HAMILTON WENHAM RECREATION









Hamilton - Wenham Recreation Center









REGISTRATION BEGINS ON MARCH 2ND

2020 SPRING/SUMMER BROCHURE

WEBSITE AND TO REGISTER WWW.HWRECREATION.COM

HAMILTON-WENHAM RECREATION DEPARTMENT MISSION STATEMENT

The Hamilton-Wenham Recreation Department provides a wide variety of programs designed to improve the quality of life for residents by meeting physical and recreational needs. We promote life long lessons through play, education and community wide events.

Hamilton-Wenham Recreation Department 16 Union St. Hamilton, MA 01982 978-468-2178 www.hwrecreation.com

Office Business Hours:

Monday Tuesday Wednesday Thursday Friday 8:00am - 4:30pm 8:00am - 6:30pm 8:00am - 4:30pm 8:00am - 4:30pm 8:00am - 12:30pm

Joint Recreation Committee Members

John Cusolito Len Dolan Denis Curran Steve Ozahowski, Chair Brad Tilley Open Wenham Wenham Hamilton Hamilton Hamilton

The Joint Recreation Board is made up of six members, three residents of Hamilton and three residents of Wenham. The Board meets once a month to discuss various recreation issues.

RECREATION DEPARTMENT STAFF

Director

Sean Timmons stimmons@hamiltonma.gov

Recreation Assistant

Danielle Kiely dkiely@hamiltonma.gov



"Like" us on Facebook Search: Hamilton-Wenham

Recreation

www.hwrecreation.com



COURSE CANCELLATION

Classes that do not attain the minimum enrollment will be cancelled 48 hours prior to the scheduled start date. If cancelled you will receive a full refund. We reserve the right to reschedule or change classes. You will be called if your class is cancelled, otherwise, plan on attending.

COURSE CONFIRMATION

We DO NOT provide confirmations for program registrations. You will be called if a class is filled and you will be placed on the waiting list. Otherwise, plan on attending.

MAKE UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather or instructor absence. We are not responsible for making up classes that are missed due to the participants inability to attend.

INCLEMENT WEATHER

All classes will run unless you are otherwise notified. In the event that we need to cancel programming/event an email and a text alert will be sent to class participants. It will also be posted on our website at www.hwrecreation.com.

FILLED CLASSES

You are urged to register as soon as possible. Classes are filled on a first come first served basis. We do not "hold" spots. If your class is filled, you will be placed on a waiting list.

PARTICIPANT PHOTOGRAPH POLICY

Periodically, the Recreation Department photographs/videotapes program participants for promotional use. Unless the participant/ guardian informs us of their desire not to be photographed, the Recreation Department will use photographs/videotapes for their promotional purposes.



REFUND POLICY

1. Full refund for a cancelled class

2. You will receive a full refund if you cancel more than 5 business days before the start of the program.

3. You will receive a refund minus a \$10 administrative fee if you cancel less than 5 business days before the start of a program.

4. All refunds will be issued in the form of a check. Credit card service fees will be refunded back to the credit card.

TABLE OF CONTENTS

VETERANS POOLPAGE 5
PATTON PARKPAGE 10
SATURDAY SERIES*PAGE 17
LATE WINTER*PAGE 18
NO SCHOOL DAYS*PAGE 21
APRIL VACATION *PAGE 22
PRESCHOOLPAGE 23
YOUTH SPORTS AND FITNESSPAGE 28
YOUTH ENRICHMENTPAGE 32
YOUTH SUMMERPAGE 34
ADULTPAGE 36
*REGISTRATION IS CURRENTLY OPEN

WWW.HWRECREATION.COM

Please visit our website to browse activities, register for classes and view any new announcements

HOW TO REGISTER

Step 1: Visit www.hwrecreation.com and create a user name and password

Step 2: Search and select activities and add them to your on-line cart

Step 3: Pay on-line with credit card* or print and mail form to the Rec. Dept. *PLEASE NOTE WE ONLY ACCEPT CREDIT CARDS OR CHECKS. NO CASH.

*All Refunds will be issued in the form of a check. Service fees will be refunded back to the credit card in full.

If you do not wish to register on-line, we have two other options for registration

Walk-In:

Recreation Center 16 Union St., Hamilton MA Hours on page 2 Mail to:

HW Recreation Department 16 Union Street Hamilton, MA 01982

REGISTER EARLY!!

Registration for MOST programs will close 1 week prior to the first class. Please register early to ensure your spot!

TEXT ALERTS!!

If you wish to receive text alerts regarding activities please opt in your account for mobile alerts.

Important Pool Information

CONTACT INFORMATION

Recreation Office: (978) 468-2178 (prior to pool opening) Pool Office: (978) 626-5270

MEMBERSHIP REGISTRATION

Memberships are ONLY available to residents of Hamilton or Wenham. Registration will open starting on Monday, March 2nd. Memberships may be made online, in person, or over the phone. If the membership is not purchased in person, arrangements must be made with the Recreation Department to receive your passes.

MEMBERSHIP CARDS CANNOT BE PURCHASED AT THE POOL

MEMBERSHIP CARDS

Membership cards must be brought to the pool to gain access. Please make sure to bring YOUR own card and not someone else's. Staff may seek further information from the membership holder if deemed necessary.

PAYMENT

Memberships can be purchased via check or credit card, drop in fees can be paid at the pool by cash or check. Credit Card/ ATM transactions are unavailable at the pool.

REFUND POLICY MEMBERSHIPS

In order to receive a refund on a membership participants must cancel at least 2 weeks prior to the opening of the pool

NON-RESIDENTS

Non-Residents may not enter the pool unless they are accompanied by a resident with a guest pass. Information on how to obtain a guest pass is in the membership page

WEATHER CLOSURES

The Pool will close immediately at the first sign of lightning, thunder or severe weather and remain closed for at least 30 minutes. The pool will not re-open until 30 minutes has passed without any additional sign of lightning, thunder or severe weather. During this time patrons will not be allowed to remain within the pool enclosure.

HEALTH AND SAFETY CLOSURES

In the event the pool water chemistry fails to comply with state regulations the pool will be closed to bathers until the water chemistry is brought back into compliance. Please make sure to take a cleansing shower before entering the pool.

EMERGENCY PROCEDURES

In the event of an injury or missing person, please notify the Pool Office immediately.

Returning Membership Holders

Membership cards purchased previously will be automatically activated if a membership is purchased for this season. A new membership card is only needed for first time membership holders.



VETERANS POOL

Open Swim Hours of Operation

(Swimmers Must Exit Water 15 minutes Prior to Close)

June 13th - June	
Monday - Friday	2:00pm - 7:00pm
Saturday	11:00am - 7:30pm
Sunday	11:00am - 6:30pm
June 29th - August 2	3rd (Regular Season)
Monday - Friday	12:30pm- 7:30pm
Saturday	11:00am - 7:30pm
Sunday	11:00am - 6:30pm
August 24th - Augu	st 30th (Post Season)
Monday - Friday	2:00pm - 7pm
Saturday - Sunday	12:30 - 7pm

The schedule for the 4th of July, and August 31st - September 7th will be released at a later date.

POOL RENTALS

The Recreation Department will be renting out the pool on Sunday evenings between 6:30 - 8:00pm, please contact the office if you are interested. Prices will vary depending on the size of your group and the number of lifeguards needed. If space and/or staffing is available more than one group may rent the pool on the same date.



VETERANS MEMORIAL POOL FEES

MEMBERSHIPS RESTRICTED TO HAMILTON WENHAN	A RESIDENTS
MEMBERSHIP TYPES	PRICE
ANY FOUR (4) HOUSEHOLD This membership includes up to 4 people living in the same household. (Max 2 Adults, 18+) Each additional person is \$20.	\$190
INDIVIDUAL ADULT MEMBERSHIP Membership includes 1 person over the age 18 or older	\$70
INDIVIDUAL YOU'TH MEMBERSHIP Membership includes 1 person between the ages of 3–17	\$60
INDIVIDUAL SENIOR/ VETERAN MEMBERSHIP Membership includes 1 person over the age of 60 or a Veteran	\$40
CAREGIVER PASS The Caregiver Pass can only be purchased by a Family or Individual Membership bolder. The Caregiver Pass can only be used by someone accompanying a member of hat particular membership. The Caregiver Pass can be used by any number of indi- viduals (non-resident included), by one individual per visit	\$45
GUEST PASS A Guest Pass can ONLY be purchased by residents. Guests can only attend the pool with someone who is a resident. Guest passes are sold as either a one time visit or a pack of three. Non-Residents may be admitted to the pool with a guest pass. Maximum 3 guests per visit.	\$10/1 \$25/3
VETERANS MEMORIAL POOL DAILY FEES (FAMILY	(CAP \$25)
TYPES	PRICE
AGES 2 AND UNDER	FREE
AGES 3 -17	\$8
AGES 18 - 59	\$9
SENIORS (60+)	\$5

VETERANS POOL

978-468-2178 www.hwrecreation.com

FREE SENIOR SWIM A & B BURGERS DAY Every Sunday during the season Hamilton and Wenham Seniors Join us on opening day at the pool!!! A& B Burgers will be on (60+) will have free access to the pool from 10am - 11am. site from 12 - 3pm cooking up some delicious burgers for those that wish to purchase. AGES: 60+ **DATES:** Sundays, June 14th - August 29th DATE: TBD TIME: 10:00am - 11:00am TBD TIME: **COST:** Free **LOCATION:** Veterans Memorial Pool FREE A&B BURGERS **SUNDAE SPLASH FLOAT FRIDAYS** Spend an afternoon at the pool enjoying a make your own sun-Every Friday between 4pm and 6pm pool staff will place a large dae courtesy of Cherry Farm Creamery. number of floats in the pool for guests to enjoy. TIME: Date & Time to be announced at a later date TIME: Fridays, 4pm - 5pm



INTERESTED IN WORKING AT THE POOL THIS SUMMER?

The Recreation Department is accepting applications for Lifeguards.

Please complete the Town of Hamilton New Hire Form and return to the Recreation Department Office.

Information can be found on our website www.hwrecreation.com or by contacting Sean Timmons at stimmons@hamiltonma.gov or 978-468-2178

www.hwrecreation.com

ADULT/CHILD SWIM LESSONS

For Children age 6 mos.-2 years who want to explore the water with a parent or guardian. The focus of this class is water exploration. Children will explore splashing, kicking, and blowing bubbles with the use of toys, games and songs.

Weekday classes meet Monday through Thursday for 2 weeks.

Ages:	Dates:	Time:	Location:	Fee:
6 mos 2 yrs	Session 1: Monday, June 29th - Thursday, July 9th	9:15am - 9:45am	Veterans Pool	\$85/Res \$100/Non-Res
6 mos 2 yrs	Session 2: Monday July 27th - Thursday, August 6th	9:15am - 9:45am	Veterans Pool	\$85/Res \$100/Non-Res
6 mos 2yrs	Saturdays, June 27th - August 22nd* * No Class 7/4	9:00am - 9:30am	Veterans Pool	\$85/Res \$100/Non-Res

PRESCHOOL SWIM LESSONS

Preschool Beginner : Children age 3-5 who have little to no experience in the water, who require flotation to swim. Instructors will work on basic swimming skills such as paddling, kicking and blowing bubbles.

Preschool Advanced: Children age 3-5 who can comfortably swim without flotation for a least 5-10 yards. Children will work on basic stroke development such as front crawl, backstroke & rhythmic breathing.



Weekday classes meet Monday through Thursday for 2 weeks. Children will be divided into groups based on their ability on the first day of class.

Ages:	Dates:	Time:	Location:	Fee:
3-5	Session 1: Monday, June 29th - Thursday, July 9th Session 1A: Monday, June 29th - Thursday, July 9th	9:15am - 9:45am 1:20pm - 1:50pm	Veterans Pool	\$85/Res \$100/Non-Res
3-5	Session 2: Monday, July 13th - Thursday, July 23rd	9:15am - 9:45am	Veterans Pool	\$85/Res \$100/Non-Res
3-5	Session 3: Monday, July 27th - Thursday, August 6th Session 3A: Monday, July 27th - Thursday, August 6th	9:15am - 9:45am 1:20pm - 1:50pm	Veterans Pool	\$85/ Res \$100/Non-Res
3-5 Session 4: Monday, August 10th - Thursday, August 20th		9:15am - 9:45am	Veterans Pool	\$85/Res \$100/Non-Res
3-5 Saturdays, Session 1: June 27th - August 22nd* Saturdays, Session 1A: June 27th - August 22nd* * No Class on 7/4		10:30am - 11:00am 11:00am - 11:30am	Veterans Pool	\$85/Rec \$100/Non- Res

YOUTH SWIM LESSONS

Youth Beginner Swim Lesson: Children age 6-12 who have little to no experience in the water, who require flotation to swim. Instructors will work on basic swimming skills such as paddling, kicking, putting face in the water and blowing bubbles.

Youth Advanced Swim Lesson: Children age 6-12 who can comfortably swim without flotation for at least one length of the pool. Children will work on stroke development for front crawl, backstroke, breaststroke as well as rotary breathing.

Ages:	Dates:	Time:	Location:	Fee:
6-12	Session 1: Monday, June 29th - Thursday, July 9th	9:15am - 9:45am	Veterans Pool	\$85/Res \$100/Non-Res
6-12	Session 2: Monday, July 13th - Thursday, July 23rd Session 2A: Monday, July 13th - Thursday, July 23rd	9:15am - 9:45am 1:20pm - 1:50pm	Veterans Pool	\$85/Res \$100/Non-Res
6-12	Session 3: Monday, July 27th - Thursday, August 6th	9:15am - 9:45am	Veterans Pool	\$85/ Res \$100/Non-Res
6-12 Session 4: Monday, August 10th - Thursday, August 20th Session 4A: Monday, August 10th - Thursday, August 20th		9:15am - 9:45am 1:20pm - 1:50pm	Veterans Pool	\$85/Res \$100/Non-Res
6-12			Veterans Pool	\$85/Res \$100/Non-Res

PRIVATE/SEMI PRIVATE SWIM LESSONS

Children ages 3-12 of any skill level are eligible for private swim lessons. These lessons will consist of one instructor and no more than 2 children. Lessons are a half hour in length and meet 8 times. Lessons are available only during the times listed due to pool availability



Ages:	Dates:	Time:	Location:	Fee:
3-12	Session 1: Monday, June 29th - Thursday, July 9th	9:50am - 10:20am	Veterans Pool	\$115/Res \$130/Non-Res
3-12	Session 2: Monday, July 13th - Thursday, July 23rd	9:50am - 10:20am	Veterans Pool	\$115/Res \$130/Non-Res
3-12	Session 3: Monday, July 27th - Thursday, August 6th	9:50am - 10:20am	Veterans Pool	\$115/ Res \$130/Non-Res
3-12	Session 4: Monday, August 10th - Thursday, August 20th Session 4A:	9:50am - 10:20am	Patton Park Pool	\$115/Res \$130/Non-Res
3-12	Saturdays, Session 1: June 27th - August 22nd* Saturdays, Session 1A: June 27th - August 22nd * No Class on 7/4	9:30am - 10:00am 10:00m - 10:30am	Patton Park Pool	\$115/Res \$130/Non Res

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HURRICANES SWIM TEAM

The Hurricanes offer swimmers of all levels a chance to compete in a fun atmosphere as well as the opportunity to strengthen their swimming skills. Participants must be able to swim at least one length of the pool without stopping while demonstrating proficient front crawl stroke. Please note that your swimmers age bracket is determined base on their age as of July 1st! Registration fee includes a white practice cap and 1 team cap for swim meets. If you are new and need to purchase a team swim suit please contact Matt at Todd's Sporting Good in Beverly



HURRICANE SWIM TEAM PRE-SEASON PRACTICES & SWIM MEETS

Normal Swim Team practice hours will begin the week of June 29th. The team will have practice hours before this date which will be announced at a later time. The "pre-season" practice schedule will be dictated by the last day of school.

Swim Meets are typically held on Wednesday afternoons at 1pm with a 12:30pm warm-up. The meet schedule for 2020 will be released at a later date. Bus transportation is provided for all away meets.

Ages:	Dates:	Time:	Location:	Fee:
6 and Under	Monday June 29th - Friday August 14th	7:30am - 8:30am	Patton Park Pool	Members: \$130 Non-Mem: \$160
7-10	Monday June 29th - Friday August 14th	8:00am - 9:00am	Patton Park Pool	Members: \$130 Non-Mem: \$160
11-16	Monday June 29th - Friday August 14th	7:00am - 8:00am	Patton Park Pool	Members: \$130 Non-Mem: \$160

JR. LIFEGUARD PROGRAM

The Jr. Lifeguard program is designed for 14 & 15 who have an interest in aquatics. Participants will learn about water safety, rescue skills and techniques, and assist with swim lessons by shadowing our current lifeguard staff. Once registered our department will work on a schedule to fit your needs.

Ages:	Dates:	Time:	Location:	Fee:
14 & 15	TBD	TBD	Veterans Pool	\$25

www.hwrecreation.com

Important Park Program Information

CONTACT INFORMATION

Recreation Office: (978) 468-2178 (prior to pool opening) Park Office: (978) 626-5271

LOCATION

The Summer Park Program will be held at Patton Park. We will be utilizing the tennis courts, ball fields, playground, gazebo, and of course the POOL.

PATTON PARK SUMMER PROGRAM OFFICE HOURS

Recreation Department Staff will be available at the pool office from 8am - 9am, during the days of the program for any summer park program related office needs.

SWIMMING POOL ACCESS

Each group will have a minimum of 30 minutes of swim time each day. Swim time could increase based upon weather or specially planned activities. As part of the park registration fee the Tiny Tanks and Little Generals group will receive instructional/structured swim during their scheduled swim time All other groups will have free swim. If your child does not wish to swim they must stay with their group, staff will plan activities accordingly during the period. In order to swim in the deep end participants must pass a swim test administered by a lifeguard. Anyone who fails the swim test or chooses not to take it must swim in the shallow end or kiddie area. Lifejackets are available though participants may bring a personal flotation device if they wish.

PATTON PARK SESSIONS

Session 1: June 29th - July 2nd* (4 Days) Session 2: July 6th - July 10th Session 3: July 13th - July 17th Session 4: July 20th - July 24th Session 5: July 27th - July 31st Session 6: August 3rd - August 7th Session 7: August 10th - August 14th Session 8: August 17th - August 21st

ALL STAR AND JR. ALL STAR FIELD TRIPS

Session 1: Lazer Craze Session 2: Boston Pizza Tours Session 3: Lowell Spinners- Wed. 7/15 Session 4: Canobie Lake Park Session 5: Franklin Park Zoo Session 6: Water Country Session 7: Take Flight Adventure Park Session 8: Kimball Farms

INCLEMENT WEATHER POLICY

If heavy rain and/or severe weather is forecasted participants will be notified in the morning and the park program will be held at the Recreation Center and/or Community House In the instance that severe weather strikes while the program is at Patton Park, children will be escorted across the street to the Community House/Winthrop School for shelter.

PARENT MANUAL

All Parents/Guardians will receive a parent manual prior to the start of the program. The manual will provide parent with contact information, drop off and pick up locations, daily schedules, and all other pertinent information regarding the program.

FIELD TRIPS

The All stars and Jr. All stars will be going on weekly field trips, permission slips will be provided at the start of the week and be due before the field trip is set to leave. PLEASE NOTE, the field trips will extend the day beyond 1:15. Some field trips have the potential to return as late as 4:30 - 5pm. All Field Trips are on the Thursday of each week (unless otherwise noted).

WHAT TO BRING

Participants should bring a lunch, snack, bathing suit, flotation device (if needed), tennis racket, sun tan lotion and plenty of water. ***Patton Park Summer Program is Nut Free**

PARK WEEKLY THEMES

Session 1: Holiday Week Session 2: Superhero Week Session 3: Sports Week Session 4: Carnival Week Session 5: Animal Week Session 6: Water Week Session 7: Science and Magic Week Session 8: Color Wars

PARK WEEKLY ENTERTAINMENT

Session 1: Trunk or Treat Session 2: Inflatable Obstacle Course Session 3: Knucklebones/SportsZone Session 4: Carnival Session 5: Curious Creatures Session 6: Inflatbale Water Slide Session 7: Magician Session 8: Make Your Own Sundaes

TINY TANKS (ENTERING PRE-K)

Participants must be 4 years old to attend

This program will be geared to our younger participants and feature arts and crafts, free play, sports games, and movement activities. All participants will receive instructional swim during their swimming time.

Grade Entering	Session	Time:	Location:	Fee:
Pre-K	Session 1	8:45am - 1:15pm	Patton Park	\$92
Pre-K	Session 2-8	8:45am - 1:15pm	Patton Park	\$115
Pre-K	All Session	8:45am - 1:15pm	Patton Park	\$840



LITTLE GENERALS (ENTERING K)

The Little Generals program provides supervised, safe and fun programming for children. It is our goal for each child to create great park memories by providing an active outlet for both physical and social needs. Participants will engage in activities such as arts & crafts, swimming, tennis, sports, and weekly special events. Participants receive instructional and some free swim during their swim time.



Grade Entering	Session	Time:	Location:	Fee:
K	Session 1	8:45am - 1:30pm	Patton Park	\$87
K	Session 2-8	8:45am - 1:30pm	Patton Park	\$108
К	All Session	8:45am - 1:30pm	Patton Park	\$789

FROG CATCHERS (ENTERING 1ST GRADE)

This program incorporates sports & games, arts & crafts, swimming, tennis and more into a day of laughing, friends and memories. Children will enjoy open swim during their swim time., flotation devices will be made available at the pool if needed.

Grade Entering	Session	Time:	Location:	Fee:
1st	Session 1	8:45am - 1:30pm	Patton Park	\$87
1st	Session 2-8	8:45am - 1:30pm	Patton Park	\$108
1st	All Session	8:45am - 1:30pm	Patton Park	\$789



SWAMP DUCKS (ENTERING 2nd GRADE)

This program incorporates sports & games, arts & crafts, swimming, tennis and more into a day of laughing, friends and memories. Children will enjoy open swim during their swim time., flotation devices will be made available at the pool if needed.



Grade Entering	Session	Time:	Location:	Fee:
1st	Session 1	8:45am - 1:30pm	Patton Park	\$87
1st	Session 2-8	8:45am - 1:30pm	Patton Park	\$108
1st	All Session	8:45am - 1:30pm	Patton Park	\$789

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YOUNG EXPLORERS (ENTERING 3RD GRADE)

Let kids be kids! This program incorporates sports & games, arts & crafts, swimming, tennis and more into a day of laughing, friends and memories. Children will enjoy open swim during their swim time, flotation devices will be made available at the pool if needed.



Grade Entering	Entering Session Time:		Location:	Fee:
3rd	Session 1	8:45am - 1:30pm	Patton Park	\$87
3rd	Session 2-8	8:45am - 1:30pm	Patton Park	\$108
3rd	All Session	8:45am - 1:30pm	Patton Park	\$789

JUNIOR ALL STARS 4TH GRADE

This group is for children entering 4th grade in the fall. The Jr. All -Stars is a program that incorporates all the fun of the park program but also adds age appropriate field trips and activities each week. Participants will get at least 30 minutes of free swim time each day; all participants must pass a swim test to swim in the deep end.

Grade Entering	Session	Time:	Location:	Fee:
4th	Session 1	8:45am - 1:30pm	Patton Park	\$107
4th	Session 2-8	8:45am - 1:30pm	Patton Park	\$134
4th	All Session	8:45am - 1:30pm	Patton Park	\$978



JUNIOR ALL STARS 5TH GRADE

This program is for children entering 5th grade in the fall. The Jr. All -Stars is a program that incorporates all the fun of the park program but also adds age appropriate field trips and activities each week. Participants will get at least 30 minutes of free swim time each day; all participants must pass a swim test to swim in the deep end.

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	Grade Entering	
	5th	
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Grade Entering	Session	Time: Location:		Fee:
5th	Session 1	8:45am - 1:30pm	8:45am - 1:30pm Patton Park	
5th Session 2-8		8:45am - 1:30pm	Patton Park	\$134
5th	All Session	8:45am - 1:30pm	Patton Park	\$978

ALL-STARS (ENTERING 6TH & 7TH GRADE)

For children entering 6th or 7th grade in the fall the All -Stars is a program that incorporates all the fun of the park program but also adds age appropriate field trips and activities each week. Participants will get at least 30 minutes of free swim time each day; all participants must pass a swim test to swim in the deep end.

Grade Entering	Session	Time:	Location:	Fee:
6th & 7th	Session 1	8:45am - 1:30pm	Patton Park	\$107
6th & 7th	Session 2-8	8:45am - 1:30pm	Patton Park	\$134
6th & 7th	All Session	8:45am - 1:30pm	Patton Park	\$978



978-468-2178

EARLY MORNING DROP OFF

Staff will be available to supervise your children starting at 8am. Typically there will be one organized activity per day leading up to the start of the camp day. Early Morning Drop off will be located at the playground.

Grade Entering	Session	Time:	Location:	Fee:
K - 7	Session 1	8:00am - 8:45am	Patton Park	\$20
K - 7	Session 2-8	8:00am - 8:45am	Patton Park	\$25

PM PARK

Need child care coverage until 3:30pm? Try our PM Parksters Program. Children will engage in structured activities, open play, as well take a dip in the pool on hot days. Daily snacks are provided. Children participating in Tiny Tanks are not eligible for PM Parksters.

Grade Enter	ing	Session	Time:	Location:	Fee:
K - 7		Session 1	1:30pm - 3:30pm	Patton Park	Daily / \$14 Full Week / \$52
K - 7		Session 2-8	1:30pm - 3:30pm	Patton Park	Daily / \$14 Full Week / \$65

COMMUNITY HOUSE AFTER CARE

NEW in 2020!

The fun continues after the park at The Community House! Register for The Kids Community's NEW summer aftercare program, 3:30 - 6pm daily (TCH and HW Rec will coordinate the transition no need to worry about transportation).

Staffed by familiar TKC staff, tuition includes snack. Registration to open in February 2020 Contact Tracey Sacco, Program Director, for more info (tracey@communityhouse.org, 978-468-4818 x14)

Summer TKC After-Park Pricing* \$100 for 5 days \$85 for 4 days \$75 for 3 days \$50 for 2 days

*Registration for this program is made directly with The Community House



INTERESTED IN WORKING AT PATTON PARK THIS SUMMER?

The Recreation Department is accepting applications for Counselors. Please complete the Town of Hamilton New Hire Form and return to the Recreation Department Office.

Information can be found on our website www.hwrecreation.com or by contacting

Sean Timmons at stimmons@hamiltonma.gov or 978-468-2178

978-468-2178

C.I.T. PROGRAM

The CIT program is an educational program, with a curriculum designed to develop the people and technical skills necessary to be an effective camp counselor. All CIT applicants should be interested in working with children and possess maturity, flexibility, a strong work ethic, and the ability to have fun.

Age:	Session:	Dates:	Time:	Location:	Fee:
13-15	1	June 29th - July 24th	8:45am - 1:30pm	Patton Park	\$87
13-15	2	July 27th - August 21st	8:45am - 1:30pm	Patton Park	\$108

C.I.T. PROGRAM + TEEN TRIPS

C.I.T.'S who wish to attend the teen field trips may do so by registering for this program. Trips are included in the total price and are discounted. Only trips within the session are included.

Age:	Session:	Dates:	Time:	Location:	Fee:
13-15	1	June 29th - July 24th	8:45am - 1:30pm	Patton Park	\$140
13-15	2	July 27th - August 21st	8:45am - 1:30pm	Patton Park	\$150

TEEN TRIPS

Participants will attend supervised field trips throughout the area.

Breakout Games & Pizza (Woburn, MA)

Participants will need to work together in order to "escape" one of many rooms that Breakout Games has to offer. After we will heads to a local pizza joint for lunch.

Funtown Splashtown (Saco, ME)

Participants will be able to explore both the water park and ride park in what is sure to be a fun filled day.

Apex Entertainment (Marlborough, MA)

Participants will get 1 hour of bowling, 30 minutes of arcade time, and a choice of laser tag, ropes course, or Bumper Cars)

Take Flight Adventure Park (Kittery, ME)

Participants will need to work together to navigate Take Flight's Aerial Adventure Park.

Grades:	Dates:	Trip	Departure Time	Fee:
7-9	Tuesday, July 7th	Breakout Games & Prince Pizza	9:30am	\$60
7-9	Tuesday, July 21st	Funtown Splashtown	8:00am	\$70
7-9	Tuesday, August 4th	Apex Entertainment	9:00am	\$65
7-9	Tuesday August 11th	Take Flight Adventure Park	8:45am	\$75

www.hwrecreation.com

APPLETON FARMS PRESCHOOL SERIES



Wednesday April 8th: Wool and Ewe (You)

We have three lovely Merino sheep at Appleton Farms. Alana, Aleah, and Molly are always up for visitors. Children will spend time with our Carriage Barn sheep, goats, and chickens. During this program, children will herd balloon sheep and learn to shear our pretend sheep.

Wednesday April 15th: Cow'abunga!

Cows are very important at Appleton Farms. The Cow'abunga program will walk children through the process of milking the Jersey cows as we spend time in the dairy barn and with the calves. Children will get a chance to milk June, our wooden Jersey cow teaching tool. After, children will make butter with local cream.

Wednesday April 29th: The Buzz about Bees

Pollinators are essential community members. The Buzz about Bees program will teach children the steps of pollination and nectar collection through hands on activities. Children will pretend to be bees and collect pollen off flowers. After, the children will collect nectar from flowers and then deposit that nectar into the hive. At the end, children will take home bee-friendly flower seeds to grow in their yards!

Ages:	Dates:	Time:	Location:	Fee:
3-5	Wednesdays, May 6th, 13th & 20th	9:30am - 10:30am	Appleton Farms 210 County Rd Ipswich	\$40

LITTLE SCHOLARS: SCIENTIST IN TRAINING

Take a dash of engineering and a sprinkle of earth science, toss it together with some fun and games, and you have this STEAM-based class. Scientists will explore the different worlds of science through weekly take home creations such as pizza gardens and rockets. Join us for this exciting journey into the world of science.

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
3-5	Tuesdays, May 5th - June 9th* * No Class 4/23	10:00am - 11:00am	Recreation Center	\$120

STEVE NUGENT'S KARATE INSTITUTE: LITTLE DRAGONS KARATE

This class teaches proper stance, breathing, stretching, discipline, confidence and practical self defense. All uniforms and belts are included in the class.

9 Weeks

Ages:	Dates:	Time:	Location:	Fee:
3-5	Thursdays, May 7th - June 25th* * No Class 4/23	4:00pm - 4:30m	Recreation Center	\$152

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LITTLE SCHOLARS: ROCK N ROLL CLUB

We are looking for the next rock and roll star! We will jam out with handmade instruments, learn hip songs and dance the class away. Your rocking scholars will build their social skills, gross motor and fine motor skills. We will show off our moves at a final performance!

6 Weeks



Ages:	Dates:	Time:	Location:	Fee:
3-5	Thursdays, May 7th - June 11th* * No Class 4/23	10:00am - 11:00am	Recreation Center	\$105

MINI MOVERS: STORY MOVEMENT

Encouraging the love of reading and dance! Each class a new story is selected and read to students. Children then learn creative movement that correlates to the story. Moving as characters and dancing to music inspired by the book, children will love bringing books to life!

Dress Code: Ballet slippers; leotard/tights/skirt/leggings/form fitted shirt

6 Weeks



	Dates:	Time:	Location:	Fee:
2-5	Wednesdays, May 6th - June 17th* * No Class 5/20	10:00am - 10:45am	Recreation Center	\$87

CREATIVE MOVEMENT

A fun filled introduction to dance, with an emphasis on developing each child's creativity, musicality, rhythmic and movement skills.

6 Weeks

Instructor: Samia De Simone

Ages:	Dates:	Time:	Location:	Fee:
3-4	Saturdays, May 9th - June 20th* * No Class 5/23	9:45am - 10:30am	Recreation Center	\$130



SPORTSZONE 101: LITTLE BIG LEAGUERS

Come join the Sports Zone 101 coaches as we teach the basic skills and movements needed to play baseball. This is a great program to help prepare your child for their upcoming T-Ball season. We will instruct all kids on how to hold the bat correctly, hit the ball off a tee, field a ball, throw a ball, and learn how to become an awesome teammate! We will spend time getting to know each other, learn more about the way our bodies move, and explore new ways to stay active and have fun doing it! We will help develop your child's sensory and gross motor skills in our exciting 3-5 year Little Big Leaguer program

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
3-5	Fridays, May 8th - June 19th* * No Class 5/22	3:15pm - 4:15pm	Recreation Center	\$94
	* No Class 5/22			

MINI TENNIS

Our Mini Tennis programs for ages 3 - 5 is conducted on a smaller court, using a red, low compression ball, which is slower and lower bouncing than a traditional Tennis ball. This adaptation allows players to develop their game in a safe and successful way, whilst ensuring fun for all! This program will teach the basic shot mechanics along with developing children's coordination and fundamentals of movement. All lessons are conducted using a variety of high energy, fast paced, fun games, designed to capture the attention of children this age ensuring maximum fun for your budding Tennis champ! All equipment is provided although players are welcome to bring their own racket if they would like!

6 Weeks

Instructor: Jeff Rucker

Ages:	Dates:	Time:	Location:	Fee:
3-5	Sundays, May 10th - June 19th*	9:00am - 10:00am	Patton Park Tennis Courts	\$90
	* No Class 5/24			

KNUCKLEBONES: MICRO WHEELS

Micro Wheels teaches the fundamentals of riding a bicycle without training wheels! Each class your Knucklebones coach will bring in a variety of unique wheeled and non-wheeled products to help build gross motor skills, balance and confidence. New activities each week will be introduced with wheeled vehicles. Other activities will include balancing stones, street signs and obstacle courses! Proper sneakers and long pants required.

6 Weeks

1	Ages:	Dates:	Time:	Location:	Fee:
2		Sundays, May, 10th - June 21st* *No Class 5/24	10:45am - 11:35am	Recreation Center	\$79



PRESCHOOL YOGA & MINDFULNESS IN THE PARK

This program helps teach children to find ways to relax naturally while having fun at the same time! Kids learn basic yoga poses that increase strength, flexibility and focus. We will practice meditation techniques and mindfulness through creative games, breath work and visualization. Yoga mats, water and peanut free snack included.

6 Weeks

Instructor: Sheena Muse

Ages:	Dates:	Time:	Location:	Fee:
2-5	Tuesdays, May 5th - June 9th	11:00am - 11:45am	Patton Park	\$111

PRE-K KIDS TEST KITCHEN

This cooking program is especially designed for our Pre-K friends! Each week, we'll work together to prepare fun snacks, entrées, and side dishes whose key ingredients are known to be really good for us! At the end of class your aspiring chef will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned! Each session arrives with fresh new recipes and ideas to inspire your healthy eater! Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe. *Please disclose any food allergies at registration time.

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
3-5	Fridays, May 8th - June 12th	11:00am - 12:00pm	Recreation Center	\$109

KNUCKLEBONES LIL' NINJAS

Knucklebones newest class! A mixture of movement and gross motor (similar to micro athletics but a lot of running, jumping, obstacle courses, etc.). Each week will be something different, imitating a mini American Ninja Warrior course.

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
2-4	Mondays, May 11th - June 22nd* * No Class 5/25	10:00am - 10:50am	Recreation Center	\$79

SUPER SOCCER STARS

At Super Soccer Stars it is our goal to teach soccer skills in a fun, non competitive, educational environment. Our philosophy is to use soccer to nurture and develop self confidence and to develop teamwork in every class. Our specially designed curriculum uses positive reinforcement and a low child to coach ratio to ensure that each child improves at his or her own rate while having endless fun!

No Equipment required. Many of the older children will wear cleats.

7 Week Sessions



Ages:	Dates:	Time:	Location:	Fee:
1-2	Sundays, May 10th - June 28th* * No Class 5/24	8:15am - 8:55am	Fairhaven Field	\$130
2-3	Sundays, May 10th - June 28th* * No Class 5/24	9:00am - 9:40am	Fairhaven Field	\$130
3-4: Slot 1	Sundays, May 10th - June 28th*	9:45am - 10:35am	Fairhaven Field	\$130
3-4: Slot 2	Sundays, May 10th - June 28th * No Class 5/24	10:40am - 11:25am	Fairhaven Field	\$130

IRON RAIL GYMNASTICS: TUMBLING STARS

All equipment used in this program is age appropriate and tailored to the size of preschool age children. The children participate in activities that develop strength, flexibility, coordination and listening skills. The use of games, music, balls, hoops and small obstacle courses, in addition to preliminary skills taught on the gymnastics equipment, creates a unique atmosphere for learning.

Age	es:	Dates:	Time:	Location:	Fee:
4-5	5	Wednesdays, May 8th - June 24th	1:30pm - 2:15pm	Iron Rail Gymnastics	\$154

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www.hwrecreation.com

SPORTSZONE 101: WEDNESDAY HALF DAY TOURNAMENT OF CHAMPIONS PROGRAM

Looking for an active after school program for your child? Check our Sportszone 101's new half day program! In this action packed program, children will participate in a variety of games, such as street hockey, soccer, football, dodgeball, basketball, wiffleball, and many others! In addition to learning the fundamentals of these sports, we will have exciting discussions about current events in sports, learn the importance of maintaining a healthy active lifestyle, and reinforce in-class learning using sports cards and prizes. Each participant will receive a daily sports prize. Class will not run on any snow days that school is closed for.

PIZZA ON LAST WEDNESDAY OF THE SESSION!

*BUS SPOTS ARE LIMITED SO PLEASE REGISTER EARLY IF YOU WANT A SPOT ON THE BUS.





Ages:	Dates:	Time:	Location:	Fee:
5-11	Wednesdays, May 13th- June 17th	1:00pm - 3:00pm	Recreation Center	\$129

STEVE NUGENT'S KARATE INSTITUTE: KARATE

This program provides introductory karate skills, teaches proper stances, breathing, stretching, self-discipline, coordination and practical self defense. All uniforms and belts are included.

9 Weeks



Ages:	Dates:	Time:	Location:	Fee:
5-8	Thursdays, May 7th - June 25th* * No Class 4/23	4:30pm - 5:15pm	Recreation Center	\$152
9-14	Thursdays, May 7th- June 25th* * No Class 4/23	5:15pm - 6:00pm	Recreation Center	\$152

www.hwrecreation.com

SPRING YOUTH SPORTS AND FITNESS

YOUTH RUNNING CLUB

Want to learn to run, improve your running, or just stay active this fall? Would you like to train for a fall race? Join us for a FUN running program that will focus on proper warm-up, running technique, cool down, and stretches. We will utilize many games and age appropriate running activities to make you an all-around better athlete. Bring a water bottle and appropriate sneakers for running. The Youth Running Program is for boys and girls. T-Shirt included. Parent volunteers are welcome to join us.

6 Weeks

Instructors Eileen Tran & Stacey Labell



Ages:	Dates:	Time:	Location:	Fee:
6-12	Tuesdays, May 5th - June 9th	3:30pm - 4:30pm	Patton Park	\$20

PRE-BALLET

An introduction to the fundamentals of classical ballet. The children will be guided and encouraged to explore and achieve their own unique potential and personal expression in a positive learning environment. The program will meet the levels of individual need and aspire to increase self-confidence, creativity and knowledge of how arts and dance can positively influence a young child's life.

6 Weeks

Instructor: Samia De Simone

Ages:	Dates:	Time:	Location:	Fee:
3-4	Saturdays May 9th- June 20th* * No Class 5/23	10:30am - 11:30am	Recreation Center	\$130



ON SITE ARCHERY: ARCHERY

During this program participants will learn to shoot a bow and arrow in this Olympic archery development program. Classes are taught by a certified archery instructor. All equipment is provided. Students will progress at their own pace.

5 Weeks

Ages:	Dates:	Time:	Location:	Fee:
10+	Saturdays, May 9th - June 6th* *No Class 5/23	8:00am - 9:00am	Recreation Center	\$105

SPRING YOUTH SPORTS AND FITNESS

978-468-2178

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SPORTS ZONE 101: NERF RIVAL BATTLEGROUND

Come test your individual and team effectiveness as a participant in our NEW Nerf RIVAL Battlegrounds! It features high-performance, high-speed Nerf blasters that are perfect for competitive, team-based play. If you have ever wanted to try out Paintball, this is a great, safe alternative! The RIVAL blasters use squishy

Nerf pellets, which is perfect for competitive gaming because players can feel when they get hit, but the pellets don't hurt like Paintball or Airsoft. This awesome program puts a fresh spin on traditional games like Capture the Flag, King of the Hill, and Zone Wars, while also allowing participants to get great exercise, learn strategic planning skills, and make new battle-tested friends. Participants will play different games throughout the day, with individual and team-based challenges, so there is always something new and exciting to strive for. We will also have all sorts of obstacles for the students to interact with, so they never know what to expect! There will be no shortage of fun in this program, and we

provide all the necessary supplies, so join the excitement today!

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
7-11	Friday, May 8th - June 19th* * No Class 5/22	4:30pm - 5:30pm	Recreation Center	\$99

YOUTH TENNIS LESSONS

This program will teach the basic shot mechanics along with an introduction to match play and the rules of Tennis! All lessons are conducted using a variety of high energy games and drills, designed to improve the game of your future Tennis star! All equipment is provided although players are welcome to bring their own racket if they would like!

6 Weeks

Instructor: Jeff Rucker

Ages:	Dates:	Time:	Location:	Fee:
6-8	Sundays, May 10th- June 21st* * No Class 5/24	10:00am - 11:00am	Patton Park Tennis Courts	\$90
9-12	Sundays, May 10th- June 21st* * No Class 5/24	11:00am - 12:00pm	Patton Park Tennis Courts	\$90

KIDS YOGA & MINDFULNESS IN THE PARK

This program helps teach children to find ways to relax naturally while having fun at the same time! Kids learn basic yoga poses that increase strength, flexibility and focus. We will practice meditation techniques and mindfulness through creative games, breath work and visualization. Yoga mats, water and peanut free snack included.

6 Weeks

Instructor: Sheena Muse

Ages:	Dates:	Time:	Location:	Fee:
6-12	Wednesdays, May 6th - June 10th	1:00pm - 2:00pm	Patton Park	\$111

www.hwrecreation.com



SPRING YOUTH SPORTS AND FITNESS

ROWLEY COUNTRY CLUB: GOLF LESSONS

Rowley Country Club wants to help the future of golf become great. We are teaching juniors the game of golf starting with the 5 fundamentals – Grip, Stance, Posture, Alignment, Ball Position, and the 6th unsung fundamental, Balance. The staff will be going over rules, safety, and etiquette; and even a little bit of competition, in addition to the 5 fundamentals. Dress code for participants: Boys must wear shirts with sleeves and Girls must wear shirts with either sleeves or collars. Golf shoes with soft spikes or sneakers are the only acceptable form of footwear.

Golf is a great lifelong sport, and we encourage kids to start learning young.

4 Weeks



Grades:	Dates:	Time:	Location:	Fee:
3-5	Thursdays, May 7th - May 28th	3:50pm - 4:50pm	Rowley Country Club	\$78

SPORTSZONE 101: FLAG FOOTBALL

Participants will rotate through different flag football games each week, playing different positions to help build skills and confidence on the field. All kids will learn the proper technique of playing and will also be given flags and flag belt for games. Most games will take on in a 3 vs 3 and 5 vs 5 style game each week based on enrollment. Kids should wear comfortable running shoes!

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
6-11	Wednesdays, May 13th - June 17th	3:15pm - 4:15pm	Recreation Center	\$99

KNUCKLEBONES: INTRO TO SKATEBOARDING

Designed for beginner skateboarders with little to no experience, this class teaches fundamental skateboarding tricks and skills. Concentrating on balance, turning, accelerating, stopping, transitions, dropping in, Ollies, and a variety of other skills, we not only teach tricks but help participants develop confidence to apply them on their own. Proper safety equipment (helmet, knee and elbow pads, and wrist guards) and skateboards are required. For those that can't bring them, they will be provided but you must let us know upon registration. Participants must keep all safety gear on at all times and wear athletic shoes.

Ages:	Dates:	Time:	Location:	Fee:
7-13	Saturday, June 6th	10:00am - 1:00pm	Pingree Park	\$39

SPRING YOUTH ENRICHMENT

APPLETON FARMS: FARM TO TABLE COOKING

Each week kids will explore a different aspect of farm to table cooking, from the cheese kitchen to the fresh veggies, and learn about where our food comes from! Kids will practice their cooking skills by using local ingredients to create delicious recipes each week.

4 Week Session



Ages:	Dates:	Time:	Location:	Fee:
6+	Wednesdays, May 6th-May 27th	1:30pm - 3:00pm	Appleton Farms 210 County Rd Ipswich	\$42

MINI MOVERS: MUSICAL THEATRE



Get your mini mover ready for Broadway! This genre of dance encompasses various movement styles-such as Jazz, Ballet and Hip Hopwhile adding true theatrical flair. Dancers will learn choreography to songs from popular musicals while learning about performance quality and acting while dancing! *no singing required!

Dress code: Jazz Shoes, Form fitted outfit (leotard/tights/leggings/fitted shirt)

6 Weeks

Grades:	Dates:	Time:	Location:	Fee:
K-2	Mondays, May 4th - June 15th* * No Class 5/25	3:45pm - 4:30pm	Recreation Center	\$87
3-5	Mondays, May 4th - June 15th* * No Class 5/25	4:30pm - 5:30pm	Recreation Center	\$99

NORTH SHORE GLASS SCHOOL: FUSED GLASS

BACK BY POPULAR DEMAND! Make your very own fused glass projects! Learn how to make beautiful handmade glass earrings, pendants, bowls, platters, clocks, picture frames and more! In this class, students will learn how to cut, arrange and secure the glass in custom patterns and designs. Their creations will be fused in our kiln and returned the following week. On average students make 12- 14 projects during the program. North Shore Glass School brings their mobile classroom to us!

6 Weeks



Ages:	Dates:	Time:	Location:	Fee:
8-12	Fridays, May 8th - June 26th	4:00pm - 5:00pm	Recreation Center	\$172

NORTH SHORE NATURE PROGRAMS: EXPLORING NATURE

Get Outside and Explore! - Spring into Spring by exploring all the nature that Patton Park has to offer! During this engaging, 1 hour program, students will play nature-based games and activities while also having plenty of time for open exploration. Since many of our local animals begin to stir in Spring, we will be sure to catch frogs, dragonflies, and look for signs of more elusive animals such as fox and deer. Your child will return home excited, dirty, and with a story to tell! (We will head outside in all but the worst weather. Please make sure your child is dressed appropriately!)

6 Weeks

А	Ages:	Dates:	Time:	Location:	Fee:
5.	-8	Tuesdays, May 5th - June 9th	3:30pm - 4:30pm	Patton Park	\$69

KIDS TEST KITCHEN

Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, we'll slice, dice, peel, measure, and cook until we've prepared the finished dish. This winter we'll celebrate ingredients that will warm your bones on a cold day and offer ideas for quick and healthy dishes for the family to enjoy together. At the end of class your aspiring chef will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned! Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staving safe. *Please clearly disclose all food allergies and/or dietary restrictions upon registration

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
6-11	Mondays, May 4th - June 15th* * No Class 5/25	3:45pm - 4:45pm	Recreation Center	\$109

SUPER SOCCER STARS

At Super Soccer Stars it is our goal to teach soccer skills in a fun, non competitive, educational environment. Our philosophy is to use soccer to nurture and develop self confidence and to develop teamwork in every class. Our specially designed curriculum uses positive reinforcement and a low child to coach ratio to ensure that each child improves at his or her own rate while having endless fun! No Equipment required. Many of the older children will wear cleats.

2 Four Week Sessions

Ages:	Dates:	Time:	Location:	Fee:
1-2	Session 1: Sundays, July 12th - August 2nd	8:15am - 8:55am	Fairhaven Field	\$76
	Session 2: Sundays, August 9th - August 30th			
2-3	Session 1:Sundays, July 12th - August 2nd	9:00am - 9:40am	Fairhaven Field	\$76
	Session 2: Sundays, August 9th - August 30th			
3-4	Session 1: Sundays, July 12th - August 2nd	9:45am - 10:35am	Fairhaven Field	\$76
	Session 2: Sundays, August 9th - August 30th			
4-5	Session 1: Sundays, July 12th - August 2nd	10:40am - 11:25am	Fairhaven Field	\$76
	Session 2: Sundays, August 9th - August 30th			



N

KNUCKLEBONES: NINJA ATHLETICS

The fun doesn't end for your 4 year old when Patton Park ends! Join us for a fun filled four days of athletic games and ninja warrior courses! Children will enjoy two days of athletic games and two days of ninja warrior course activities. Please pack your child a nut free snack and plenty of water.

Ages:	Dates:	Time:	Location:	Fee:
4-5	Monday, August 17th - Thursday, August 20th	9:00am - 12:00pm	Pingree Park	\$132

SPORTSZONE: 101 FLAG FOOTBALL

We will be playing flag football together in a fun and safe environment. All kids will rotate through all positions to help build skills and confidence on the field. All kids will learn the proper technique of playing this game. All kids will be given a mouthpiece and flags will be provided for games. Friday will be used as a make up day.



Ages:	Dates:	Time:	Location:	Fee:
6-11	Monday, August 17th - Thursday, August 20th	9:00am - 12:00pm	Pingree Park	\$136

CHALLENGER BRITISH SOCCER CAMP

Challenger Sports' British Soccer Camp is the most popular soccer camp in the country. Hundreds of Challenger coaches each year have helped the company develop one of the most innovative approaches to coaching youth soccer in the US. Our experienced staff study the game at all levels and we have identified the key techniques and skills that your players need to work on and master to reach their true potential. Each day includes individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily World Cup tournament.

1 Week

Ages:	Dates:	Time:	Location:	Fee:
First Kicks: 3-5 yrs	Monday, August 17th - Friday, August 21st	8:00am - 9:00am	Fairhaven Field	\$89
Half Day: 6-14 yrs	Monday, August 17th - Friday, August 21st	9:00am - 12:00pm	Fairhaven Field	\$159
Full Day: 8-14 yrs	Monday, August 17th - Friday, August 21st	9:00am - 3:00pm	Fairhaven Field	\$216

YOU CAN AFFORD COLLEGE IF...

You PLAN in advance; you UNDERSTAND the financial aid process; you ACT early enough to be successful.

Financial Aid goes to the families who plan in advance - ideally before December 31st of the child's sophomore year of high school. This course will teach you the concepts and strategies that will help you maximize your financial aid by understanding the process, and how implementing strategies may increase a family's eligibility even if you have a "high income" or own a business. The greatest amount of financial aid goes to the families who act in the years before college. REMEMBER: Procrastination equals less financial aid. All



schools are not alike, so it is important to know your options and opportunities.

Ages:	Dates:	Time:	Location:	Fee:
Adult	Wednesday, May 6th	6:30pm - 8:30pm	Recreation Center	Free

ZUMBA GOLD®

Perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. How it works: The design of the class introduces easy to follow Zumba choreography that focuses on balance, range of motion and coordination. Come ready to sweat, and prepare to leave empowered and feeling strong. Class focuses on all aspects of fitness including cardiovascular, muscular conditioning, flexibility and balance.

6 Weeks

Instructor: Kim Crowley

Ages:	Dates:	Time:	Location:	Fee:
18+	Fridays, May 8th- June 12th	10:00am - 10:50am	Recreation Center	\$81

APPLETON FARMS: GARDENING

This program is designed to get older adults active in nature. Appleton Farms will provide outdoor access and gardening tools/supplies in efforts for older adults to spend more time outside.

4 Week Session

Ages:	Dates:	Time:	Location:	Fee:
55+	Wednesdays, May 6th, 13th, 20th, & 27th	12:30pm - 1:30pm	Appleton Farms 210 Country Rd Ipswich	\$66

GORDON COLLEGE BENNETT CENTER: LAP SWIM

Join us at Gordon College Bennett Center for open lap swimming. You must register with the Recreation Department to get your swimming pass. This pass allows you to lap swim during the days and times shown below. However, times may change due to the college's activity schedule. Please check with the Bennett Center for exact days and times. (Bennett Center 978-867-3737) Locker room and shower facilities are available. 20 VISIT PUNCH CARD WITH NO EXPIRATION DATE!

Ages:	Dates:	Time:	Location:	Fee:
18+	Pool Schedule Available on College Website	See Website		Resident: \$65 Non- Resident: \$80

GORDON COLLEGE BENNETT CENTER: WALKING PASS

Enjoy the Bennett Center walking track for free. Come take advantage of this great opportunity for indoor walking space. Please register at the Recreation Department to receive your FREE pass. Passes Expire September 2020

Ages: Dates:		Time:	Location:	Fee:	
18	}+	Monday, Wednesday, & Friday	9:30am - 11:30am	Beverly Athletic Club 7 Reservoir Road, Beverly	Free

GORDON COLLEGE BENNETT CENTER: WATER EXERCISE

Feeling sore when you wake up in the morning? Need a low impact way to work out? Join our water exercise class at Gordon College. This class is a great way to relieve stress and work out without causing undue pain to your body. Enjoy a morning in the pool getting back into shape! Locker rooms and shower facilities are available.

Ages:	:	Dates:	Time:	Location:	Fee:
18+		Tuesdays & Thursdays, March 17th - April 23rd		Bennett Center Gordon College	\$48

ADULT TENNIS LESSONS

This program will teach the basic shot mechanics along with an introduction to match play, strategy and the rules of Tennis! All lessons are conducted using a variety of high energy drills, designed to improve the your tennis game. All equipment is provided although players are welcome to bring their own racket if they would like!

6 Weeks

Instructor: Jeff Rucker

Ages:	Dates:	Time:	Location:	Fee:
18+	Sundays May 10th- June 21st* * No Class 5/24	12:00pm - 1:00pm	Patton Park Tennis Courts	\$90

ADULT PICKLEBALL

Similar to ping pong, badminton and tennis, it's a fun, active game that can be mastered by anyone from youth to senior citizens. Pickleball was created during the summer of 1965 and is currently the fastest growing sport in the United States. It is played on a badminton court with the net lowered to 34 inches, and uses a perforated plastic ball (similar to a whiffle ball) and wood or composite paddles

PICKLEBALL WILL MOVE OUTSIDE TO PATTON PARK THE WEEK OF MAY 4TH. OUTDOOR PLAY IS FREE BUT SAVE YOUR PUNCH CARDS FOR NEXT INDOOR SEASON!

BLACKOUT DATES INCLUDE: 3/2, 3/3, 3/16, 4/8, 4/9 4/20, 4/21, 4/22, 4/23 & 4/24

Level	Dates:	Time:	Location:	Fee:
Beginner	Tues./Thurs. Mar. 2nd- Apr. 30th	12:00pm - 2:30pm	Recreation Center	20 Punch Card: \$50 10 Punch Card: \$30
Advanced	Mon./Wed Mar. 6th - Apr. 29th	Mondays: 9:00am - 12:00pm Wednesdays: 10:30am - 12:30pm	Recreation Center	20 Punch Card: \$50 10 Punch Card: \$30
Open Play Fridays, March 6th- Apr. 24th		12:30pm - 2:30pm	Recreation Center	20 Punch Card: \$50 10 Punch Card: \$30
Skills & Drills	Wednesdays, Mar. 4th - Apr. 29th	9:00am - 10:30am	Recreation Center	20 Punch Card: \$50 10 Punch Card: \$30

R	ecreatio	n Registra	ation Fo	m	
	AMILTON-WER H W	NHAM RECREATIO 16 UNION STREET AMILTON, MA 0198 978-468-2178 /ww.hamiltonma.go	N DEPARTMEN	Г <u>For Of</u> Date	ffice Use Only
Last Name (participant)		First Name (participant)	Date of Birth &	Grade
Street Number	Town			Parents Name	
Home Phone	Home Phone W			Cell Phone	
Email		Emergency Contact		Phone #	
Activity Name	Day	Location	Class Time	Start Date	Fee
Activity Name	Day	Location	Class Time	Start Date	Fee
Activity Name	Day	Location	Class Time	Start Date	Fee

HAMILTON – WENHAM RECREATION DEPARTMENT CONSENT & RELEASE FORM

I, the undersigned, do hereby consent to the participation of_

(Name of Participant)

in voluntary athletic or recreational programs of the Hamilton/Wenham Recreation Department. I understand that the Hamilton/Wenham Recreation Department recommends that the participant undergo a complete physical before beginning participation. Any limitations on participation are listed below. I agree to forever release, acquit, discharge and covenant to hold hamless the Hamilton/Wenham Recreation Department and its employees, agents, board members, volunteers and any and all individuals and organizations assisting or participating in voluntary athletic or recreational programs of the Hamilton/Wenham Recreation Department (collectively the "Releasees") from any and all daims, rights of action and causes of action on account of or in any way arising out of, directly or indirectly, all known and unknown personal injuries or property damage which I may now or hereafter have in my individual capacity or, if the participant is my minor child or ward, as parent or guardian of said minor. I also agree to forever release, acquit, discharge and covenant to hold harmless the Releasees from any and all claims, rights of action and causes of action on account of or in any way arising out or, known personal injuries or property damage which action on account of or in any way arising out of, directly or indirectly, all known and unknown personal injuries or property damage which said minor. I also agree to forever release, acquit, discharge and covenant to hold harmless the Releasees from any and all claims, rights of action and causes of action on account of or in any way arising out of, directly or indirectly, all known and unknown personal injuries or property damage which said minor has or hereafter may acquire, either before or after he/she has reached his/her majority, resulting from his/her participation in a program of the Hamilton/Wenahm Recreation Department.

I understand that my or the minor's participation in these programs is voluntary and that the minor or I are free to choose not to participate in said programs. I have read this Consent and Release Form and I understand the contents of this form.

Periodically, the Recreation Department photographs/video tapes program participants for promotional use. Unless the participant/guardian informs us of their desire not to be photographed, the Recreation Department will use photographs/videotapes for their promotional purpose.

Signature of	Parent/Guar	l ian or AI	DULT	Participant

Hamilton-Wenham Recreation Department

16 Union Street Hamilton, MA 01982

(978) 468-2178

OFFICE HOURS

Monday	8:00 AM - 4:30 PM
Tuesday	8:00 AM - 6:30 PM
Wednesday	8:00 AM - 4:30 PM
Thursday	8:00 AM - 4:30 PM
Friday	8:00 AM - 12:30 PM