

September Regular Menu 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 Labor Day No Meals Served	2 1pc Bateman meatloaf (1.5oz beef & 1.5oz turkey) 2 oz Gravy ½ cup Mashed Potatoes ½ cup Peas 1pc MG Bread ½ cup Fruit	3 COLD: 3oz Egg Salad ½ cup Garden Salad ½ cup tabouli 1pc Yogurt 2pc Vienna Bread 1pc Menu Magic Dressing 1pc Juice (no milk) No Margarine	4 3oz Pulled Pork 2oz BBQ sauce ½ cup Roasted Sweet Potatoes ½ cup Sauteed Collard Greens 1pc Burger Bun ½ cup Applesauce No Margarine	5 1pc Crab Cake Congregate: 1oz Remoulade Sc. ½ cup Yellow Rice & Black Beans ½ cup Peach Cobbler 1 slice Oat Bread ½ cup Tomato & Cuke Salad 1pc tarter sauce (HDM)
8 3 oz Sliced Turkey 2 oz gravy ½ cup Mashed potato ½ cup Carrots 1pc LS Wheat Bread ½ cup Canned Fruit 1pc Cranberry Sauce (cong)	9 Two Compartment 1 pc Lasagna 4 oz Marinara ½ cup Riviera Blend Veg 1pc Garlic Roll 1pc Cookie 1 pkt Parmesan cheese	10 Hot dog (LS Beef/pork) ½ cup baked beans ½ cup cinnamon apples ½ cup Coleslaw 1pc Hot dog roll 1pc Mustard 1pc Relish No Margarine	11 COLD: 2 oz Roast Beef 1 slice Provolone Cheese 1pc Potato Chips Congregate: Butternut Soup to replace Potato Chips ½ cup Garden Salad 2 slices MG Bread 1 pkt Mustard 1pc Menu Magic Dressing 1pc Fresh Fruit (orange) No Margarine	12 Staff Appreciation AgeSpan – No meals 3oz Grilled Chicken 2oz Piccata sauce ½ cup Rice Pilaf ½ cup Broccoli 1pc WW Bread ½ cup chocolate pudding
15 1pc Hamburger 2oz Au jus ½ cup Roasted Sweet Potatoes ½ cup Beets 1pc WW Burger Bun 1pc Gelatin 1pc Ketchup No Margarine	16 4oz Potato Crunch Fish ½ cup Chuckwagon Corn ½ cup Mashed Potatoes 1pc Dinner Roll ½ cup Canned Fruit 1pc tartar sauce No Margarine	17 Special: Chicken Hawaiian 1pc Grilled Chicken topped with ½ cup Pineapple & Peppers ½ cup Island Style Fried Rice ½ cup Warm Strawberry Rhubarb ½ cup Garden Salad 1pc Dinner Roll 1pc Dressing	18 Cold: Two Compartment Turkey Chef salad 2oz Deli Turkey 1 oz shredded cheddar cheese 1 cup Mixed Green Salad ½ cup ½ cup Chickpea Salad 1pc Fresh Fruit ½ pc Pita Bread 1 pkt Dressing	19 Two Compartment 2 pc Breaded Eggplant 4 oz Marinara Sauce 1oz Mozzarella Cheese On tip of ½ cup Pasta ½ Capri Blend 1pc LS Wheat Bread ½ cup mandarins No Cookie
22 Rosh Hashanah Two Compartment 1pc Grilled Chicken 4oz Greek Sauce (spinach, peppers, feta, olives) over ½ cup Risotto 1pc MG Bread ½ canned Fruit	23 Rosh Hashanah 1pc Broccoli & Cheese Egg Bake ½ cup Potatoes O'Brien ½ cup Carrots 1pc Fruit Loaf or muffin 1pc Yogurt 1pc Juice (no milk) 1pc Ketchup	24 Rosh Hashanah COLD: 3oz Tuna Salad ½ cup Three Bean Salad Congregate: Vegetable Bean soup instead of 3 bean salad ½ cup Garden Salad 2 slices Wheat Bread 1pc Menu Magic Dressing ½ cup canned Fruit No Margarine	25 Birthday Two Compartment 11oz American Chop Suey 3oz beef ½ cup pasta 4oz Tomato sauce ½ cup Broccoli 1pc WW Garlic Roll 1pc cupcake	26 1pc Pork Sausage (Bianca) 2oz Peppers and Onions ½ cup Tater Tots 1/2 cup Roasted Butternut 1pc Hot Dog Bun 1pc Fresh Fruit No Margarine
29 Smothered Pork 3 oz Pork Roast 2oz Mushroom/cream/onions ½ cup Mashed Sweet Potatoes ½ cup Cauliflower 1pc WW Dinner Roll ½ cup Applesauce	30 Two Compartment Pasta & Meatballs 3 oz Chicken Meatballs 4 oz Marinara ½ cup Pasta ½ cup Capri Blend 1 pc Oat bread ½ cup Mandarins 1pc Parmesan			

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