

HAMILTON-WENHAM RECREATION

# OUTDOOR & VIRTUAL SUMMER PROGRAMMING 2020

All outdoor programs follow state guidance

16 UNION ST. SOUTH HAMILTON, MA (978) 468-2178

Register at www.hwrecreation.com

## Summer 2.0

Though our department is disappointed that we are not operating things as usual this summer, we are excited to be able to offer a combination of in-person and virtual programming. In the time since the decision was made to cancel the Summer Park Program our department has worked hard to develop a listing of offerings that we feel are worthwhile but also stay within the new state restrictions.

Our department has developed a COVID-19 Operations Plan which can be viewed by visiting our website. This document contains information on our drop off/pick-up policy, pre-screening policy, face coverings policy, hand hygiene procedures, and all other relevant policies and procedures in place due to COVID-19.

Registration for all programming will close 1 week prior to the start of the class. unless noted in the class description. This will ensure that our department will be able to communicate with parents/guardians on all policies and procedures relevant to the specific program.

Emergency Information and Health Forms will be required for each of the participants, this form can also be found on our website. Also, each participant will need a signed pre-screening form each day, before being allowed into the program area, again this form can be found on our website.

All of these forms will be distributed to participations as part of our program communication.

Please feel free to reach out with any questions.

Sean and Danielle

## **Summer 2.0 Changes**

- New Programming
  - Shorter/Smaller Programs
  - Groups less than 12 (2 staff)
  - All Outdoors (Outdoor classrooms covered by tents at the Recreation Center)
- Resident only (in-person programs)
- Parents and Siblings must remain in car for pick up and drop off No visitors
- Required daily pre-screening check
- Staff and Participants required to have a mask and will wear them when keeping a distance of 6 or more feet is not possible.

## FAQ'S

## Registrations

#### Q: When does Registration open

A: Registration will open on Monday, June 22nd.

#### Q: Are non-residents allowed to register

A: No, residents are permitted to register for any of our department's virtual offerings. All "in-person" programming is available for residents of Hamilton or Wenham only.

#### Q: What is the cancellation policy

A: our cancellation policy will not change, if a program is cancelled due to low enrollment participants will receive a full refund.

## Q: Will you be adding more programming as the summer goes on?

A: Our department will do it's bet to gauge the interest level of programming and add more options if needed.

## Q: Will a Phase 3 Stat Opening change programming sizes?

A: It may, depending on the program type and staff available. However all of our plans currently are to keep the programs sizes small.

## Screening, Isolation and Discharge

## Q: What type of screening will participants go through each day

A: Participants will be required to turn in a daily health screen form each day before the start of a program. This form will be distributed by our department prior to the start of a class, the form can also be found on our website. Staff will also monitor participants throughout the programs for symptoms of any kind.

## Q: What happens if there is a COVID-19 exposure at a participant's home?

A: All participants are required to complete a prescreening form prior to attendance each day. If a participant or family members has come into contact with someone who has been infected with COVID-19 you must contact our department. Our department will notify our health officials and will work with them on determining next steps.

## Q: What happens if a staff member or participant starts to show signs of sickness during the program.

A: If someone appears symptomatic, they will be removed from the program and brought to a designated isolation area. Parents/Guardians will be notified for pick up.

## Q: What happens if there is a COVID-19 exposure at a program

A: Our department will contact our local health officials and work with them on determining the best way to proceed.

## **Personal Protective Equipment**

Q: Are masks required for participants during program?

A: Masks are required for participants when social distancing can not be maintained. We have restructured our programming so that social distancing can be maintained but participants are still required to bring a mask with them each day.

## Q: Will Staff be wearing masks and/or gloves during the day

A: Yes, staff will be required to wear a mask and gloves in situations where social distancing cannot be maintained.

## Q: What PPE should my child come to the program with each day?

A: Participants must have a mask or face covering and personal sized hand sanitizer.

## Q: What if my child forgets to bring his/her mask to a program

A: Our department has purchased extra masks and will happily make them available to any participant who forgets his/her own.

## Cleaning, Disinfecting, and Sanitizing

#### Q: Will there be extra cleaning of surfaces?

A: Yes, staff will be using CDC recommended cleaning materials to clean and disinfect all materials and surfaces prior to and after each program. We will also clean periodically throughout the day.

## Q: How often will frequently touched or common surfaces be cleaned

A: Frequently touched or common surfaces will be cleaned regularly during the day.

## Miscellaneous

#### Q: What happens if it rains?

A: If heavy rain is expected programs will be cancelled. All participants will be notified by email the evening before or morning of. Friday's could be potential make-up days for programming.

#### **SPORTSZONE 101: TOURNAMENT OF CHAMPIONS**

In this action packed program, children will participate in a variety of games, such as street hockey, soccer, football, dodgeball, basketball, wiffleball, and many others! In addition to learning the fundamentals of these sports, we will have exciting discussions about current events in sports, learn the importance of maintaining a healthy active lifestyle, and reinforce in-class learning using sports cards and prizes. All equipment used will be cleaned and sanitized throughout the program. Activities that involve less equipment will be used more often than those requiring equipment. New games such as cornhole and capture the flag will be added as those allow for the children to be more spaced out.

Ages:	Dates:	Time:	Location:	Fee:
7-12	Mondays & Wednesdays July 6th - July 29th	9:00am - 10:00am 10:30am - 11:30am	Fairhaven Field	\$118

#### SOCCER SHOTS: THE CHILDREN'S SOCCER EXPERIENCE

Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, curriculum and communication. Each Soccer Shots session incorporates individual skill development, creative and imaginative play, fun activities and exercises, coordination, balance and agility development and character formation through our character building words of the week. Our goal is to make Soccer Shots the best part of a child's week.

А	ges:	Dates:	Time:	Location:	Fee:
7-	-9	Tuesdays & Thursdays July 7th - July 30th	9:30am - 10:20am	Fairhaven Field	\$109
10	0-12	Tuesdays & Thursdays July 7th - July 30th	10:45am - 11:35am	Fairhaven Field	\$109

#### **ZUMBA KIDS**

Perfect for our younger Zumba® fans! Kids 7-12 years old get the chance to be active and jam out to their favorite music. Zumba® Kids classes feature kid-friendly routines based on original Zumba®choreography. We break down the steps, add games, activities and cultural exploration elements into the class structure. Helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements like leadership, respect, team work, confidence, self esteem, memory, creativity, coordination, cultural awareness. PROGRAM WILL TAKE PLACE OUTDOORS.

Ages:	Dates:	Time:	Location:	Fee:
7-12	Mondays, July 13th - August 17th	8:30am - 9:15am	Fairhaven Field	\$69

#### **KNUCKLEBONES: SURVIVOR**

With a combined 250 seasons from the U.S. and abroad, Survivor has created some the greatest challenges on television. Manipulating various challenges, participants will work to outwit, outplay and outlast through mental, physical and creative task. Working in groups, pairs and individuals, participants will be presented with their very own season of Survivor.

Ages:	Dates:	Time:	Location:	Fee:
7-12	Mondays & Wednesdays July 27th - August 12th	9:30am - 10:30am	Fairhaven Field	\$77

#### **GENERALS FIELD HOCKEY CLINIC**

Join the Regional's JV field hockey coach Nikki Pignone for a fun filled action packed field hockey clinic. Participants will work on all aspects of the game of field hockey. Due to covid-19 restrictions there will be no scrimmages played but participants will get to rotate through many skills and drills stations throughout the week.

#### Equipment Needed: Shin Guards, Stick, Goggles if you have them

#### Instructor (s): Nikki Pignone, Danielle Kiely & Michaela Leary

А	.ges:	Dates:	Time:	Location:	Fee:
7.	-12	Monday, July 13th - Thursday, July 16th	9:45am - 11:45am	Fairhaven Field	\$80
ĺ	12	filling, bury 15 m Thurbury, bury 16 m	Strouin Throwin		<b>\$</b> 00

#### **GIRLS LACROSSE CLINIC**

This lacrosse clinic will introduce girls to the basic skills of lacrosse. Beginners and experienced players are welcome! Fun games will accompany skills and drills to keep everyone engaged and having fun.

#### Equipment Needed: Stick, Goggles & Mouth Guard

Instructor: Nikki Pignone

Ages:	Dates:	Time:	Location:	Fee:
7-12	Mondays & Wednesdays July 27th - August 12th	11:45am - 12:45pm	Fairhaven Field	\$75

#### **BASEBALL HOMERUN DERBY**

You want to be the next big leaguer? Join your favorite Patton Park camp counselor Dan Parr for the biggest show down in Cheeseman field history! Participants will have the chance to hit balls out of Cheeseman field. Dan will have a variety of fun games planned with plenty of opportunities to hit some dingers out of Cheeseman!

#### Equipment Needed: Glove & Bat

#### Instructor: Dan Parr

Ages:	Dates:	Time:	Location:	Fee:
7-9	Session 1: Tuesday, July 28th Session 2: Tuesday, August 4th	9:30am - 10:30am 9:30am - 10:30am	Cheeseman	\$20 per day
10-13	Session 1A: Tuesday July 28th Session 2A: August 4th	10:45am - 11:45am 10:45am - 11:45am	Cheeseman	\$20 per day

#### **SPORTSZONE 101: BASEBALL CLINIC**

Players, ages 7 to 12 will have intensive instruction in proper baseball mechanics and techniques. Kids will be split up by age. The clinic includes comprehensive instruction in the proper fundamentals of hitting, throwing, fielding, pitching, bunting, infield play, and outfield play. Players will improve specific skills through drills, demonstrations, and scrimmages.

#### Equipment Needed: Glove & Bat

Ages:	Dates:	Time:	Location:	Fee:
7-12	Monday, August 3rd - Thursday, August 6th	9:00am - 11:00am	Cheeseman	\$128

#### **FOOTBALL OB CONTEST**

What to be the next Tom Brady? Join Patton Park summer program staff Dan Parr as he engages children in quarterback skills and challenges on t he quest to find Hamilton-Wenham's next Tom Brady.

#### PLEASE BRING YOUR OWN FOOTBALL

#### Instructor: Dan Parr

Ages:	Dates:	Time:	Location:	Fee:
7-9	Session 1: Thursdays, July 30th Session 2: Thursday, August 6th	11:45am - 12:45pm 11:45am - 12:45pm	Cheeseman	\$20 per day
10-13	Session 1A Thursday, July 30th Session 2A: Thursday, August 6th	1:00pm - 2:00pm 1:00pm - 2:00pm	Cheeseman	\$20 per day

#### **ON SITE ARCHERY: ARCHERY**

During this program participants will learn to shoot a bow and arrow in this Olympic archery development program. Classes are taught by a certified archery instructor. All equipment is provided. Students will progress at their own pace. Fee included arm guard and finger tab for the students to keep

Ages:	Dates:	Time:	Location:	Fee:
10+	Monday, August 10th - Thursday, August 13th	9:00am - 10:00am	Fairhaven Field	\$104

#### **OUTDOOR P.E.**

Join the recreation staff and your friends as we take your favorite gym games and make them fit within the new standards. Outdoor P.E. will get your child out of the house and moving around for the first time in months! Equipment will be provided and sanitized after each use.

Instructor:	Recreation Staff	

Ages:	Dates:	Time:	Location:	Fee:
7-9	Tuesday. July 14th & Thursday, July 16th	8:00am - 9:15am	Fairhaven Field	\$35
10-12	Tuesday, July 21st & Thursday, July 23rd	8:00am - 9:15am	Fairhaven Field	\$35

## www.hwrecreation.com

#### PRETZEL KIDS: KIDS YOGA

This program helps teach children to find ways to relax naturally while having fun at the same time! Kids learn basic yoga poses that increase strength, flexibility and focus. We will practice meditation techniques and mindfulness through creative games, breath work and visualization. Due to concerns surrounding Covid-19 students must bring their own yoga mat.

Ages:	Dates:	Time:	Location:	Fee:
7-11	Tuesdays, July 7th - August 11th	10:00am - 11:00am	Fairhaven Field	\$111

### **YOUTH TENNIS LESSONS**

This program will teach the basic shot mechanics along with an introduction to match play and the rules of Tennis! All lessons are conducted using a variety of high energy games and drills, designed to improve the game of your future Tennis star! Tennis balls will be supplied and disinfected after use but participants must bring their own tennis racket.

#### Instructor: Jeff Rucker

Ages:	Dates:	Time:	Location:	Fee:
6-8	Mondays, July 6th - August 10th	3:00pm - 4:00pm	Patton Park Tennis Courts	\$122
9-12	Mondays, July 6th - August 10th	4:30pm - 5:30pm	Patton Park Tennis Courts	\$122

## **SPORTSZONE: 101 FLAG FOOTBALL**

We will be playing flag football together in a fun and safe environment. All kids will rotate through all positions to help build skills and confidence on the field. All kids will learn the proper technique of playing this game. All kids will be given a mouthpiece and flags will be provided for games. Friday will be used as a make up day.

Ages:	Dates:	Time:	Location:	Fee:
6-11	Monday, August 17th - Thursday, August 20th	9:00am - 12:00pm	Fairhaven Field	\$136

## **INSTRUCTIONAL SOFTBALL**

This program will supplement the Hamilton-Wenham Little League's brand new instructional softball program. Girls in kindergarten through 2nd grade are invited to join this program to learn about the game of softball. Participants will learn to throw, catch and hit as well as they will learn about the various positions on the softball field. Due to covid-19 restrictions each girl must bring their own glove.

Instructor: Danielle Kiely

Ages:	Dates:	Time:	Location:	Fee:
5-8	Monday, July 27th - Thursday, July 30th	8:45am -10:00am	Cutler School Field	\$45

## www.hwrecreation.com

#### WET AND WILD WATER WARS

Come dressed in your bathing suit prepared for the wildest wettest hour of your day! Participants will engage in a number of water games and have a chance to run through our giant dinosaur or unicorn sprinkler! Water balloons will take on a whole new meaning as part of some fun water games and don't forget those water squirt guns!

Ages:	Dates:	Time:	Location:	Fee:
6-8	Tuesday, July 21st	11:45am - 12:45pm	Fairhaven Field	\$20
6-8	Thursday, August 13th	12:30am - 1:30pm	Fairhaven Field	\$20
9-11	Tuesday, July 21st	1:00pm - 2:00pm	Fairhaven Field	\$20
9-11	Thursday, August 13th	11:15am - 12:15pm	Fairhaven Field	\$20

#### Instructor: Recreation Staff

### **DIY & TIE DYE**

Students will do a creative project on the first day and the second day of each session will be tie dye day. Please bring your white item to be tie dyed on the first day so we can pre-soak items for dying on the second class.

#### Instructor: Recreation Staff

Ages:	Dates:	Time:	Location:	Fee:
5-7	Thursdays, July 23rd & 30th	8:45am - 9:45am	Fairhaven Field	\$45
5-7	Thursdays, August 6th & 13th	8:45am - 9:45am	Fairhaven Field	\$45
8-10	Thursdays, July 23rd & 30th	10:30am - 11:30am	Fairhaven Field	\$45
8-10	Thursdays, August 6th & 13th	10:30am - 11:30am	Fairhaven Field	\$45
10-12	Thursdays, July 23rd & 30th	12:00pm - 1:00pm	Fairhaven Field	\$45
10-12	Thursdays, August 6th & 13th	12:00pm - 1:00pm	Fairhaven Field	\$45

## **DEBBIE LAFLAMME: BABYSITTING COURSE**

The one day workshop will cover how to have a safe babysitting experience. Some of the topics include: Basic First Aid, infant and toddler care, creative activities for young children and much more. Due to concerns surrounding covid-19 this class will take place outside under a tent with socially distant seating in place. Children should bring a mask in the event that social distancing can't be maintained throughout the class but they will only be required to wear it when they can't maintain a 6 ft distance.

Ages:	Dates:	Time:	Location:	Fee:
11+	Saturday, August 8th	9:00am - 1:00pm	Fairhaven Field	\$45

### LET GO YOUR MIND: WACKY MOTORIZED LEGOS

Join us as we build wacky motorized LEGO brick Amusement Park rides! From the Runnah, using conveyor belt LEGO pieces, to the Spinnah, using crown gears, to the Flingah, using force to fling objects! Before each LEGO brick creation staff will discuss key engineering and physics concepts with the children and how they relate to our builds. Children will work alone with their own sanitized LEGO kit for the week.

Ages:	Dates:	Time:	Location:	Fee:
7-11	Monday, August 17th - Thursday, August 20th	8:30am - 11:30am	Fairhaven Field	\$200

### MINDS IN MOTION: ELECTRICITY & MAGNET MANIA

Learn all about electronics, magnetism, and more in this fun and educational hands-on workshop! Take part in our Minds in Motion electronic lab and take home your very own circuit kit. With the aid of your instructor, simply follow the colorful pictures in your manual to build up to 100 exciting projects such as a flying saucer, alarm, and doorbell! All parts are mounted on plastic modules and snap together with ease. You will also take part and witness many cool magnetic experiments, including making and taking home the world's simplest motor! See a mysterious spinning top that never stops and witness a cool magnetic sand timer. Watch electricity being produced by a hand-held generator and take part in a cool activity involving a very powerful magnet. Behold a special magnetic top levitating and much more!

Ages:	Dates:	Time:	Location:	Fee:
7-12	Monday, July 20th - Thursday, July 23rd	10:15am - 12:15pm	Fairhaven Field	\$134

## **MINDS IN MOTION: CHEMICAL CREATIONS**

Come experience a hands-on world of fun as you conduct a variety of scientific experiments! You will make and take home a wide assortment of doodads and formations that you created all on your own. Learn and discover many different scientific concepts in an entertaining and innovative approach. Generate your own growing cube and make a shiny clean penny! Make your very own UV bracelet and watch it react to the sun. Learn all about energy and molecules, create a crazy bouncy glob from glue, and some scary green slime! You will also get to witness some really cool scientific demonstrations from your instructor. Watch snow being created and feel how cold it is! Experience a really powerful magnet, a cool blue light, a soda explode, and many other exciting experiments in this fascinating and educational workshop!

Ages:	Dates:	Time:	Location:	Fee:
7-12	Monday, July 20th - Thursday, July 23rd	1:00pm - 3:00pm	Fairhaven Field	\$129

### HEALTH AND SAFETY INSTITUTE (ASHI): BABYSITTING CERTIFICATION COURSE

The new Child and Babysitting Safety (CABS) program from ASHI gives teenagers and young adults everything they need to know for safe and successful babysitting. From getting started with their business, to dealing with parents and children, to key safety, care giving, and first aid tips, the magazine-format CABS guide and vlogger-style video make learning fun. PLEASE NOTE THE PROGRAM MAY END EARLIER THAN 12:30pm DEPENDING ON NUMBER OF PARTICIPANTS ETC.

#### Instructor: Danielle Kiely

Ages:	Dates:	Time:	Location:	Fee:
10-16	Wednesday, July 22nd	8:30am - 12:30pm	Fairhaven Field	\$45

#### **NATURE ADVENTURES**

Hamilton-Wenham has many beautiful nature trails and areas to be explored. Dan Parr will take students on nature walks through some of the terrain Hamilton-Wenahm has to offer. Students will have the opportunity to explore rocks, dirt, trees, birds, bugs and many other nature elements they may encounter along the way.

#### Instructor: Dan Parr

Ages:	Dates:	Time:	Location:	Fee:
7-12	Wednesday, July 15th	8:00am - 9:00am	July 15th: Patton Park	\$10
	Wednesday, July 22nd	8:00am - 9:00am	July 22nd: Chebacco Woods	\$10

## SEACOAST TECHNOLOGY WORKSHOPS: LEGO ROBOTICS WeDo 2.0

Young engineers will have an opportunity to design and build a variety of different LEGO projects using WeDo 2.0. Participants will then learn how code and bring their projects to life using a laptop and specially designed drag-and-drop software. Projects are available for beginners and more experienced builders! This is a one-of-a kind experience for all LEGO builders! Note: Participants do not take projects home. Each participant will be issued their own LEGO robotics kit and laptop for the entire week. There will be no sharing of LEGO bricks. All LEGO bricks and laptops will be thoroughly sanitized prior to the start of class on Monday.

Ages:	Dates:	Time:	Location:	Fee:
7-12	Monday. August 10th - Thursday, August 13th	10:45am - 12:45pm	Fairhaven Field	\$102
7-12	Monday, August 10th - Thursday, August 13th	1:30pm - 3:30pm	Fairhaven Field	\$102

#### **CHESS WIZARDS: VIRTUAL BEGINNER CHESS LESSONS**

Unleash your brain power! Have Fun!

Spend a part of your summer with Chess Wizards Virtual Summer program, where you will participate in epic chess games, fun and interactive lessons, tournaments, team matches, trivia and more. We make learning chess fun both for new and experienced players! We believe that Chess is the perfect summer learning tool keeping kids' minds sharp while playing a game and having fun. Classes are offered through Zoom.

Ages:	Dates:	Time:	Location:	Fee:
6-12	Monday. June 29th - Friday, July 3rd	11:00am - 12:30pm	Virtual Class	\$112
6-12	Monday, August 3rd Friday, August 7th	3:00pm - 4:30pm	Virtual Class	\$112

## WICKED COOL FOR KIDS: VIRTUAL SPACE LAB

Design a 3D model of our solar system, build a model satellite and learn the forces of space flight. Construct a balloon powered rover and explore the surface of a rocky planet. Enter an alien atmosphere, study distant constellations and make amazing galactic slime and glittering galaxies. Out of this world fun!

#### Registration closes 2 weeks prior to class

Ages:	Dates:	Time:	Location:	Fee:
5-11	Monday, July 20th - Friday, July 24th	10:00am - 12:15pm	Virtual Class	\$184

#### WICKED COOL FOR KIDS: MINECRAFT MYTHICRAFT

Love Minecraft? Learn to build Minecraft add-ons and unleash mythical creatures in the Minecraft world. Journey to Ancient Greece, Atlantis, Japan and Transylvania to transform the appearance and behaviors of Minecraft mobs. Turn your interest in Minecraft into a love for coding! Includes accompanying hands-on activities. Students must have a Minecraft account to participate.

#### Registration closes 2 weeks prior to class

Ages:	Dates:	Time:	Location:	Fee:
7-11	Monday, July 20th - Friday, July 24th	1:00pm - 3:15pm	Virtual Class	\$184

## IF YOU REGISTER FOR BOTH WICKED COOL FOR KIDS VIRTUAL PROGRAMS THE COST IS \$284 FOR BOTH PROGRAMS

#### Please contact the Recreation Office if you want to choose this options

## www.hwrecreation.com

#### **CODEWIZ: GAME DESIGN**

Depending on their age and experience, students will work on Scratch-based coding OR visual python drag n drop, where they will also start to learn the basics of Python syntax. With our drag n drop platform, kids learn to code by creating their own games and animations! What you will learn: Sequencing, Loops/infinite loops, Conditionals, Functions, Events and many more..!

Ages:	Dates:	Time:	Location:	Fee:
7-12	Thursdays, July 9th - August 13th	2:00 - 3:15pm	Virtual Class	\$159

#### **CODEWIZ: ROBLOX CODING**

Become a Roblox game wiz using Lua programming! Create versions of your fairytale universe with Roblox Studio, the kid-friendly game development platform for creating Roblox games. In this class, the kids will learn how to make use of the many tools to code interactive terrific games and build their own virtual game worlds

Ages:	Dates:	Time:	Location:	Fee:
8-14	Wednesdays, July 8th- August 12th	4:30pm - 5:45pm	Virtual Class	\$159

## **STEVE NUGENT KARATE: VIRTUAL KARATE CLASSES**

This program provides introductory karate skills, teaches proper stances, breathing, stretching, self-discipline, coordination and practical self defense. All uniforms and belts are included and will be mailed directly to your home address. If your child has participated in the past they will wear their uniform and belts from before and will be able to test out for new belts during the virtual program.

Ages:	Dates:	Time:	Location:	Fee:
5-12	Tuesdays, July 7th - August 11th	5:15pm - 6:00pm	Virtual Class	\$117

#### **VIRTUAL ZUMBA GOLD®**

Perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. How it works: The design of the class introduces easy to follow Zumba choreography that focuses on balance, range of motion and coordination. Come ready to sweat, and prepare to leave empowered and feeling strong. Class focuses on all aspects of fitness including cardiovascular, muscular conditioning, flexibility and balance. CLASSES ARE HELD ON ZOOM!

Ages:	Dates:	Time:	Location:	Fee:
18+	Fridays, July 10th - August 14th	9:00am- 9:50am	Virtual Class	\$81

#### **KIDS TEST KITCHEN: VIRTUAL COOKING CLASS**

Kids'Test Kitchen is on a mission to get young eaters cooking, tasting, and thinking about healthy ingredients! Let's continue to redefine kid food; VIRTUALLY! Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, with adult supervision and occasional assistance, we'll work together, virtually, to slice, dice, peel, measure, and cook until we have each prepared the finished dish. The virtual experience gives students the unique opportunity to immediately share their work with family! This session will highlight some of our most popular KTK recipes, including a sweet take on hummus, our "Nourishing Nachos" – a kid favorite, and a delicious way to serve up swiss chard! For LIVE participation, we will be emailing the ingredient lists in advance of each lesson. Parent availability for assistance and some supervision required for LIVE participation. Students who may not have an adult readily available at the time of class, are still encouraged to join in as observers. A recording of the lesson will be made available to participants at the conclusion of class so that they can repeat it later with family!

> Participants may choose to purchase a kids test kitchen apron shown to the right and recipe cards for the recipes learned in class for a registration fee of \$99.



Ages:	Dates:	Time:	Location:	Fee:
6-12	Tuesdays, June 30th - August 4th	1:00pm - 2:00pm	Virtual Class	\$69 \$99 (includes apron & recipe cards)

#### **RIGHT BRAIN CURRICULUM: METROCRAFT**

Students learn economics and civics as they work together to create a city within a virtual Minecraft type world. While certainly a fun game, Minecraft is also a limitless platform for students to learn academic skills in a highly engaging virtual environment. In this problem-solving class, students design their own house and business within a virtual city as they learn about budgeting, profit and loss, supply and demand and consumer markets. As they serve on a city council, they study how laws are made and work together to create their own constitution of laws. They must problem-solve as they serve on a city council that responding to natural disasters and challenging city issues. STEM learning has never been so fun! This class will take place online. We will use two programs, Zoom and Minetest. Zoom is an online classroom that is very easy to use. We will send a Zoom ID number with a code to join the meetings. We use a public domain version of Minecraft called Minetest which is nearly identical but which works better for our civics-based purposes. We can also create mods easier and have multiple cities within one state. Best of all, it's free. :) We send out detailed instructions and links to a tutorial for how to download and install the program. A PC or Mac laptop is needed for Minetest, Chromebooks and tablets are generally not compatible. A mouse is also very helpful for navigating the game easily.

Ages:	Dates:	Time:	Location:	Fee:
8-11	Monday, June 29th -Thursday, July 2nd	2:00pm - 4:00pm	Virtual Class	\$109

### F.A.S.T. ATHLETICS VIRTUAL SUMMER PROGRAMS

F.A.S.T. Athletics will be offering different sports and fitness classes throughout the summer to keep everyone active and participating in a group setting. Our classes will include proper stretching, aerobic activities, and creative fun interactive games. The second part of each class will include specific skill work, focusing on individual sports. All classes will be held through Zoom. Classes are offered in 1 week sessions.

> Monday-Friday from 9:00-9:40am fitness and sports specific Thursday Evening 6:30-7:10pm fitness and soccer

#### Morning Weekly Schedule

Monday: Fitness and Basketball Tuesday: Fitness and Lacrosse Wednesday: Fitness and Hockey Thursday: Fitness and Baseball skills Friday: Fitness and interactive games

Ages:	Dates:	Time:	Location:	Fee:
5+	Monday, June 29th - Friday, July 3rd Thursday July 2nd	9:00am - 9:40am 6:30pm - 7:10pm	Virtual Class	\$40 per family \$10 Thursday Evening
5+	Mondayy, July 6th - Friday, July 10th Thursday July 9th	9:00am - 9:40am 6:30pm - 7:10pm	Virtual Class	\$40 per family \$10 Thursday Evening
5+	Monday, July 13th - Friday, July 17th Thursday July 16th	9:00am - 9:40am 6:30pm - 7:10pm	Virtual Class	\$40 per family \$10 Thursday Evening
5+	Monday, July 20th - Friday, July 24th Thursday July 23rd	9:00am - 9:40am 6:30pm - 7:10pm	Virtual Class	\$40 per family \$10 Thursday Evening
5+	Monday, July 27th - Friday, July 31st Thursday July 30th	9:00am - 9:40am 6:30pm - 7:10pm	Virtual Class	\$40 per family \$10 Thursday Evening
5+	Monday, August 3rd - Friday, August 7th Thursday August 6th	9:00am - 9:40am 6:30pm - 7:10pm	Virtual Class	\$40 per family \$10 Thursday Evening
5+	Monday, August 10th - Friday, August 14th Thursday August 13th	9:00am - 9:40am 6:30pm - 7:10pm	Virtual Class	\$40 per family \$10 Thursday Evening
5+	Monday, August 17th - Friday, August 21st Thursday August 20th	9:00am - 9:40am 6:30pm - 7:10pm	Virtual Class	\$40 per family \$10 Thursday Evening

#### **KIDS JEOPARDY**

Each week the Recreation Department's Dan Parr will join students on zoom for an hour of Jeopardy style trivia. The winner each week will receive \$10 account credit for a future program with us.

Ages:	Dates:	Time:	Location:	Fee:
7-9	Tuesday, July 28th	1:15pm - 2:15pm	Virtual Program	FREE* *Pre-Registration Required
10-12	Tuesday July 28th	2:30pm - 3:30pm	Virtual Program	FREE* *Pre-Registration Required

www.hwrecreation.com

#### **OUTSIDE THE LINES: ONLINE ART WORKSHOPS**

We have designed the workshops with 2 fun a creative works to focus on, watercolor and collage. These different skills will give you many inspiring ways to use your imagination on your project. Each of the workshops will have different themes and you will use different skills to create your masterpiece. Participants will receive a swag bag with all the necessary supplies for their workshop!

#### WATERCOLOR WORKSHOPS

#### Splash into Summer: July 7 & 9

Students will jump right into themes involving water and Summer activities. We will learn to draw various subjects of many Summer style images like water scenes, sunglasses, ice cream, flowers, and other designs that make us think of warm weather and having fun in the sun!

#### Creatures of the Sea: July 21 & 23

Children will learn to draw a variety of subjects found under the sea such as sea turtles, sharks and even mermaids! Watercolor paints will enhance the theme of cool colored creatures and their surrounding habitats. We will draw inspiration from underwater photography and also use our imaginations to create magical underwater worlds!

#### Disney Inspired Designs: Aug. 4 & 6

Children will learn to draw and decorate some of Disney's favorite sidekicks like Baby Yoda, Stitch and Pascal the Chameleon! We will tap into and learn about creator Walt Disney and how his brand began in animation and grew into theme parks and a booming business. This should spark interesting conversations about Disney movies and favorite characters!

#### Ride the Rainbow: Aug. 18 & 20

Children will work with the concepts of the Color wheel order as red, orange, yellow, green, blue, violet and create a variety of paintings and drawing designs that include rainbow colors and the blending of shades. Unicorns welcome!

#### **COLLAGE WORKSHOPS**

#### Treasure Hunt: July 14 & 16

Children will learn about famous fortunes and shipwrecks carrying valuable jewels and precious metals such as gold and silver. We will explore in paper a variety of subjects privy to a pirate in search of the buried treasure!

#### To Outer Space and Beyond!: July 28 & 30

Children will work with the innovative subjects of Outer space, planets, rockets, and even aliens in this out of this world workshop! Layers of paper will be carefully glued to show detail and feature bold colors in these fantastic futuristic designs.

#### A Day at the Beach: Aug. 11 & 13

Children will learn to use colorful paper to create beach style landscapes and explore subjects such as waves, sand, beach toys, and the sun. Skills in using scissors and cutting shapes, tips and tricks for collaging will be learned. When working with layers of paper we can incorporate some textural and 3D quality to out art.

Ages:	Dates:	Time:	Location:	Fee:
6-11	Tuesdays & Thursdays* *Specific Dates and Workshop Themes are above	9:00am - 11:00am	Virtual Class	\$58 per workshop

## www.hwrecreation.com

#### LITTLE SCHOLARS: A-HA KITS

We had an "A-HA" moment at Little Scholars! Since we can't be with our Little Scholars in person, we are bringing the next best thing to you with our A-HA (At Home Adventure) Kits. Our kits are filled with 10 unique Little Scholars' activities including materials, games and fun surprises for your kids to do at home along with a short video clip on how to create your masterpiece. Our kits are delivered right to your door and your child can do each activity on their own time. Get ready for some exciting adventures! Kit choices include:

Adventures at Sea: Do you hear the ocean calling your name? Dive into the deep blue sea and create a coral reef, learn about the mysterious squid and of course a playful visit with a shark.

**Enchanted Adventures**: Hop on your unicorn, sprinkle your pixie dust...we are heading into the Enchanted Forest! Adventure seekers will spark their creativity as they tinker in the secret world of all things whimsical. Let your imagination run wild!

Green Thumb Club: Ignite your passion for nature, recycling, and gardening as you join our Green Thumb Club. As a certified member, you will officially be a master gardener!

Whiz Kids: Grab your goggles as we venture into the world of science. With a dash of chemistry, pinch of physics and a swirl of imagination you have a box full of whiz kids fun!

**World of Wizards**: Get spell bound as you enter the world of wizards with wand making, potion concocting, and cape design. The wizard world is awaiting...YOU!

#### ALL KITS ARE AVAILABLE IN AGE RANGES PRE-K-K, 1ST-2ND GRADE AND 3RD-5TH GRADE

Ages:	Dates:	Location:	Fee:
3-11	Register by July 3st to allow for order to be processed and delivered. Kits will be delivered directly to your homes from Little Scholars	At Home	\$117 per kit

#### LITTLE SCHOLARS: COMIC CREATIONS

Do you have a knack for drawing? Do you like to write? We have the class for you! Come join us a we explore the world of comics. We will learn about the different styles of cartooning, create new characters, and build a portfolio of your work! FEE INCLUDES SUPPLIES KIT THAT WILL BE AVAILABLE FOR PICKUP PRIOR TO THE CLASS. Classes are taught in a 40 minute on 20 minute off structure. The schedule for class can be seen below.

Classes are taught in a 40 minute on, 20 minute off structure. The schedule for class can be seen below.

For afternoon camps: 1:00-1:40- Lesson 1 1:40-2:00- Break 1 2:00-2:40- Lesson 2 2:40-3:00- Break 2 3:00-3:40- Lesson 3

Grades:	Dates:	Time:	Location:	Fee:
3rd-5th	Monday, July 20th - Friday, July 24th	1:00pm-3:40pm	Virtual Class	\$159

## www.hwrecreation.com

#### LITTLE SCHOLARS: HABLO ESPANOL

Ever wondered how to say your favorite words in Spanish? Join us as we introduce campers to the basics of the second most spoken language in the world through and innovative, dual language, thematic approach with games, stories, songs and art. Campers will be exposed to the following Spanish concepts: Colors, body parts, numbers, family members and common phrases. Please note that class breakdown is done by grade that the child is entering in Fall 2020. The cost of the program includes supply kits. SUPPLY KITS FOR THE CLASS WILL BE AVAILABLE AT THE REC CENTER FOR PICKUP AT PREARRANGED TIMES TO BE AN-

#### NOUNCED LATER.

Classes are taught in a 40 minute on, 20 minute off structure. The schedule for classes for grades 1-5 can be seen below for morning and afternoon programs.

For afternoon camps: 1:00-1:40- Lesson 1 1:40-2:00- Break 1 2:00-2:40- Lesson 2 2:40-3:00- Break 2 3:00-3:40- Lesson 3

Grades:	Dates:	Time:	Location:	Fee:
PreK-K	Monday, July 6th - Friday, July 10th	9:00am - 9:40am	Virtual Class	\$109
1st-2nd	Monday, July 6th - Friday, July 10th	1:00pm - 3:40pm	Virtual Class	\$159
3rd-5th	Monday, July 13th - Friday, July 17th	1:00pm - 3:40pm	Virtual Class	\$159

#### LITTLE SCHOLARS: DINO DISCOVERY

Do you know which dinosaur was nicknamed "long neck"? Do you know which dinosaur had the biggest head? Join us for a colossal journey into the world of dinosaurs! You will have a swamp stopping good time! FEE INCLUDES SUPPLIES KIT THAT WILL BE AVAILABLE FOR PICKUP PRIOR TO THE CLASS.

Classes are taught in a 40 minute on, 20 minute off structure. The schedule for class can be seen below.

For morning camps: 9:00-9:40- Lesson 1 9:40-10:00- Break 1 10:00-10:40- Lesson 2 10:40-11:00- Break 2 11:00-11:40- Lesson 3

Grades:	Dates:	Time:	Location:	Fee:
1st-2nd	Monday, July 13th - Friday, July 17th	9:00am - 11:40am	Virtual Class	\$159

#### LITTLE SCHOLARS: CARS, TRUCKS & WHEELY THINGS

Hop on in and take a spin with us as we explore the world of transportation. Let us mesmerize you with things that go round and round like dump trucks, ambulances and construction vehicles through art, stories and hot rod adventures. Beep! Beep! FEE INCU-DES SUPPLY KIT WHICH WILL BE AVAILABLE AT THE REC CENTER FOR PICKUP AT A PREARRANGED TIME TO BE ANNOUNCED

Grades:	Dates:	Time:	Location:	Fee:
PreK-K	Monday, July 20th - Friday, July 24th	9:00am - 9:40am	Virtual Class	\$109

#### LITTLE SCHOLARS: TALES & TREATS

Tales and treats cooks up the prefect recipe of books, games, music and cooking. We will blend early literacy skills and pair them with social skill such as following directions and taking turns. Tales and treats will make a tasty camp memory for your little scholar! FEE INCUDES SUPPLY KIT WHICH WILL BE AVAILABLE AT THE REC CENTER FOR PICKUP AT A PREARRANGED TIME TO BE ANNOUNCED

Grades:	Dates:	Time:	Location:	Fee:
PreK-K	Monday, July 27th - Friday, July 31st	9:00am - 9:40am	Virtual Class	\$109

#### LITTLE SCHOLARS: WORLD OF WIZARDS

Calling all wizard fans! This is like no other class you have ever experienced that will astound all muggles! FEE INCUDES SUPPLY KIT WHICH WILL BE AVAILABLE AT THE REC CENTER FOR PICKUP AT A PREAR-RANGED TIME TO BE ANNOUNCED

Classes are taught in a 40 minute on, 20 minute off structure. The schedule for class can be seen below

For afternoon camps: 1:00-1:40- Lesson 1 1:40-2:00- Break 1 2:00-2:40- Lesson 2 2:40-3:00- Break 2 3:00-3:40- Lesson 3

Grades:	Dates:	Time:	Location:	Fee:
3rd-5th	Monday, July 27th - Friday, July 31st	1:00pm - 3:40pm	Virtual Class	\$159

## **GREAT BACKYARD VIRTUAL COVID CAMP OUT**

Have an adventure under the stars...or in your family room! Whether you prefer the outdoors or the comfort of your couch, we'll provide fun activities for your family! Pack includes activities, s'mores treat and more! Submit videos or photos from your camp out for us to share on social media!

Ages:	Dates:	Time:	Location:	Fee:
All Ages	Saturday, July 25th	You Decide	Your Backyard	\$20

#### **BEACH BINGO**

The beauty of living here in Hamilton-Wenham is that we have access to some of the best beaches around! This summer since activities are limited we have created a game of beach bingo. We task you with trying to visit as many beaches that are on our board as you possibly can this summer. Take a picture of yourself at each of the beaches and use the photo as your bingo daubers to mark your board. Complete the entire board and send a picture of it to us to be entered into a raffle for \$10 in account credit for any future program.

Ages:	Dates:	Time:	Location:	Fee:
All Ages	Starts June 29th- Ends August 21st* * Submit your board as soon as you finish it	You Decide	All Over	FREE

#### **SPLISH SPLASH VIRTUAL POOL PARTY**

This isn't your average summer so why not be creative! Since we can't all gather in person for summer fun and parties lets take it virtual! Our department will prepare pool and backyard game friendly kits with fun activities and then you get to be creative and have the best family pool/backyard party you have ever had! Take video or photos of your backyard fun and we will post to social media!

Ages:	Dates:	Time:	Location:	Fee:
All Ages	Kits available after July 10th	You Decide	Your Backyard	\$15

#### FLAT STANLEY PANDEMIC SUMMER ADVENTURES

It's time for everyone to get out and have some fun but why not bring a friend along? Well, bringing a friend along this summer might not work because of social distancing but we have the PERFECT solution! Introducing Flat Stanley! Children will receive a copy of the original Flat Stanley book so they can read up on who Flat Stanley is what adventures he likes! They will also receive templates to pick from to create their very own Flat Stanley. Decorate your own Flat Stanley and then take him with you on your summer adventures. If you want to be really adventurous mail flat Stanley to a family member or friend and ask that they send him back with pictures of this adventures! If you decide to take Flat Stanley out into the world during pandemic, share his adventures with us by sending us pictures so we can see all the places and activities you and Flat Stanley enjoyed this summer or the place and adventures Flat Stanley enjoyed with your family member or friend elsewhere!

Ages:	Dates:	Time:	Location:	Fee:
All Ages	Please Register by July 8th so we can order the books and get them out to everyone	All Summer	Flat Stanley's Favorite places!	\$10