and food within patriot place.

**AGES:** 8-14  
**DATES:** Tuesday, April 17th  
**TIME:** Bus Departs: 9am Bus Returns: 4pm  
**COST:** \$25 per child  
**LOCATION:** Patriot Place Foxborough, MA



Chaperones are welcome please contact the recreation department .

### LASER CRAZE

Join the Recreation staff at Lazer Craze. Each child will receive 1 session of Lazer Tag, 1 slice of pizza, unlimited drink, and 12 game token for the arcade.

**AGES:** 8-14  
**DATES:** Thursday, April 19th  
**TIME:** Bus Departs: 10am Bus Returns: 3pm  
**COST:** \$30 per child  
**LOCATION:** Laser Craze North Andover, MA



Chaperones are welcome please contact the recreation department .

## MORE PROGRAMS

Please make sure to routinely check our website “www.hwrecreation.com” and facebook page “Hamilton-Wenham Recreation” as we will be adding more sessions, programs and activities to our offerings. In most instances our department needs to make a decision on whether or not a program will run at least a week in advance. If possible, we ask that folks try to register early for our classes and programs.

Register online:  
www.hwrecreation.com

## VIKINGS SOFTBALL CLINIC

At our half day Softball Camps, we teach campers the important techniques used in all aspects of the game. Our coaches will teach campers the fundamentals of batting, fielding, throwing, pitching, and base-running. New and experienced players welcome!

**GRADES:** 2-8  
**DATES:** Tues - Fri, Apr. 17th - Apr. 20th  
**TIME:** 9:00am - 12:00pm  
**COST:** \$86  
**LOCATION:** Cheeseman Field



Instructor: Viking Sports

## VIKINGS BASEBALL CLINIC

At our half day Baseball camp, we teach campers the important techniques used in all aspects of the game. Our coaches will teach campers the fundamentals of batting, fielding, throwing, pitching, and base-running. Baseball Camps also include many games like the Home Run Derby, Pickle, Spud, and Fenway Baseball. Viking's Baseball Camps always conclude with the Viking World Series!

**GRADES:** K-6  
**DATES:** Tues - Fri, Apr. 17th - Apr. 20th  
**TIME:** 12:30pm - 3:30pm  
**COST:** \$86  
**LOCATION:** Cheeseman Field



Instructor: Viking Sports

## GOLF CLINIC

Rowley Country Club wants to help the future of golf become great. We are teaching juniors the game of golf starting with the 5 fundamentals – Grip, Stance, Posture, Alignment, Ball Position, and the 6th unsung fundamental, Balance. The staff will be going over rules, safety, and etiquette; and even a little bit of competition, in addition to the 5 fundamentals. Dress code for participants: Boys must wear shirts with sleeves and Girls must wear shirts with either sleeves or collars. Golf shoes with soft spikes or sneakers are the only acceptable form of footwear. Golf is a great lifelong sport, and we encourage kids to start learning young.

Lunch Included

Please notify our office if your child has a food allergy

**GRADES:** K - 5  
**DATES:** Tues - Thurs, Apr. 17th - Apr. 19th  
**TIME:** 10:00am - 2:00pm  
**COST:** \$99  
**LOCATION:** Rowley Country Club



Instructor: Rowley Country Club Staff

## LAP SWIM

Join us at Gordon College Bennett Center for open lap swimming. You must register with the Recreation Department to get your swimming pass. This pass allows you to lap swim during the days and times shown below. However, times may change due to the college's activity schedule. Please check with the Bennett Center for exact days and times. (Bennett Center 978-867-3737) Locker rooms and shower facilities are available.

**COST:** \$65 Residents \$80 Non-Residents  
**VISITS:** 20 Visit Punch Card  
**LOCATION:** Gordon College Bennett Center Pool

## WALKING PASS

Enjoy the Bennett Center walking track for free. Come take advantage of this great opportunity for indoor walking space. Please register at the Recreation Department to receive your FREE pass

**AGES:** Adults  
**DAYS:** Mondays, Wednesdays & Fridays  
**TIME:** 9:30am - 11:30am  
**COST:** FREE  
**LOCATION:** Gordon College Bennet Center

## WATER EXERCISE

Feeling sore when you wake up in the morning? Need a low impact way to work out? Join our water exercise class at Gordon College. This class is a great way to relieve stress and work out without causing undue pain to your body. Enjoy a morning in the pool getting back into shape! Locker rooms and shower facilities are available.

**AGES:** Adults  
**DATES:** Tues & Thurs, March 21st - April 27th  
**TIME:** 10:00am - 11:00am  
**COST:** \$33  
**LOCATION:** Gordon College Bennet Center

## ADULT BALLROOM DANCING

Dance is an art form that expresses many emotions - joy, celebration, love - and learning to dance is all about fun. If you'd love to be able to cut a rug at the next wedding or event you attend or simply love the beauty and expression of dance, this class is for you!

Couples only. Please make separate registrations per person.

**AGES:** 18+  
**DATES:** Fridays, April 6th - May 11th  
**TIME:** 7:00pm - 8:00pm  
**DURATION:** 6 Weeks  
**COST:** \$75 (\$150 per couple)  
**LOCATION:** Recreation Center Gym

Instructor: Megan Brennan

## ADULT CLAY

This class is for students experiencing clay for the first time, or for those who desire a refresher course. Students will gain basic foundations in both wheelthrowing and handbuilding skills. Wheelthrowing topics include wedging, centering, shaping, and trimming. Handbuilding topics teach use of studio equipment--slab roller, extruder, tools and textures--pinch, and coil. Students are also presented with aesthetic considerations, simple glazing techniques, and studio safety. All Materials are included.



**AGES:** 18+  
**DATES:** Sundays April 29th - June 3rd  
**TIME:** 10:00am - 12:00pm  
**DURATION:** 6 Weeks  
**COST:** \$241  
**LOCATION:** Clay Dreaming 186 Cabot Street Beverly, MA

Instructor: Clay Dreaming Staff



## ADULT PICKLEBALL

Similar to ping pong, badminton and tennis, it's a fun, active game that can be mastered by anyone from youth to senior citizens. Pickleball was created during the summer of 1965 and is currently the fastest growing sport in the United States. It is played on a badminton court with the net lowered to 34 inches, and uses a perforated plastic ball (similar to a whiffle ball) and wood or composite paddles

### Beginner Indoors

**AGES:** Adults  
**DATES:** Tuesdays, Thursdays & Fridays  
April 1st - May 31st  
**TIME:** 12:30pm - 2:30pm  
**COST:** \$3 Drop in Fee  
**LOCATION:** Recreation Center Gym

### Advanced Indoors

**AGES:** Adults  
**DATES:** Mondays, Wednesdays, & Saturdays  
April 1st - May 31st  
**TIME:** Mon. & Wed., 10:00am - 12:00pm  
Saturdays. 5:30pm - 7:30pm  
**COST:** \$3 Drop in Fee  
**LOCATION:** Recreation Center Gym

### Open Play Outdoors

**AGES:** Adults  
**DATES:** Mondays, Wednesdays, Fridays  
June 1st - August 31st  
**TIME:** 9am - 11am, 6/1 - 6/22 & 8/27 - 9/28  
7am - 8:45am, 6/25 - 8/17  
**COST:** Free  
**LOCATION:** Patton Park Courts

## NIA

Stop exercising and start moving! Nia® pulls from dance arts, martial arts and yoga to incorporate a range of movement styles. This fusion of movement forms gives you a full body workout and helps you move more consciously through life. Each student is encouraged to modify their movement, speed and range of motion so all fitness levels can guide their Nia® practice to meet their needs.

**AGES:** Adults  
**DATES:** Session 1, Mondays, April 23rd - June 18th\*  
**TIME:** 9:00am - 10:00am  
**COST:** \$55 or \$8 drop in fee  
**LOCATION:** Recreation Center Gym

\*No Class 5/28

Instructor: Susan Guest

## SUPER SOCCER STARS

At Super Soccer Stars it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture and develop self confidence and to develop teamwork in every class. Our specially designed curriculum uses positive reinforcement and a low child to coach ratio to ensure that each child improves at his or her own rate while having endless fun!

### SUMMER 1

**AGES:** 2-5  
**DATES:** Sundays, July 8th - July 29th  
**TIME:** Ages 2-3, 9:00am - 9:40am  
Ages 4-5, 9:45am - 10:35am  
Ages 3-4, 10:40am - 11:25am  
**DURATION:** 4 Weeks  
**COST:** \$76  
**LOCATION:** Fairhaven Field/Recreation Center

Instructor: Super Soccer Stars

### SUMMER 2

**AGES:** 2-5  
**DATES:** Sundays, August 5th - August 26th  
**TIME:** Ages 2-3, 9:00am - 9:40am  
Ages 4-5, 9:45am - 10:35am  
Ages 3-4, 10:40am - 11:25am  
**DURATION:** 4 Weeks  
**COST:** \$76  
**LOCATION:** Fairhaven Field/Recreation Center

Instructor: Super Soccer Stars



## FUN IN THE SUN

Our Fun in the Sun Program is a fantastic way for your young soccer star to enjoy active fun in the fresh air all summer long! For Ages 3-5, enjoy outdoor soccer fun through skill-building games and activities.

**AGES:** 3-5  
**DATES:** Monday - Thursday, July 23rd - 26th  
**TIME:** 9:15am - 11:15am  
**DURATION:** 1 week  
**COST:** \$100  
**LOCATION:** Fairhaven Field/Recreation Center

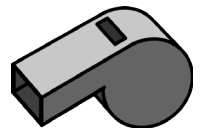
Instructor: Super Soccer Stars

## MICRO ATHLETICS

Knucklebones has designed a program to enhance gross motor skills, athletic fundamentals, physical exercise, creative movement and fun! Each class your child will play a variety of skill enhancing games and activities. From learning to kick to practicing throwing we make sure you child is active and having fun! Sneakers are required!

**AGES:** 2-4  
**DATES:** Monday - Thursday, July 23rd - 26th  
Monday - Thursday, August 13th - 16th  
**TIME:** 10:00am- 10:40am  
**DURATION:** 4 Days (Rain Day Friday)  
**COST:** \$56  
**LOCATION:** Pingree Park

Instructor: Knucklebones



## FLAG FOOTBALL

We will be playing flag football together in a fun and safe environment. All kids will rotate through all positions to help build skills and confidence on the field. All kids will learn the proper technique of playing this game. All kids will be given a mouth-piece and flags will be provided for games. Friday will be used as a make up day.

**GRADES:** K-6  
**DATES:** Session 1: Monday-Thursday, July 16-19  
Session 2: Monday, Thursday, August 20 -24  
**TIME:** 9:00am - 12:00pm  
**DURATION:** 1 week  
**COST:** \$130  
**LOCATION:** Pingree Park

Instructor: SportsZone 101

## GIRLS LACROSSE CLINIC

Viking's Girls Lacrosse Clinic develops important skills needed to succeed on the field. Through a series of drills, reinforcing games, and scrimmages Viking's Lacrosse Clinic is the perfect mix of fun and instruction. Led by Viking's experience staff, this week long camp will be a blast. All players receive a Viking T-Shirt

**GRADES:** 2-8  
**DATES:** Monday-Thursday July 9th - 12th  
**TIME:** 9:00am - 12:00pm  
**DURATION:** 4 days  
**COST:** \$86  
**LOCATION:** Fairhaven Field



Instructor: Vikings Sports

## FIELD HOCKEY CLINIC

At our Field Hockey program, we provide young athletes with all the skills they need to further themselves in the sport. Athletes will learn proper passing and shooting techniques as well as stick handling techniques and correct defensive positioning. We will also have the athletes learn basic plays. There will also be scrimmages at the end of each class. Each participant will receive a Viking T-Shirt!

**GRADES:** K - 8  
**DATES:** Monday-Thursday August 6th - 9th  
**TIME:** 9:00am - 12:00pm  
**DURATION:** 4 days  
**COST:** \$86  
**LOCATION:** Fairhaven Field

Instructor: Vikings Sports

## BOYS LACROSSE CLINIC

Viking's Boys Lacrosse Clinic develops important skills needed to succeed on the field. Through a series of drills, reinforcing games, and scrimmages Viking's Lacrosse Clinic is the perfect mix of fun and instruction. Led by Viking's experience staff, this week long camp will be a blast. All players receive a Viking T-Shirt

**GRADES:** 2-8  
**DATES:** Monday-Thursday July 23rd - 26th  
**TIME:** 9:00am - 12:00pm  
**DURATION:** 4 days  
**COST:** \$86  
**LOCATION:** Fairhaven Field

Instructor: Vikings Sports

## BABYSITTING CLASS

The one day workshop will cover how to have a safe babysitting experience. Some of the topics include: Basic First Aid, infant and toddler care, creative activities for young children and much more. Please pack lunch or snack.

**AGES:** 11+  
**DATES:** Saturday July 14th  
**TIME:** 9:00am - 1:00pm  
**DURATION:** 1 class  
**COST:** \$35  
**LOCATION:** Recreation Center



Instructor: Debbi Laflamme

**CHALLENGER BRITISH SOCCER CAMP**

Challenger Sports' British Soccer Camp is the most popular soccer camp in the country. Hundreds of Challenger coaches each year have helped the company develop one of the most innovative approaches to coaching youth soccer in the US. Our experienced staff study the game at all levels and we have identified the key techniques and skills that your players need to work on and master to reach their true potential. Each day includes individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily World Cup tournament.

Program	Day	Age	Times	Date	Price
First Kicks	Mon-Fri	3-5	8am - 9:00 am	Aug 20-24	\$89
Half Day	Mon-Fri	6-14	9am - 12pm	Aug 20-24	\$159
Full Day	Mon-Fri	8-14	9am - 3pm	Aug 20-24	\$216

**HOW TO REGISTER**

Step 1: Visit [www.hwrecreation.com](http://www.hwrecreation.com) and create a user name and password

Step 2: Search and select activities and add them to your on-line cart

Step 3: Pay on-line with credit card\* or print and mail form to the Rec. Dept.

\*All Refunds will be issued in the form of a check. Service fees will be refunded back to the credit card in full.

**REGISTER EARLY!!**

**Nothing ends a program faster than waiting for the last minute to register!  
Please make every effort to register early!**

# Recreation Registration Form

## HAMILTON-WENHAM RECREATION DEPARTMENT

16 UNION STREET  
HAMILTON, MA 01982  
978-468-2178  
WWW.HAMILTONMA.GOV

### For Office Use Only

Date \_\_\_\_\_  
Amt \_\_\_\_\_  
CK# \_\_\_\_\_  
Health Form \_\_\_\_\_

Please fill out one registration form for each person.

Last Name (participant)		First Name (participant)		Date of Birth & Grade	
Street Number		Town/Zip		Parents Name	
Home Phone		Work Phone		Cell Phone	
Email		Emergency Contact		Phone #	
Activity Name	Day	Location	Class Time	Start Date	Fee
Activity Name	Day	Location	Class Time	Start Date	Fee
Activity Name	Day	Location	Class Time	Start Date	Fee

## HAMILTON – WENHAM RECREATION DEPARTMENT CONSENT & RELEASE FORM

I, the undersigned, do hereby consent to the participation of \_\_\_\_\_  
(Name of Participant)

in voluntary athletic or recreational programs of the Hamilton/Wenham Recreation Department. I understand that the Hamilton/Wenham Recreation Department recommends that the participant undergo a complete physical before beginning participation. Any limitations on participation are listed below. I agree to forever release, acquit, discharge and covenant to hold harmless the Hamilton/Wenham Recreation Department and its employees, agents, board members, volunteers and any and all individuals and organizations assisting or participating in voluntary athletic or recreational programs of the Hamilton/Wenham Recreation Department (collectively the "Releasees") from any and all claims, rights of action and causes of action on account of or in any way arising out of, directly or indirectly, all known and unknown personal injuries or property damage which I may now or hereafter have in my individual capacity or, if the participant is my minor child or ward, as parent or guardian of said minor. I also agree to forever release, acquit, discharge and covenant to hold harmless the Releasees from any and all claims, rights of action and causes of action on account of or in any way arising out of, directly or indirectly, all known and unknown personal injuries or property damage which said minor has or hereafter may acquire, either before or after he/she has reached his/her majority, resulting from his/her participation in a program of the Hamilton/Wenham Recreation Department.

I understand that my or the minor's participation in these programs is voluntary and that the minor or I are free to choose not to participate in said programs. I have read this Consent and Release Form and I understand the contents of this form.

Periodically, the Recreation Department photographs/video tapes program participants for promotional use. Unless the participant/guardian informs us of their desire not to be photographed, the Recreation Department will use photographs/videotapes for their promotional purpose.

\_\_\_\_\_  
Signature of Parent/Guardian or ADULT Participant

\_\_\_\_\_  
Date



# Hamilton-Wenham Recreation Department

16 Union Street Hamilton, MA 01982

**(978) 468-2178**

**OFFICE HOURS**

<b>Monday</b>	<b>8:00 AM - 7:00 PM</b>
<b>Tuesday - Thursday</b>	<b>8:00 AM - 4:30 PM</b>
<b>Friday</b>	<b>8:00 AM - 1:00 PM</b>

**Due to limited staff there may be times that the office is closed to attend department business.**