

HAMILTON WENHAM RECREATION

SPRING/SUMMER 2019 PROGRAM BROCHURE



REGISTRATION BEGINS ON MARCH 4TH

**Hamilton Wenham Recreation Department
16 Union St. Hamilton, MA 01982
Office Lines: 978-468-2178 or 978-468-5590**

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<https://www.facebook.com/hamiltonwenham.recreation/>**

**Website and to Register
www.HWRECREATION.com**

HAMILTON-WENHAM RECREATION DEPARTMENT MISSION STATEMENT

The Hamilton-Wenham Recreation Department provides a wide variety of programs designed to improve the quality of life for residents by meeting physical and recreational needs. We promote life long lessons through play, education and community wide events.

Hamilton-Wenham Recreation Department
16 Union St.
Hamilton, MA 01982
978-468-2178
www.hwrecreation.com

Office Business Hours:

Monday	8am - 4:30pm
Tuesday	8am - 6:30pm
Wednesday	8am - 4:30pm
Thursday	8am - 4:30pm
Friday	8am - 12:30pm

JOINT RECREATION BOARD MEMBERS

John Cusolito	Wenham
Len Dolan	Wenham
Denis Curran	Wenham
Steve Ozahowski, Chair	Hamilton
Brad Tilley	Hamilton
Reggie Maidment	Hamilton

The Joint Recreation Board is made up of six members, three residents of Hamilton and three residents of Wenham. The Board meets once a month to discuss various recreation issues.

The Hamilton Wenham Recreation Department welcomes your program ideas. Please contact the office with any programming ideas and suggestions.

978.468.2178



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Hamilton-Wenham
Recreation

REFUND POLICY

1. Full refund for a cancelled class
2. You will receive a refund minus a \$10 administrative fee if you notify the Recreation Department at least five (5) business days before the start of a program.
3. No Refund if you cancel less than 5 business days before the start of a program
4. All refunds will be issued in the form of a check. Credit card service fees will be refunded back to the credit card.

POLICIES/INDEX

978-468-2178

www.hwrecreation.com

COURSE CANCELLATION

Classes that do not attain the minimum enrollment will be cancelled 48 hours prior to the scheduled start date. If cancelled you will receive a full refund. We reserve the right to reschedule or change classes. You will be called if your class is cancelled, otherwise, plan on attending.

COURSE CONFIRMATION

We DO NOT provide confirmations for program registrations. You will be called if a class is filled and you will be placed on the waiting list. Otherwise, plan on attending.

MAKE UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather or instructor absence. We are not responsible for making up classes that are missed due to the participants inability to attend.

INCLEMENT WEATHER

All classes (day and evening) will be cancelled when Hamilton-Wenham Regional Schools are closed. In the event that we need to cancel evening, weekend or summer program/events it will be posted on the voicemail at 978-468-2178 and on our website at www.hwrecreation.com.

FILLED CLASSES

You are urged to register as soon as possible. Classes are filled on a first come first served basis. We do not "hold" spots. If your class is filled, you will be placed on a waiting list.

PARTICIPANT PHOTOGRAPH POLICY

Periodically, the Recreation Department photographs/videotapes program participants for promotional use. Unless the participant/guardian informs us of their desire not to be photographed, the Recreation Department will use photographs/videotapes for their promotional purposes.

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978-468-2178

WWW.HWRECREATION.COM

Please visit our website to browse activities, register for classes and view any new announcements

HOW TO REGISTER

Step 1: Visit www.hwrecreation.com and create a user name and password

Step 2: Search and select activities and add them to your on-line cart

Step 3: Pay on-line with credit card* or print and mail form to the Rec. Dept.

*All Refunds will be issued in the form of a check. Service fees will be refunded back to the credit card in full.

If you do not wish to register on-line, we have two other options for registration

Walk-In:

Recreation Center
16 Union St., Hamilton MA
Hours on page 2

Mail to:

HW Recreation Department
16 Union Street
Hamilton, MA 01982

REGISTER EARLY!!

**Nothing ends a program faster than waiting for the last minute to register!
Please make every effort to register early!**

Important Pool Information

CONTACT INFORMATION

Recreation Office: (978) 468-2178 (prior to pool opening)

Pool Office: (978) 626-5280

MEMBERSHIP REGISTRATION

Memberships are ONLY available to residents of Hamilton or Wenham. Registration will open starting on Monday, March 4th. Memberships may be made online, in person, or over the phone. If the membership is not purchased in person, arrangements must be made with the Recreation Department to receive your passes.

MEMBERSHIP CARDS

Membership cards must be brought to the pool to gain access. Please make sure to bring YOUR own card and not someone else's. Staff may seek further information from the membership holder if deemed necessary.

PAYMENT

Memberships can be purchased via check or credit card, drop in fees can be paid at the pool by cash or check. Credit Card/ATM transactions are unavailable at the pool.

NON-RESIDENTS

Non-Residents may not enter the pool unless they are accompanying a resident with a guest pass. Information on how to obtain a guest pass is below in the membership page

WEATHER CLOSURES

The Pool will close immediately at the first sign of lightning, thunder or severe weather and remain closed for at least 30 minutes. The pool will not re-open until 30 minutes has passed without any additional sign of lightning, thunder or severe weather. During this time patrons will not be allowed to remain within the pool enclosure.

HEALTH AND SAFETY CLOSURES

In the event the pool water chemistry fails to comply with state regulations the pool will be closed to bathers until the water chemistry is brought back into compliance. Please make sure to take a cleansing shower before entering the pool.

EMERGENCY PROCEDURES

In the event of an injury or missing person, please notify the Pool Office immediately.

Returning Membership Holders

Membership cards purchased previously will be automatically activated if a membership is purchased for this season. A new membership card is only needed for first time membership holders.

POOL RENTALS

The Recreation Department will be renting out the pool on Sunday evenings between 6:30-8:00pm, please contact the office if you are interested. Prices will vary depending on the size of your group and the number of lifeguards needed. If space and/or staffing is available more than one group may rent the pool on the same date.

Open Swim Hours of Operation

(Swimmers Must Exit Water 15 minutes Prior to Close)

June 8th - June 23rd (Pre-Season)

Monday - Friday	2:00pm - 7:30pm
Saturday	11am - 7:30pm
Sunday	11am - 6:30pm

June 24th - August 18th (Regular Season)

Monday - Friday	12:30pm - 7:30pm
Saturday	11am - 7:30pm
Sunday	11am - 7pm

August 19th - August 25th (Post Season)

Daily	11am - 7pm
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The schedule for the 4th of July, and August 26th - September 1st will be released at a later date.

WE HAVE WIBITS!

A schedule of when the Wibits will be available for use will be released weekly during the summer. Please note that there will be no lap swim lane when the wibits are in use.



POOL SPECIAL EVENTS

978-468-2178

www.hwrecreation.com

A & B BURGERS DAY

Join us on opening day at the pool!!! A& B Burgers will be on site from 12 - 3pm cooking up some delicious burgers for those that wish to purchase.

DATE: Saturday, June 8th

TIME: 12:00pm - 3:00pm



FLOAT FRIDAYS

Every Friday between 4pm and 6pm pool staff will place a large number of floats in the pool for guests to enjoy.

TIME: Fridays, 4pm - 6pm



SUNDAE SPLASH

Spend an afternoon at the pool enjoying a make your own sundae courtesy of Cherry Farm Creamery.

TIME: Date & Time to be announced at a later date



PIRATES AND PRINCESSES

Calling all Pirates and Princesses for a day of high sea adventure! Enjoy live music from our DJ and fun games and activities for the kids!

TIME: Sunday, July 7th 1:00pm - 3:00pm



INTERESTED IN WORKING AT THE POOL THIS SUMMER?

The Recreation Department is accepting applications for Lifeguards and Gate Staff.

Please complete the Town of Hamilton New Hire Form and return to the Recreation Department Office.

Information can be found on our website www.hwrecreation.com

Applications being accepted until March 8th.

VETERANS MEMORIAL POOL FEES

MEMBERSHIPS RESTRICTED TO HAMILTON WENHAM RESIDENTS

MEMBERSHIP TYPES	PRICE
FAMILY MEMBERSHIP <i>Membership includes 2 adults (over age 21) and 2 children (under age 18). Each additional child is \$20.</i>	\$180
INDIVIDUAL ADULT MEMBERSHIP <i>Membership includes 1 person over the age 18 or older</i>	\$65
INDIVIDUAL YOUTH MEMBERSHIP <i>Membership includes 1 person between the ages of 3-17</i>	\$50
INDIVIDUAL SENIOR/ VETERAN MEMBERSHIP <i>Membership includes 1 person over the age of 60 or a Veteran</i>	\$40
CAREGIVER PASS <i>The Caregiver Pass can only be purchased by a Family or Individual Membership holder. The Caregiver Pass can only be used by someone accompanying a member of that particular membership. The Caregiver Pass can be used by any number of individuals (non-resident included), by one individual per visit</i>	\$40
GUEST PASS <i>A Guest Pass can ONLY be purchased by residents. Guests can only attend the pool with someone who is a resident. Guest passes are sold as either a one time visit or a pack of three. Non-Residents may be admitted to the pool with a guest pass. Maximum 3 guests per visit.</i>	\$8/1 \$20/3

VETERANS MEMORIAL POOL DAILY FEES (FAMILY CAP \$25)

TYPES	PRICE
AGES 2 AND UNDER	FREE
AGES 3 -17	\$7
AGES 18 - 59	\$8
SENIORS (60+)	\$5
5 AFTER 5	\$5 AFTER 5:00PM

DAILY FEES ARE RESTRICTED TO HAMILTON WENHAM RESIDENTS

SWIM LESSON INFORMATION

Parent/Child Swim Lesson:

For Children age 6 mos.-2 years who want to explore the water with a parent or guardian. The focus of this class is water exploration. Children will explore splashing, kicking, and blowing bubbles with the use of toys, games and songs.

Preschool Beginner Swim Lesson:

Children age 3-5 who have little to no experience in the water, who require flotation to swim. Instructors will work on basic swimming skills such as paddling, kicking and blowing bubbles.

Preschool Advanced Swim Lesson:

Children age 3-5 who can comfortably swim without flotation for a least 5-10 yards. Children will work on basic stroke development such as front crawl, backstroke & rhythmic breathing.

Youth Beginner Swim Lesson:

Children age 6-12 who have little to no experience in the water, who require flotation to swim. Instructors will work on basic swimming skills such as paddling, kicking, putting face in the water and blowing bubbles.

Youth Advanced Swim Lesson:

Children age 6-12 who can comfortably swim without flotation for at least one length of the pool. Children will work on stroke development for front crawl, backstroke, breaststroke as well as rotary breathing.

Private Swim Lessons

Children ages 3-12 of any skill level are eligible for private swim lessons. These lessons will consist of one instructor per student. If siblings or friends wish to have semi private lessons please contact the Recreation Department and arrangements will be made.

PRIVATE SWIM LESSONS

WEEKDAY PRIVATE LESSONS

AGES: 3-12
DATES: Monday - Thursday (Friday make-up)
Session 1: June 24th - July 5th*
Session 2: July 8th - July 18th
Session 3: July 22nd - August 2nd
Session 4: August 5th - August 15th
TIME: 11:00am - 11:30am
DURATION: 8 lessons
COST: Resident \$110 Non-Resident \$130
LOCATION: Patton Park Pool

*No lesson on 7/4 lesson will take place on 7/5

SATURDAY PRIVATE LESSONS

AGES: 3-12
DATES: Saturdays. June 29th - August 17th
TIME: Option A: 9:00am - 9:30am
Option B: 9:30am - 10:00am
DURATION: 8 lessons
COST: Resident \$110 Non-Resident \$130
LOCATION: Patton Park Pool

SWIM LESSONS

978-468-2178

www.hwrecreation.com

SESSION 1: JUNE 24TH - JULY 5TH*

Morning Lessons - 9:50am - 10:20am

Parent Child
Preschool Beginner
Preschool Advanced
Youth Beginner
Youth Advanced

Afternoon Lessons - 2:30pm - 3:00pm

Preschool Beginner
Preschool Advanced

Lessons Run Mon.- Thurs., Fri Make up Lesson

COST: Resident: \$70 Non-Resident: \$90

LOCATION: Veterans Memorial Pool

* No Class on 7/4

SESSION 2: JULY 8TH - JULY 18TH

Morning Lessons - 9:50am - 10:20am

Preschool Beginner
Preschool Advanced
Youth Beginner
Youth Advanced

Afternoon Lessons - 2:30pm - 3:00pm

Youth Beginner
Youth Advanced

Lessons Run Mon.- Thurs., Fri Make up Lesson

COST: Resident: \$70 Non-Members: \$90

LOCATION: Veterans Memorial Pool

SESSION 3: JULY 22ND - AUGUST 2ND

Morning Lessons - 9:50am - 10:20am

Parent Child
Preschool Beginner
Preschool Advanced
Youth Beginner
Youth Advanced

Afternoon Lessons - 2:30pm - 3:00pm

Preschool Beginner
Preschool Advanced

Lessons Run Mon.- Thurs., Fri Make up Lesson

COST: Resident: \$70 Non-Resident: \$90

LOCATION: Veterans Memorial Pool

SESSION 4: AUGUST 5TH - AUGUST 15TH

Morning Lessons - 9:50am - 10:20am

Preschool Beginner
Preschool Advanced
Youth Beginner
Youth Advanced

Afternoon Lessons - 2:30pm - 3:00pm

Youth Beginner
Youth Advanced

Lessons Run Mon.- Thurs., Fri Make up Lesson

COST: Resident: \$70 Non-Resident: \$90

LOCATION: Veterans Memorial Pool

SATURDAY SWIM LESSONS JUNE 29TH - AUG. 17TH

Weekend Lessons

Parent/Child- 10:00am - 10:30am
Preschool Beginner- 10:00am - 10:30am
Preschool Advanced- 10:00am - 10:30am
Youth Beginner- 10:30am - 11:00am
Youth Advanced- 10:30am - 11:00am

COST: Resident: \$70 Non-Resident: \$90

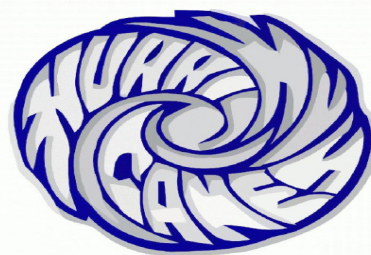
LOCATION: Veterans Memorial Pool

HAMILTON WENHAM HURRICANES SWIM TEAM INFORMATION

HURRICANES SWIM TEAM

The Hurricanes offer swimmers of all levels a chance to compete in a fun atmosphere as well as the opportunity to strengthen their swimming skills. Participants must be able to swim at least one length of the pool without stopping while demonstrating proficient front crawl stroke. Please note that your swimmers age bracket is determined base on their age as of July 1st!

AGES:	5-16
DATES:	Monday - Friday June 24th* - August 3rd*
TIME:	Ages 11-16: 7:00am - 8:00am Ages 6 & Under: 7:30am - 8:30am Ages 7-10 : 8:00am - 9:00am
COST:	Pool Members: \$130 Non-Pool Members: \$160 Family Cap \$320 please contact rec department for this option.
LOCATION:	Veterans Memorial Pool



*Depending on the last day of school practices may begin sooner, an updated schedule will be released once we know the end date of school.

*If your child makes the all star meet the season may end a week later.

TEAM BATHING SUITS & CAPS

The Swim Team will have a team suit and cap. The swim cap is included in the registration cost. Bathing suits can be purchased through Todd's Sporting Goods in Beverly. Girls suits are \$65 and Boys suits are \$55. Bathing suits are the same style and color as last year, and can be re-worn. If you wish to purchase a new suit, please contact Todd's Sporting Good in Beverly. If you need assistance you may contact the Recreation Department office and we will be happy to help you.

HURRICANE SWIM TEAM PRE-SEASON PRACTICES & SWIM MEETS

Normal Swim Team practice hours will begin the week of June 24th. The team will have practice hours before this date which will be announced at a later time. The "pre-season" practice schedule will be dictated by the last day of school.

Swim Meets are typically held on Wednesday afternoons at 1pm with a 12:30pm warm-up. The meet schedule for 2019 will be released at a later date.

Important Park Program Information

CONTACT INFORMATION

Recreation Office: (978) 468-2178 (prior to pool opening)

Pool Office: (978) 626-5280

LOCATION

The Summer Park Program will be held at Patton Park. We will be utilizing the tennis courts, ball fields, playground, gazebo, and of course the POOL.

PATTON PARK SUMMER PROGRAM OFFICE HOURS

Recreation Department Staff will be available at the pool office from 8am - 9am, during the days of the program for any summer park program related office needs.

SWIMMING POOL ACCESS

Each group will have a minimum of 30 minutes of swim time each day. Swim time could increase based upon weather or specially planned activities. As part of the park registration fee the Tiny Tanks and Little Generals group will receive swim lessons during their scheduled period. All other groups will have open swim. If your child does not wish to swim they must stay with their group, staff will plan activities accordingly during the period. In order to swim in the deep end participants must pass a swim test administered by a lifeguard. Anyone who fails the swim test or chooses not to take it must swim in the shallow end or kiddie area.

INCLEMENT WEATHER POLICY

If heavy rain and/or severe weather is forecasted participants will be notified in the morning and the park program will be held at the Recreation Center. In the instance that severe weather strikes while the program is at Patton Park, children will be escorted across the street to the Community House for shelter.

PARENT MANUAL

All Parents/Guardians will receive a parent manual prior to the start of the program. The manual will provide parent with contact information, drop off and pick up locations, daily schedules, and all other pertinent information regarding the program.

FIELD TRIPS

The All stars and Jr. All stars will be going on weekly field trips, permission slips will be passed out at the start of the week and be due before the field trip is set to leave. PLEASE NOTE, the field trips will extend the day beyond 1:15. Some field trips have the potential to return as late as 4:30 - 5pm. All Field Trips are on the Thursday of each week (unless otherwise noted).

WHAT TO BRING

Participants should bring a lunch, snack, bathing suit, tennis racket, sun tan lotion and plenty of water.

***PLEASE NOT CAMP IS NOT FREE THIS SUMMER**

PATTON PARK SESSIONS

Session 1:	June 24 - June 28th
Session 2:	July 1 - July 5 (no class 7/4)
Session 3:	July 8 - July 12
Session 4:	July 15 - July 19
Session 5:	July 22 - July 26
Session 6:	July 29 - August 2
Session 7:	August 5 - August 9
Session 8:	August 12 - August 16

PARK WEEKLY THEMES

Session 1:	Spirit Week
Session 2:	Four Seasons
Session 3:	Animal Planet
Session 4:	Shipwrecked
Session 5:	Sports Week/Minute to Win It
Session 6:	Color Me Crazy (Color Wars)
Session 7:	Tidal Wave
Session 8:	Super Sloppy Science

ALL STAR AND JR ALL STAR FIELD TRIPS

Session 1:	LEGOLand Discovery Center
Session 2:	Lazer Craze (7/2)
Session 3:	New England Aquarium
Session 4:	Take Flight Adventure Park
Session 5:	Canobie Lake Park
Session 6:	Dave n Busters
Session 7:	Water Country
Session 8:	Kimball Farms

PARK WEEKLY ENTERTAINMENT

Session 1:	SportsZone 101
Session 2:	Inflatable Obstacle Course
Session 3:	Curious Creatures
Session 4:	Pirate Pool Party
Session 5:	Performer
Session 6:	Make Your Own Sundae
Session 7:	Inflatable Water Slide
Session 8:	Mad Science Show

TINY TANKS

New to Patton Park for the Summer of 2019! This program will be geared to our younger participants and feature age appropriate games and activities. All Participants will receive swim lessons during their swimming time. **This group is intended for children entering Pre-K in the fall.**

AGES: 4
TIME: 8:45am - 12:00pm
DURATION: 8 weekly sessions
COST: \$100 for Session 1, 3 - 8
\$80 for Session 2
All Sessions: \$720



TINY TANKS EXTENDED DAY

Does your Tiny Tanks participant have an older sibling in the Park Program? The Tiny Tanks extended day program will give you that extra hour of coverage to make pick up time a breeze.

AGES: 4
TIME: 12:00pm - 1:00pm
DURATION: 8 weekly sessions
COST: \$15 for Session 1, 3 - 8
\$12 for Session 2



LITTLE GENERALS

The Little Generals program provides supervised, safe and fun programming for children. It is our goal for each child to create great park memories by providing an active outlet for both physical and social needs. Participants will engage in activities such as arts & crafts, swimming, tennis, sports, and weekly special events. Little General participants receive swim lessons as part of their park day. **This group is intended for children entering Kindergarten or 1st grade in the fall.**

AGES: 5-6
TIME: 8:45am - 1:15pm
DURATION: 8 weekly sessions
COST: \$104 for Session 1, 3-8
\$84 for Session 2

\$760 All 8 Sessions

FROG CATCHERS

This program incorporates sports & games, arts & crafts, swimming, tennis and more into a day of laughing, friends and memories. Children will enjoy open swim during their swim time., flotation devices will be made available at the pool if needed. **This group is intended for children entering 1st or 2nd grade in the fall.**

AGES: 6-7
TIME: 8:45am - 1:15pm
DURATION: 8 weekly sessions
COST: \$104 for Session 1, 3-8
\$84 for Session 2

\$760 All 8 Sessions



YOUNG EXPLORERS

Let kids be kids! This program incorporates sports & games, arts & crafts, swimming, tennis and more into a day of laughing, friends and memories. Children will enjoy open swim during their swim time, flotation devices will be made available at the pool if needed. **This group is intended for children entering 2nd or 3rd grade in the fall.**

AGES: 7-8
TIME: 8:45am - 1:15pm
DURATION: 8 weekly sessions
COST: \$104 for Session 1, 3-8
\$84 for Session 2

\$760 All 8 Sessions

JR ALL STARS

The Jr. All -Stars is a program that incorporates all the fun of the park program but also adds age appropriate field trips and activities each week. Participants will get at least 30 minutes of free swim time each day; all participants must pass a swim test to swim in the deep end. **This group is intended for children entering 4th and 5th grade in the fall.**

AGES: 9-10
TIME: 8:45am - 1:15pm
DURATION: 8 weekly sessions
COST: \$130 Session 1, 3-8
\$104 Session 2

\$950 All 8 Sessions

ALL STARS

The All -Stars is a program that incorporates all the fun of the park program but also adds age appropriate field trips and activities each week. Participants will get at least 30 minutes of free swim time each day; all participants must pass a swim test to swim in the deep end. **This group is intended for children entering 6th and 7th grade in the fall.**

AGES: 11-12
TIME: 8:45am - 1:15pm
DURATION: 8 weekly sessions
COST: \$130 Session 1, 3-8
\$104 Session 2

\$950 All 8 Sessions

EARLY MORNING DROP OFF

Staff will be available to supervise your children starting at 8am. Typically there will be one organized activity per day leading up to the start of the camp day. Early Morning Drop off will be located at the playground.

AGES: 4-12
TIME: 8:00am - 8:45am
DURATION: 8 weekly sessions
COST: \$25 for sessions 1, 3-8
\$20 for Session 2
LOCATION: Patton Park

PM PARKSTERS

Need child care coverage until 3:30pm? Try our PM Parksters Program. Children will engage in structured activities, open play, as well take a dip in the pool on hot days. Daily snacks are provided. Children participating in Tiny Tanks are not eligible for PM Parksters.

AGES: 5-12
TIME: 1:15pm - 3:30pm
DURATION: 1 Day
COST: \$13 per day
\$60 for full week
LOCATION: Patton Park

*** New: PM Parksters will now be taking daily registrations. Please review your information carefully when adding items to your cart. Please feel free to contact our office for assistance**

CIT PROGRAM

The CIT program is an educational program, with a curriculum designed to develop the people and technical skills necessary to be an effective camp counselor. All CIT applicants should be interested in working with children and possess maturity, flexibility, a strong work ethic, and the ability to have fun.

AGES: 13-15
DATES: Session 1: June 24th - July 19th
Session 2: July 22nd - August 16th
TIME: 8:45am - 1:15pm
DURATION: Two, 4 week sessions
COST: \$50 per session

LATE WINTER PROGRAMS

Registration for these programs is now available

978-468-2178

www.hwrecreation.com

MINI TENNIS

New England Athletic Academy's Tennis programs for ages 3 - 5 are conducted on a smaller court, using a red, low compression ball, which is slower and lower bouncing than a traditional Tennis ball. This adaptation allows players to develop their game in a safe and successful way, whilst ensuring fun for all! This program will teach the basic shot mechanics along with developing children's coordination and fundamentals of movement. All lessons are conducted using a variety of high energy, fast paced, fun games, designed to capture the attention of children this age ensuring maximum fun for your budding Tennis champ! All equipment is provided by NEAA although players are welcome to bring their own racket if they would like!

AGES: 3-5
DATES: Saturdays, March 2nd - April 6th
TIME: 11:30am - 12:30pm
DURATION: 6 Weeks
COST: \$91
LOCATION: Recreation Center Gym

Instructor: New England Athletics Academy

MAD SCIENCE: ACADEMY OF THE FUTURE SPACE EXPLORER

Explore the Earth, Moon, Mars... and beyond! Mad Science brings you the excitement and wonder of space in the Academy of Future Space Explorers After-School Program, featuring exciting student activities from the NASA Langley Center for Distance Learning. With unique hands-on activities, amazing demonstrations and fun educational take-homes, this is one experience that is truly out of this world!

GRADES: K-5
DATES: Tuesdays, March 12th - April 23rd*
TIME: 4:00pm - 5:00pm
DURATION: 6 weeks
COST: \$100
LOCATION: Recreation Center

*No Class on 4/16



Instructor: Mad Science

KNUCKLEBONES ATHLETICS

We play games like Gaga, Poison, Splat Ball, etc. Knucklebones Athletics is not your average class! Incorporating classroom favorites as well as outside the box games – this class is filled with physical activity, game play and fun. Ever tried to score points using a 4' inflatable ball on a 6' inflatable tube? welcome to Powerball! Everyone will be challenged, learn new skills and have a blast!

AGES: 7-11
DATES: Tuesdays, March 5th - April 9th
TIME: 3:45pm - 4:45pm
DURATION: 6 Weeks
COST: \$78
LOCATION: Recreation Center Gymnasium

Instructor: Knucklebones

EVENT FULL: LEGO MASTER BUILDERS STAR WARS VS. SUPERHEROES

This 3-hour program will be centered around everything LEGO!! Join the team from Event-FULL! and use your imagination to build your very own 3-D LEGO story! You can then place on Star Wars and Super Hero Character Mini figures and go on adventures in the LEGO World that YOU created!

The LEGOs stay with us but the memory lasts a lifetime. Each participant will go home with a framed photo of themselves taken holding their LEGO creation to show friends and family! Please send your child with a peanut-free snack and drink.

AGES: 5-11
DATES: Saturday, March 30th
TIME: 9:00am - 12:00pm
DURATION: 1 class
COST: \$46
LOCATION: Recreation Center



Instructor: Event Full LLC.

LATE WINTER PROGRAMS

Registration for these programs is now available **978-468-2178** www.hwrecreation.com

TENNIS LESSONS

CHALLENGER TENNIS

We are bringing the tennis fun indoors for the winter! New England Athletic Academy's Challenger Tennis program are conducted on a smaller court, using the recommended equipment for this age range. This program will teach the basic shot mechanics along with an introduction to match play and the rules of Tennis! All lessons are conducted using a variety of high energy games and drills, designed to improve the game of your future Tennis star! All equipment is provided by NEAA although players are welcome to bring their own racket if they would like!

AGES: 6-8
DATES: Saturdays, March 2nd - Apr. 6th
TIME: 12:30pm - 1:30pm
DURATION: 6 weeks
COST: \$89
LOCATION: Recreation Center Gym

MASTERS TENNIS

We are bringing the tennis fun indoors for the winter! New England Athletic Academy's Masters Tennis programs are conducted on a smaller court, using the recommended equipment for this age range. This program will teach the basic shot mechanics along with an introduction to match play, strategy and the rules of Tennis! All lessons are conducted using a variety of high energy games and drills, designed to improve the game of your future Tennis star! All equipment is provided by NEAA although players are welcome to bring their own racket if they would like!

AGES: 9-11
DATES: Saturdays, March 2nd - April 6th
TIME: 1:30pm - 2:30pm
DURATION: 6 weeks
COST: \$89
LOCATION: Recreation Center Gym

Instructor: New England Athletics Academy

SPORTSZONE 101 BASEBALL CLINIC

Players, ages 6 to 12 will have intensive instruction in proper baseball mechanics and techniques. Kids will be split up by age. The clinic includes comprehensive instruction in the proper fundamentals of hitting, throwing, fielding, pitching, bunting, infield play, and outfield play. Players will improve specific skills through drills, demonstrations, and scrimmages.

AGES: 6-12
DATES: Sundays, March 3rd - April 7th
TIME: 12:00pm - 1:00pm
DURATION: 6 weeks
COST: \$90
LOCATION: Recreation Center Gym

Instructor: Sportszone 101

KIDS TEST KITCHEN

BY POPULAR DEMAND WE HAVE ADDED A SECOND WINTER SESSION! Each week, children will work together to prepare fun snacks, entrées, and side dishes whose key ingredients are known to be really good for us! At the end of class your aspiring chef will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned! Each session arrives with fresh new recipes and ideas to inspire your healthy eater! Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe. ***Please clearly disclose all food allergies and/or dietary restrictions upon registration.**

AGES: 6-11
DATES: Fridays, March 22nd- Apr. 25th
TIME: 3:45pm - 4:45pm
DURATION: 6 weeks
COST: \$106
LOCATION: Recreation Center

Instructor: Kids Test Kitchen Staff

LATE WINTER PROGRAMS

Registration for these programs is now available **978-468-2178** www.hwrecreation.com

SPORTSZONE 101 BATTLEGROUND'S NERF EDITION

Come join the Sports Zone Lieutenants as we test our individual and team effectiveness in battle! This awesome program puts a fresh spin on traditional games like capture the flag, while also allowing children to get great exercise, learn some strategic planning skills, and make new friends. Each week will feature different games with individual and team-based challenges, so the students always have something new to strive for. We will also have all sorts of obstacles for the students to interact with, so they never know what to expect! There will be no shortage of fun in this program, and we provide all the necessary nerf gun supplies, so join the excitement today!

GRADES: K-5
DATES: Wednesdays, February 27th - March 27th
TIME: 3:15pm - 4:15pm
DURATION: 5 weeks
COST: \$81
LOCATION: Recreation Center Gym



Instructor: Sportszone 101

EVENT FULL: AMERICAN GIRL DOLL CREATE & PLAY LEMONADE STAND

Join the team from Event-FULL! and bring your special friend (does not have to be an American Girl Doll - feel free to bring a favorite stuffed animal if you choose) to this workshop for several hours you will both enjoy! Participants will make a American Girl Doll-Sized Lemonade Stand and several other things to start up their very own sidewalk small business! What you make and take home will lead to several hours of continued play and enjoyment at home!

Please send your child with a nut-free snack and drink

AGES: 5-11
DATES: Saturday, March 30th
TIME: 1:00pm - 4:00pm
DURATION: 1 class
COST: \$51
LOCATION: Recreation Center



Instructor: Event Full LLC.

ADULT TENNIS LESSONS

New England Athletic Academy's Tennis program now being offered to adults! This program will teach the basic shot mechanics along with an introduction to match play, strategy and the rules of Tennis! All lessons are conducted using a variety of high energy drills, designed to improve the your tennis game. All equipment is provided by NEAA although players are welcome to bring their own racket if they would like!

AGES: 18+
DATES: Saturdays, March 2nd - April 6th
TIME: 2:30pm - 3:30pm
DURATION: 6 weeks
COST: \$95
LOCATION: Recreation Center Gym

Instructor: New England Athletic Academy

MAGIC BRUSH POTTERY: CANVAS PAINTING

A picture will be selected and students will be brought through a step by step process from the instructor as they navigate painting the picture on their own canvas. Each participant will take home their 12x16 painted canvas!

AGES: 8+
DATES: Wednesday, March 13th
TIME: 3:30pm - 5:00pm
DURATION: 1 class
COST: \$30
LOCATION: Recreation Center Meeting Room



Instructor: Magic Brush Pottery Staff

APPLETON FARMS

Registration for these programs is now available **978-468-2178**

www.hwrecreation.com

MAPLE SUGARING

Every year at the end of winter when the days warm up and the evenings are cold, sap starts flowing through sugar maple trees. That sap is collected and through a long process turned into delicious maple syrup. Come help Appleton Farms collect this sap and turn it into delicious liquid goodness. Together we will learn a little about how the process works by visiting the sap buckets and sugar shack. To finish it off we will get the reward of a hard day's work, tasting some of the farm made maple syrup. So come on down and join us in the sugar shack for an afternoon of fun!

AGES: 6+
DATES: Class 1: Tuesday, Feb. 26th
Class 2: Tuesday, March 5th
TIME: 3:30pm - 4:30pm
DURATION: 1 class
COST: \$20
LOCATION: Appleton Farms Ipswich, MA



Instructor: Appleton Farms Staff

ANIMAL CARE

Living in and around the Carriage Barn at Appleton Farms are many animals who call the farm home. There are goats, sheep, chickens and rabbits who live at the farm year round. Just like you and me these animals love to eat, drink, and play. It is the farmers job to help the animals get all of these things. So put on your farmer hat and help the farm for a day taking care of the animals. You will get to feed them, get them fresh water, and spend some time playing around with them up close. The animals will love getting to meet you!

AGES: 6+
DATES: Class 1: Tuesday, April 9th
Class 2: Tuesday, April 23rd
TIME: 3:30pm - 4:30pm
DURATION: 1 class
COST: \$20
LOCATION: Appleton Farms Ipswich, MA



FARM TO TABLE COOKING

Get cooking at Appleton Farms, America's oldest working farm. Each week kids will explore a different aspect of farm to table cooking, from the cheese kitchen to the fresh veggies, and learn about where our food comes from! Kids will practice their cooking skills by using local ingredients to create delicious recipes each week. Who knew learning could be so delicious!

AGES: 6+
DATES: Tuesdays, May 7th - May 28th
TIME: 3:30pm - 5:00pm
DURATION: 4 classes
COST: \$66
LOCATION: Appleton Farms Ipswich, MA

Instructor: Appleton Farms Staff



IMPORTANT INFORMATION

Appleton Farms has been gracious enough to offer programming for us however, they ask that any parents/guardians who are able to stay to assist their child please do so. The Recreation Department will also be sending along a staff member to help assist with the program.

We thank you for supporting our new programs with Appleton Farms!

SWIM LESSONS

Registration for these programs is now available

978-468-2178

www.hwrecreation.com



BEVERLY ATHLETIC CLUB

We are happy to announce that Beverly Athletic Club will be working with our department this winter to offer swim lessons to families looking to get a jump start on the summer swim season!

Beverly Athletic Club offers lessons for preschool, youth and pre-competitive swimmers. Preschool swim lessons have three different levels, while youth lessons are offered at five different levels. Swimmers will be divided into classes based on their age and ability on the first day of class. Please sign your child up for the class that best fits your view of their swimming ability and the instructors will evaluate on the first day of lessons to make sure they are in appropriate level.

SPACE IS LIMITED TO 4 CHILDREN PER CLASS AND 8 CHILDREN FOR PRE-TEAM SO REGISTER EARLY!

PRESCHOOL BEGINNER SWIM LESSONS

Designed for the beginner swimmer, this class emphasizes increasing your child's confidence and ease while in the water. Starting out with the aid of a flotation device, children will work on kicking and the beginner techniques of swimming. This is a great class for children who are not timid in the water but use flotation.

AGES: 3-5
DATES: Tuesdays, March 5th - April 23rd
TIME: 4:30pm - 5:00pm
DURATION: 8 weeks
COST: \$111
LOCATION: Beverly Athletic Club
7 Reservoir Rd. Beverly, MA



PRESCHOOL ADVANCED SWIM LESSONS

This class emphasizes increasing your swimmers endurance and confidence in the water. Starting out with some use of flotation devices, instructors will gradually help swimmers gain the ability to swim without aid. Participants will also learn breathing techniques, fully submerging, and floating independently on their front and back. Small class sizes ensure your swimmer gets off to a great start!

AGES: 3-5
DATES: Tuesdays, Mar. 5th - Apr. 23rd
TIME: 4:30pm - 5:00pm
DURATION: 8 weeks
COST: \$111
LOCATION: Beverly Athletic Club
7 Reservoir Rd. Beverly, MA



SWIM LESSONS

Registration for these programs is now available **978-468-2178** www.hwrecreation.com

YOUTH BEGINNER SWIM LESSONS

Designed for the beginner swimmer, this class emphasizes increasing your child's confidence and ease while in the water. Starting out with the aid of a flotation device, children will work on kicking and the beginner techniques of swimming. This is a great class for children who are not timid in the water but use flotation.

AGES: 6-12
DATES: Tuesdays, March 5th - April 23rd
TIME: 5:00pm - 5:30pm
DURATION: 8 weeks
COST: \$111
LOCATION: Beverly Athletic Club
7 Reservoir Rd. Beverly, MA

YOUTH ADVANCED SWIM LESSONS

This class emphasizes increasing your swimmers endurance and confidence in the water. Starting out with some use of flotation devices, instructors will gradually help swimmers gain the ability to swim without aid. Participants will also learn breathing techniques, fully submerging, and floating independently on their front and back. Small class sizes ensure your swimmer gets off to a great start!

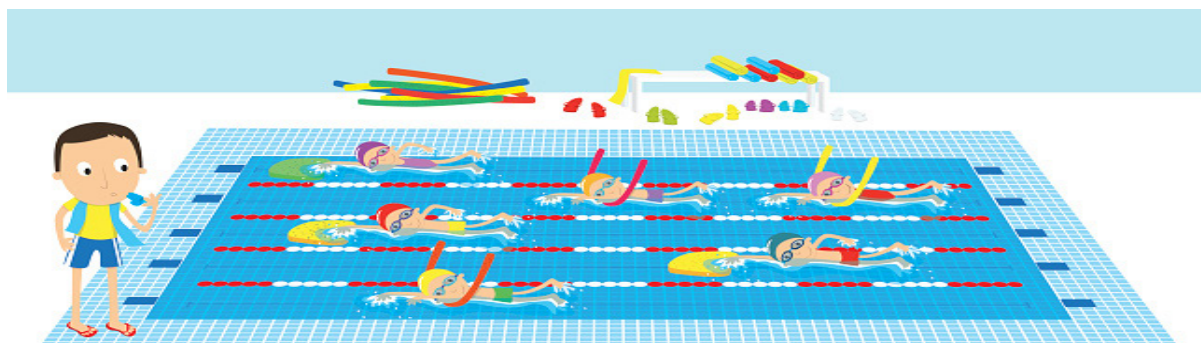
AGES: 6-12
DATES: Tuesdays, March 5th - April 23rd
TIME: 5:00pm - 5:30pm
DURATION: 8 weeks
COST: \$111
LOCATION: Beverly Athletic Club
7 Reservoir Rd. Beverly, MA

PRE-TEAM

This program is designed for swimmers who love swimming and want to learn more in the pool. Pre swim team will focus on improving stroke technique, work on endurance and mastering the four competitive strokes. During practices the swimmers will work on drills, different endurance activities, learn how swim relays work and get introduced to starts and turns.

(THIS PROGRAM IS IDEAL FOR OUR SUMMER SWIM TEAM KIDS WHO WANT TO GET STARTED EARLY FOR THE SUMMER)

AGES: 5-14
DATES: Mondays, March 4th - April 22nd
TIME: 4:30pm - 5:15pm
DURATION: 8 weeks
COST: \$126
LOCATION: Beverly Athletic Club
7 Reservoir Rd. Beverly, MA



**REGISTRATION FOR LATE WINTER PROGRAMS IS ALREADY OPEN!!!
SPRING REGISTRATION TO BEGIN MARCH 4TH!**

KNUCKLEBONES MICRO BASKETBALL

This clinic focuses on the basic fundamentals beginning with dribbling, shooting, passing and catching as well as defense. Using age appropriate equipment the class will enable your child to learn at their own pace while having a blast! Each class will be structured with stretching, learning a skill, rule of the day, skill game and finally a fun filled game for all to enjoy. Sneakers are required.

AGES: 2-4
DATES: Sundays, April 28th - June 2nd
TIME: 10:30am - 11:20am
DURATION: 6 weeks
COST: \$78
LOCATION: Recreation Center

Instructor: Knucklebones

LITTLE DRAGONS KARATE

One of the best karate programs in the country taught by four time world champion Steve Nugent & his staff. This class teaches proper stance, breathing, stretching, discipline, confidence and practical self defense. All uniforms and belts are included in the class.

AGES: 3-4
DATES: Thursdays, April 11th - June 20th
TIME: 4:00pm - 4:30pm
DURATION: 10 weeks
COST: \$190
LOCATION: Recreation Center Gym

*No Class on 4/18

Instructor: Steve Nugent & Staff



IMAGINATION STATION-OUTDOORS

JOIN US FOR OUR ALL NEW OUTDOOR IMAGINATION STATION! Enjoy an organized playgroup that gives children an opportunity to run around outside, play on our playground, bounce in our bounce house, use legos, read books, play dress up and just plain ol' have fun! Imagination Station is a time for both parents and children to socialize and engage in some playtime. Non-residents are welcome. Come on down and check it out!

AGES: Infant through 5 years with adult
DATES: Tuesdays April 2nd - May 28th
TIME: 11:00am - 12:30pm
COST: 5 Punch Card \$20
10 Punch Card \$40
LOCATION: Fairhaven Field, Recreation Center



F.A.S.T. ATHLETICS PRE-K MINI SPORTS

This program is a combination of warm-up games and sports such as soccer, kickball, and tball. It will ease children into learning the basics of all these great games as well as teaching them the importance of team work! Each class F.A.S.T. Athletics will have new and exciting games planned for the students.

AGES: 3-6
DATES: Fridays, April 26th - May 31st
TIME: 4:00pm - 5:00pm
DURATION: 6 weeks
COST: \$72
LOCATION: Recreation Center

SPORTSZONE 101 T-BALL

Come join the Sports Zone 101 coaches as we teach the basic fundamentals how to play baseball through T-ball. We will instruct all kids on how to hold the bat correctly, hit the ball off a tee, field a ball, throw a ball, and learn how to become an awesome teammate! We will spend time getting to know each other, learn more about the way our bodies move, and explore new ways to stay active and have fun doing it! We will help develop your child's sensory and gross motor skills in our exciting 3-5 year T-ball program!

AGES: 3-5
DATES: Tuesdays, April 30th - May 28th
TIME: 10:00am - 10:45am
DURATION: 5 Weeks
COST: \$76
LOCATION: Recreation Center

Instructor: SportsZone 101



SUPER SOCCER STARS

At Super Soccer Stars it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture and develop self confidence and to develop teamwork in every class. Our specially designed curriculum uses positive reinforcement and a low child to coach ratio to ensure that each child improves at his or her own rate while having endless fun!

AGES: 2-5
DATES: Sundays, May 5th - June 23rd
TIME: Ages 2-3, 9:00am - 9:40am
Ages 4-5, 9:45am - 10:35am
Ages 3-4, 10:40am - 11:25am
DURATION: 7 Weeks
COST: \$133
LOCATION: Fairhaven Field/Recreation Center

*No class on 5/27

Program Fills Quickly!



MINI TENNIS

New England Athletic Academy's Tennis programs for ages 3 - 5 are conducted on a smaller court, using a red, low compression ball, which is slower and lower bouncing than a traditional Tennis ball. This adaptation allows players to develop their game in a safe and successful way, whilst ensuring fun for all! This program will teach the basic shot mechanics along with developing children's coordination and fundamentals of movement. All lessons are conducted using a variety of high energy, fast paced, fun games, designed to capture the attention of children this age ensuring maximum fun for your budding Tennis champ! All equipment is provided by NEAA although players are welcome to bring their own racket if they would like!

AGES: 3-5
DATES: Sunday, April 28th - June 9th
TIME: 9:00am - 10:00am
DURATION: 6 weeks
COST: \$95
LOCATION: Patton Park Tennis Courts



* No class on 5/26 Memorial Day Weekend

Instructor: New England Athletics Academy

Program Fills Quickly!

MAD SCIENCE: LAND, AIR, WATER & SPACE

Children will enjoy a new workshop each week. Over the course of the 4 weeks they will learn about land, air, water and space in four jam packed and fun workshops. Workshops include: Adventures in Air, Mineral Mania, Sea, Sand & Surf and Space Frontiers.

AGES: 3-5
DATES: Wednesdays, May 1st - May 22nd
TIME: 3:45pm - 4:30pm
DURATION: 4 weeks
COST: \$93
LOCATION: Recreation Center Meeting Room

Instructor: Mad Science

LITTLE SCHOLARS: MINI MED SCHOOL

Is there a doctor in the house? Join us as we bring Mini Med School to your recreation department! Our little doctors will use stuffed animal patients to take blood pressure readings, give "stitches", put on a cast, and make their own first aid kit, all while learning lots about what doctors, dentists, EMTs, and other medical professionals do on a daily basis.

AGES: 3-6
DATES: Mondays, April 22nd - June 10th
TIME: 3:30pm - 4:30pm
DURATION: 7 weeks
COST: \$127
LOCATION: Recreation Center Meeting Room



* No Class 5/27

Instructor: Little Scholars

KNUCKLEBONES LIL' NINJAS

Knucklebones newest class! A mixture of movement and gross motor (similar to micro athletics but a lot of running, jumping, obstacle courses, etc.). Each week will be something different, imitating a mini American Ninja Warrior course.

AGES: 2-4
DATES: Fridays, April 26th - May 31st
TIME: 10:15am - 11:05am
DURATION: 6 Weeks
COST: \$78
LOCATION: Recreation Center Gym

Instructor: Knucklebones

Program Fills Quickly!



INTRO TO GYMJA

These age appropriate classes are designed to build upper body and core strength as well as balance and coordination through challenging students on a variety of obstacles. Students will be coached in physical and mental techniques that aid them in attaining their goals and promoting successful habits. Members are progressed through basic ninja warrior skills and techniques that form the building blocks to promote efficient movement by engaging in creative drills and games in a fun, safe environment.

We make sure our students are staying highly active in these classes to promote physical fitness, but give a variety of progressions for all movements that are taught to accommodate and challenge all skill levels from first timers to experts!

AGES: 6-15
DATES: Fridays, March 29th - May 10th
TIME: 6:00pm - 7:00pm
DURATION: 6 weeks
COST: \$158
LOCATION: Gymja Danvers
150 Andover St, Danvers, MA
(Inside Danvers Sports Complex)

*No class on 4/19

KARATE

This program provides introductory karate skills, teaches proper stances, breathing, stretching, self-discipline, coordination and practical self defense. All uniforms and belts are included.

AGES: 5-14
DATES: Thursdays, April 11th - June 20th
TIME: Ages 5-8, 4:30pm - 5:15pm
Ages 9-14, 5:15pm - 6:00pm
DURATION: 10 weeks
COST: \$190
LOCATION: Recreation Center Gym



*No Class 4/18

Instructor: Steve Nugent & Staff

GYMNASTICS

Children receive gymnastics instruction on all Olympic events and trampoline. Classes emphasize the learning of basic skills, developing strength and flexibility and self-confidence. This program is designed for students who wish to participate in the sport of gymnastics on a recreational level. Children are placed into groups according to age, ability and friendship with other class mates. The emphasis is placed on fun and learning the basic skills in gymnastics

AGES: 5+
DATES: Wednesdays, April 3rd - May 22nd
TIME: 1:30pm - 2:30pm
DURATION: 8 weeks
COST: \$140
LOCATION: Iron Rail Gymnastics

Instructor: Iron Rail Gymnastics Staff

GOLF CLINIC

Rowley Country Club wants to help the future of golf become great. We are teaching juniors the game of golf starting with the 5 fundamentals – Grip, Stance, Posture, Alignment, Ball Position, and the 6th unsung fundamental, Balance. The staff will be going over rules, safety, and etiquette; and even a little bit of competition, in addition to the 5 fundamentals. Dress code for participants: Boys must wear shorts with sleeves and Girls must wear shirts with either sleeves or collars. Golf shoes with soft spikes or sneakers are the only acceptable form of footwear. Golf is a great lifelong sport, and we encourage kids to start learning young.

GRADES: K - 5
DATES: Wednesdays, May 1st - May 22nd
TIME: Grades 3-5: 2:00pm - 3:00pm
Grades K-2: 3:15pm - 4:15pm
DURATION: 4 weeks
COST: \$75 for all 4 weeks
LOCATION: Rowley Country Club
235 Dodge Road, Rowley

Instructor: Rowley Country Club Staff

YOUTH RUNNING CLUB

Want to learn to run, improve your running, or just stay active this fall? Would you like to train for a fall race? Join us for a FUN running program that will focus on proper warm-up, running technique, cool down, and stretches. We will utilize many games and age appropriate running activities to make you an all-around better athlete. Bring a water bottle and appropriate sneakers for running. The Youth Running Program is for boys and girls. T-Shirt included. Parent volunteers are welcome to join us.

AGES: 6-12
DATES: Tuesdays, Apr. 23rd - May 28th
TIME: 3:30pm - 4:30pm
DURATION: 6 weeks
COST: \$20
LOCATION: Patton Park

Instructor: Eileen Tran & Stacey Labell

Program Fills Quickly!

ARCHERY

During this six week program participants will learn to shoot a bow and arrow in this Olympic archery development program. Classes are taught by a certified archery instructor. All equipment is provided. Students will progress at their own pace.

AGES: 10+
DATES: Saturdays, April 20th - May 25th
TIME: 8:00am - 9:00am
DURATION: 6 weeks
COST: \$120
LOCATION: Recreation Center



Instructor: On Site Archery

WICKED COOL FOR KIDS LEGO ENGINEERING JUNIOR IMAGINEERS

A Wicked Cool for Kids Exclusive! Using LEGO DUPLO's kids in grades K-1 will listen to stories based on popular fairy tales. Kids will use the engineering design process to help solve their hero's problems using simple machines. Help LEGO Sam and Sarah create Rapunzel's tower and a pulley system to lift her lunch! Prince Charming's Buggy is busted...can Sam and Sarah build a charming car to carry the Prince's blocks and save the day? The program will emphasize creativity, cooperation, engineering, math and literacy skills.

AGES: 5-7
DATES: Tuesdays Apr. 23rd- May 28th
TIME: 3:45pm - 4:45pm
DURATION: 6 weeks
COST: \$112
LOCATION: Recreation Center

Instructor: Wicked Cool for Kids

KNUCKLEBONES SURVIVOR

Back by popular demand!! With a combined over 40 seasons and countless variations in other countries, Survivor and Amazing Race have created some of the greatest challenges known to man. Replicating scores of these challenges participants will engage in mental, physical and creative tasks. From a giant puzzle to a rolling boulder, and knot tying to being bound together while working to get through a maze, participants will be presented with their very own season. Sign up early as space is limited!

GRADES: 2-5
DATES: Mondays, Apr. 29th - June 3rd*
TIME: 3:45pm - 4:45pm
DURATION: 6 weeks
COST: \$76
LOCATION: Fairhaven Field

* No Class 5/27

Instructor: Knucklebones

SPORTSZONE 101 FLAG FOOTBALL

We will be playing flag football together in a fun and safe environment. All kids will rotate through all positions to help build skills and confidence on the field. All kids will learn the proper technique of playing this game. Flags will be provided for games.

GRADES: K-6
DATES: Wednesdays, May 1st - June 5th
TIME: 3:15pm - 4:15pm
DURATION: 6 weeks
COST: \$85
LOCATION: Recreation Center/Pingree Park



Instructor: SportsZone 101

TENNIS LESSONS

CHALLENGER TENNIS

New England Athletic Academy's Challenger Tennis program are conducted on a smaller court, using the recommended equipment for this age range. This program will teach the basic shot mechanics along with an introduction to match play and the rules of Tennis! All lessons are conducted using a variety of high energy games and drills, designed to improve the game of your future Tennis star! All equipment is provided by NEAA although players are welcome to bring their own racket if they would like!

AGES: 6-8
DATES: Sundays, April 28th - June 9th*
TIME: 10:00am - 11:00am
DURATION: 6 weeks
COST: \$95
LOCATION: Patton Park Tennis Courts

* NO CLASS 5/26 MEMORIAL DAY WEEKEND

MASTERS TENNIS

New England Athletic Academy's Masters Tennis programs are conducted on a smaller court, using the recommended equipment for this age range. This program will teach the basic shot mechanics along with an introduction to match play, strategy and the rules of Tennis! All lessons are conducted using a variety of high energy games and drills, designed to improve the game of your future Tennis star! All equipment is provided by NEAA although players are welcome to bring their own racket if they would like!

AGES: 9-12
DATES: Sundays, April 28th - June 9th*
TIME: 11:00am - 12:00pm
DURATION: 6 weeks
COST: \$95
LOCATION: Patton Park Tennis Courts

* NO CLASS 5/26 MEMORIAL DAY WEEKEND

Program Fills Quickly!

Instructor: New England Athletics Academy

F.A.S.T. ATHLETICS SPORTS CONDITIONING

Speed, agility, and conditioning are vital components to a great athlete. In order to reach your full potential, we will provide you with the tools you need to increase your individual performance. This program focuses on; hand-eye coordination, sprint techniques, footwork, quickness, explosion drills, jump training and a variety of other non-traditional aerobic techniques. Come challenge yourself and get ready for your season – get a step ahead!

AGES: 6-14
DATES: Fridays, April 26th - May 31st
TIME: 5:00pm - 6:00pm
DURATION: 6 weeks
COST: \$72
LOCATION: Recreation Center



LITTLE SCHOLARS: COMMUNITY & LEADERSHIP WORKSHOP

Community and Leadership Workshop is a unique opportunity for students to learn how to develop their business skills while impacting the world around them. Our future leaders will learn about entrepreneurship, public speaking, civic involvement and community outreach opportunities with an engaging curriculum to channel their desire to have a positive impact on the world around them.

GRADES: 2-5
DATES: Thursdays, April 25th - June 13th
TIME: 3:30pm - 4:30pm
DURATION: 8 weeks
COST: \$134
LOCATION: Christ Church Parish Hall
 149 Asbury Street, Hamilton, MA



Instructor: Little Scholars

SPORTSZONE 101 WEDNESDAY HALF DAY TOURNAMENT OF CHAMPIONS PROGRAM

Looking for an active after school program for your child? Check out our Sportszone 101's half day program! In this action packed program, children will participate in a variety of games, such as street hockey, soccer, football, dodgeball, basketball, wiffleball, and many others! In addition to learning the fundamentals of these sports, we will have exciting discussions about current events in sports, learn the importance of maintaining a healthy active lifestyle, and reinforce in-class learning using sports cards and prizes. Each participant will receive a daily sports prize.

GRADES: K-5
DATES: Wednesdays, May 1st - June 12th*
TIME: 1:00pm - 3:00pm
DURATION: 7 Weeks
COST: \$146 per child
LOCATION: Recreation Center

*Program Fills Quickly!
 Bus Spots Limited to first 17
 registered*

Instructor: SportsZone 101

KIDS TEST KITCHEN- KIDS HELPING SENIORS

Each week, children will work together to prepare fun snacks, entrées, and side dishes whose key ingredients are known to be really good for us! At the end of class your aspiring chef will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned! Each session arrives with fresh new recipes and ideas to inspire your healthy eater! Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe. ***Please clearly disclose all food allergies and/or dietary restrictions upon registration.** Seniors from the Wenham Council on Aging will be volunteering each week to work together with the children to make delicious dishes.

AGES: 6-11
DATES: Fridays, May 3rd - June 7th
TIME: 3:45pm - 4:45pm
DURATION: 6 weeks
COST: \$106
LOCATION: Wenham Council on Aging
 10 School St., Wenham

Instructor: Kids Test Kitchen Staff

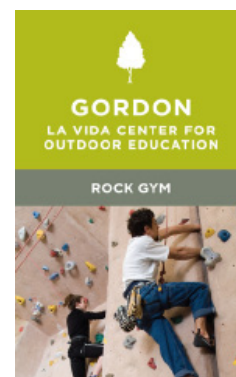


LA VIDA ROCK GYM: ROCK CLIMBING

Take advantage of Gordon College's wonderful Bennett Center! This program will provide children with a chance to learn about rock climbing and to participant in rock climbing under the direction of trained staff. Who will make it to the top of the wall? Come find out in this awesome rock climbing adventure.

AGES: 10-14
DATES: Tuesdays, April 2nd- May 7th*
TIME: 3:30pm - 4:30pm
DURATION: 6 Weeks
COST: \$126
LOCATION: La Vida Rock Gym
 Bennett Center Gordon College

*No Class 4/16



Instructor: Bennett Center Rock Gym Staff

WICKED COOL FOR KIDS: APRIL VACATION WEEK

Join Wicked Cool for Kids on their week long adventure through physics and Earth! Children can register for one program as a half day option or both programs as a full day option. Both programs will meet Tuesday through Friday of April School Vacation Week.

Please pack a peanut-free lunch if you are participating in both sessions,

WICKED PHAB PHYSICS LAB

Join Wicked Cool For Kids for a fun exploration of physics! Build zooming cars that can keep a passenger safe in case of a crash! Send a marble spinning down a shoot. Create a crazy cannon to fling a ping pong ball and build a rolling racer as we learn about Newton's laws of motion and how things move in our universe.

GRADES: 1-5
DATES: Tuesday - Friday, April 16th - 19th
TIME: 9:00am - 12:00pm
DURATION: 4 Days
COST: Half Day: \$171
Full Day: \$266
LOCATION: Recreation Center

EXTREME EARTH

Junior geologists and elementary engineers: harness Earth's extremes as we investigate its awesome powers in the form of wind, water, weather, and sunlight. Build a working anemometer to gauge wind speed. Experiment with magnetic rocks and solve mysteries of what's buried below the surface. Dig deep into earth science when we build a better volcano and classify some real fossils to take home.

GRADES: 1-5
DATES: Tuesday - Friday, April 16th - 19th
TIME: 1:00pm - 4:00pm
DURATION: 4 Days
COST: Half Day: \$171
Full Day: \$266
LOCATION: Recreation Center

F.A.S.T. ATHLETICS: APRIL SCHOOL VACATION SPORTS MANIA

Join us for this fun filled vacation of sports and games with our Sports Mania program. All participants will have a great time playing soccer, basketball, and flag football. The day begins with proper stretching and warm-up games, and follows with the teaching of basic skills in the sports we play that day. More games and tournaments will be featured after lunch time! Please bring a water bottle, snacks, drinks, and peanut-free lunch (for full day participants) each day and be sure to register early!

GRADES: K-5
DATES: Tuesday - Friday, April 16th - April 19th
TIME: 9:00am - 12:00pm or 9:00am - 3:00pm
DURATION: 4 days
COST: Full Day: \$116 Half Day: \$86
LOCATION: Recreation Center Gym



LUNCH

If you are attending both sessions please send your child with a nut free lunch. Recreation Department Staff will supervise lunch until the start of the afternoon activity.



SPORTSZONE 101 BASEBALL CLINIC

Players will have intensive instruction in proper baseball mechanics and techniques. Kids will be split up by age. The clinic includes comprehensive instruction in the proper fundamentals of hitting, throwing, fielding, pitching, bunting, infield play, and outfield play. Players will improve specific skills through drills, demonstrations, and scrimmages.

GRADES: K-6
DATES: Tuesday - Friday, Apr. 16th - 19th
TIME: 9:00am - 12:00pm
COST: \$130
LOCATION: Cheeseman Field



Instructor: SportsZone 101

GOLF CLINIC

Rowley Country Club wants to help the future of golf become great. We are teaching juniors the game of golf starting with the 5 fundamentals – Grip, Stance, Posture, Alignment, Ball Position, and the 6th unsung fundamental, Balance. The staff will be going over rules, safety, and etiquette; and even a little bit of competition, in addition to the 5 fundamentals. Dress code for participants: Boys must wear shirts with sleeves and Girls must wear shirts with either sleeves or collars. Golf shoes with soft spikes or sneakers are the only acceptable form of footwear. Golf is a great lifelong sport, and we encourage kids to start learning young.

Lunch Included

Please notify our office if your child has a food allergy

GRADES: K - 5
DATES: Tuesday - Thursday, April 16th -18th
TIME: 10:00am - 2:00pm
COST: \$99
LOCATION: Rowley Country Club

Instructor: Rowley Country Club Staff

LAP SWIM

Join us at Gordon College Bennett Center for open lap swimming. You must register with the Recreation Department to get your swimming pass. This pass allows you to lap swim during the days and times shown below. However, times may change due to the college's activity schedule. Please check with the Bennett Center for exact days and times. (Bennett Center 978-867-3737) Locker rooms and shower facilities are available.

COST: \$65 Residents \$80 Non-Residents
VISITS: 20 Visit Punch Card
LOCATION: Gordon College Bennett Center Pool

WATER EXERCISE

Feeling sore when you wake up in the morning? Need a low impact way to work out? Join our water exercise class at Gordon College. This class is a great way to relieve stress and work out without causing undue pain to your body. Enjoy a morning in the pool getting back into shape! Locker rooms and shower facilities are available.

AGES: Adults
DATES: Tues & Thurs, March 21st - April 27th
TIME: 10:00am - 11:00am
COST: \$33
LOCATION: Gordon College Bennet Center

ZUMBA@GOLD

Perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. How it works: The design of the class introduces easy to follow Zumba choreography that focuses on balance, range of motion and coordination. Come ready to sweat, and prepare to leave empowered and feeling strong. Class focuses on all aspects of fitness including cardiovascular, muscular conditioning, flexibility and balance.

AGES: Adults
DATES: Fridays April 26th - May 31st
TIME: 9:00am - 10:00am
COST: \$42
DURATION: 6 weeks
LOCATION: Recreation Center Gym

WALKING PASS

Enjoy the Bennett Center walking track for free. Come take advantage of this great opportunity for indoor walking space. Please register at the Recreation Department to receive your FREE pass

AGES: Adults
DAYS: Mondays, Wednesdays & Fridays
TIME: 9:30am - 11:30am
COST: FREE
LOCATION: Gordon College Bennet Center

ADULT TENNIS LESSONS

New England Athletic Academy's Tennis program now being offered to adults! This program will teach the basic shot mechanics along with an introduction to match play, strategy and the rules of Tennis! All lessons are conducted using a variety of high energy drills, designed to improve the your tennis game. All equipment is provided by NEAA although players are welcome to bring their own racket if they would like!

AGES: 18+
DATES: Sundays Apr. 28th - June 9th*
TIME: 12:00pm - 1:00pm
DURATION: 6 weeks
COST: \$95
LOCATION: Patton Park Tennis Courts

* NO CLASS 5/26 MEMORIAL DAY WEEKEND

Instructor: New England Athletic Academy

LINE DANCING

"Line dancing class! No experience required. Different styles of dance will be incorporated into the line dancing and we'll also cover some well-known favorite line dances. Come prepared to have a lot of fun dancing to some great music and building and increasing your dance skills

AGES: Adults
DATES: Wednesdays, March 27th - May 9th*
TIME: 6:00pm - 7:00pm
COST: \$75
DURATION: 6 weeks
LOCATION: Recreation Center Gym

*No Class 4/10



ADULT PICKLEBALL

Similar to ping pong, badminton and tennis, it's a fun, active game that can be mastered by anyone from youth to senior citizens. Pickleball was created during the summer of 1965 and is currently the fastest growing sport in the United States. It is played on a badminton court with the net lowered to 34 inches, and uses a perforated plastic ball (similar to a whiffle ball) and wood or composite paddles

BEGINNER INDOORS

AGES: Adults
DATES: Tuesdays, Thursdays & Fridays
April 1st - May 31st
TIME: 12:30pm - 2:30pm
COST: 10 Punch Card: \$30
20 Punch Card: \$60
LOCATION: Recreation Center Gym

ADVANCED INDOORS

AGES: Adults
DATES: Mondays & Wednesdays
April 1st - May 31st
TIME: Mondays: 9:00am - 12:00pm
Wednesdays, 10:30am - 12:30pm
COST: 10 Punch Card: \$30
20 Punch Card: \$60
LOCATION: Recreation Center Gym

INSTRUCTION (ALL LEVELS)

AGES: Adults
DATES: Wednesdays, April 1st - May 31st
TIME: 9:00am - 10:30am
COST: Included with Punch Card
LOCATION: Recreation Center Gym

Open Play Outdoors

AGES: Adults
DATES: Mondays, Wednesdays, Fridays
June 1st - August 31st
TIME: 7am - 8:45am
COST: Free
LOCATION: Patton Park Courts

SPRING BLACKOUT DATES

April 10th
April 11th
April 15th - April 19th
May 27th



SUPER SOCCER STARS

At Super Soccer Stars it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture and develop self confidence and to develop teamwork in every class. Our specially designed curriculum uses positive reinforcement and a low child to coach ratio to ensure that each child improves at his or her own rate while having endless fun!

SUMMER 1

AGES: 2-5
DATES: Sundays, July 7th - July 28th
TIME: Ages 2-3, 9:00am - 9:40am
Ages 4-5, 9:45am - 10:35am
Ages 3-4, 10:40am - 11:25am
DURATION: 4 Weeks
COST: \$76
LOCATION: Fairhaven Field/Recreation Center

Instructor: Super Soccer Stars

SUMMER 2

AGES: 2-5
DATES: Sundays, August 4th - August 25th
TIME: Ages 2-3, 9:00am - 9:40am
Ages 4-5, 9:45am - 10:35am
Ages 3-4, 10:40am - 11:25am
DURATION: 4 Weeks
COST: \$76
LOCATION: Fairhaven Field/Recreation Center

Instructor: Super Soccer Stars



SKYHAWKS: MINI HAWK CLINIC

This multi-sport program was developed to give children a positive first step into athletics. The essentials of baseball, basketball and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun. Our Mini-Hawk games and activities were designed to allow campers to explore balance, movement, hand/eye coordination, and skill development at their own pace. Skyhawks staff are trained to handle the specific needs of young athletes.

AGES: 3-5
DATES: Monday - Friday Aug. 19th - 23rd
TIME: 9:00am - 12:00pm
DURATION: 1 week
COST: \$136
LOCATION: Pingree Park

Instructor: Skyhawks

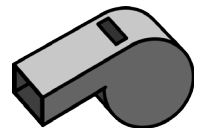


MICRO ATHLETICS

Knucklebones has designed a program to enhance gross motor skills, athletic fundamentals, physical exercise, creative movement and fun! Each class your child will play a variety of skill enhancing games and activities. From learning to kick to practicing throwing we make sure your child is active and having fun! Sneakers are required!

AGES: 2-4
DATES: Monday - Thursday, July 22nd - 25th
TIME: 10:00am - 10:40am
DURATION: 4 Days (Rain Day Friday)
COST: \$56
LOCATION: Pingree Park

Instructor: Knucklebones



SUMMER YOUTH CAMPS

978-468-2178

www.hwrecreation.com

SPORTSZONE 101 FLAG FOOTBALL

We will be playing flag football together in a fun and safe environment. All kids will rotate through all positions to help build skills and confidence on the field. All kids will learn the proper technique of playing this game. All kids will be given a mouthpiece and flags will be provided for games. Friday will be used as a make up day.

GRADES: K-6
DATES: Monday - Thursday, August 19th - 22nd
TIME: 9:00am - 12:00pm
DURATION: 1 week
COST: \$130
LOCATION: Pingree Park

Instructor: SportsZone 101



SPORTSZONE 101 SUMMER MASHUP

Join the staff from sportszone 101 for four days of unforgettable fun. Each day will focus on a different activity. Activities will include: nerf, bubble soccer and other bubble games, flag football, whiffleball and many others. Register early so you don't miss out.

GRADES: K-6
DATES: Monday - Thursday, July 22nd - 25th
TIME: 9:00am - 12:00pm
DURATION: 1 week
COST: \$130
LOCATION: Pingree Park

Instructor: SportsZone 101

WICKED COOL FOR KIDS MINECRAFT MANIA

Minecraft Mania is a blend of virtual learning and companion hands on activities that explore science and engineering using Minecraft. Use and interactive avatar to investigate a game based educational environment. Engage is both computer and real world activities covering geology, engineering, physics and biology. Learn about the properties of rocks and minerals and take home your own rock collection. Use your skills to build skyscrapers and simple machines and plant our own crops in fun experimental challenges.

AGES: 6-11
DATES: Monday - Friday, July 15th - 19th
TIME: 9:00am - 4:00pm
DURATION: 1 Week
COST: \$331
LOCATION: HW Public Library History Room



SKYHAWKS: TRACK AND FIELD CLINIC

Skyhawks Track & Field was developed to introduce young athletes to this sport rich in tradition and history. These programs combine technical development and fundamental techniques with safety and a major focus on fun! Using special equipment, our exercises and drills will prepare athletes for a future in cross-country, track and field events, distance running, while inspiring a love for running and being active. The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are all covered in this unique program. Participants will put it all together for one fun-filled day at the end of the week at the Skyhawks track meet!

AGES: 7-12
DATES: Monday-Thursday July 8th - 11th
TIME: 9:00am - 12:00pm
DURATION: 4 days (Fri. rain makeup day)
COST: \$136
LOCATION: Hamilton-Wenham Regional High School Track



Instructor: Skyhawks

978-468-2178

www.hwrecreation.com

CHALLENGER BRITISH SOCCER CAMP

Challenger Sports' British Soccer Camp is the most popular soccer camp in the country. Hundreds of Challenger coaches each year have helped the company develop one of the most innovative approaches to coaching youth soccer in the US. Our experienced staff study the game at all levels and we have identified the key techniques and skills that your players need to work on and master to reach their true potential. Each day includes individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily World Cup tournament.

Program	Day	Age	Times	Date	Price
First Kicks	Mon-Fri	3-5	8am - 9:00 am	Aug 19-23	\$89
Half Day	Mon-Fri	6-14	9am - 12pm	Aug 19-23	\$159
Full Day	Mon-Fri	8-14	9am - 3pm	Aug 19-23	\$216

HOW TO REGISTER

Step 1: Visit www.hwrecreation.com and create a user name and password

Step 2: Search and select activities and add them to your on-line cart

Step 3: Pay on-line with credit card* or print and mail form to the Rec. Dept.

*All Refunds will be issued in the form of a check. Service fees will be refunded back to the credit card in full.

REGISTER EARLY!!

**Nothing ends a program faster than waiting for the last minute to register!
Please make every effort to register early!**

Recreation Registration Form

HAMILTON-WENHAM RECREATION DEPARTMENT

16 UNION STREET
HAMILTON, MA 01982
978-468-2178
WWW.HAMILTONMA.GOV

For Office Use Only

Date _____
Amt _____
CK# _____
Health Form _____

Please fill out one registration form for each person.

Last Name (participant)		First Name (participant)		Date of Birth & Grade	
Street Number		Town/Zip		Parents Name	
Home Phone		Work Phone		Cell Phone	
Email		Emergency Contact		Phone #	
Activity Name	Day	Location	Class Time	Start Date	Fee
Activity Name	Day	Location	Class Time	Start Date	Fee
Activity Name	Day	Location	Class Time	Start Date	Fee

HAMILTON – WENHAM RECREATION DEPARTMENT CONSENT & RELEASE FORM

I, the undersigned, do hereby consent to the participation of _____
(Name of Participant)

in voluntary athletic or recreational programs of the Hamilton/Wenham Recreation Department. I understand that the Hamilton/Wenham Recreation Department recommends that the participant undergo a complete physical before beginning participation. Any limitations on participation are listed below. I agree to forever release, acquit, discharge and covenant to hold harmless the Hamilton/Wenham Recreation Department and its employees, agents, board members, volunteers and any and all individuals and organizations assisting or participating in voluntary athletic or recreational programs of the Hamilton/Wenham Recreation Department (collectively the "Releasees") from any and all claims, rights of action and causes of action on account of or in any way arising out of, directly or indirectly, all known and unknown personal injuries or property damage which I may now or hereafter have in my individual capacity or, if the participant is my minor child or ward, as parent or guardian of said minor. I also agree to forever release, acquit, discharge and covenant to hold harmless the Releasees from any and all claims, rights of action and causes of action on account of or in any way arising out of, directly or indirectly, all known and unknown personal injuries or property damage which said minor has or hereafter may acquire, either before or after he/she has reached his/her majority, resulting from his/her participation in a program of the Hamilton/Wenham Recreation Department.

I understand that my or the minor's participation in these programs is voluntary and that the minor or I are free to choose not to participate in said programs. I have read this Consent and Release Form and I understand the contents of this form.

Periodically, the Recreation Department photographs/video tapes program participants for promotional use. Unless the participant/guardian informs us of their desire not to be photographed, the Recreation Department will use photographs/videotapes for their promotional purpose.

Signature of Parent/Guardian or ADULT Participant

Date



Hamilton-Wenham Recreation Department

16 Union Street Hamilton, MA 01982

(978) 468-2178

OFFICE HOURS

Monday	8:00 AM - 4:30 PM
Tuesday	8:00 AM - 6:30 PM
Wednesday	8:00 AM - 4:30 PM
Thursday	8:00 AM - 4:30 PM
Friday	8:00 AM - 12:30 PM