



Our Department has added a few programs to our fall lineup. These classes will be held outdoors (for as long as we can) and move inside to the Recreation Center Gymnasium when weather dictates.

Our full listing of Winter Programs (December – March) will be available in early December.

### *Soccer Shots: Mini Soccer*

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. Our 4 and 5 year old participants utilize creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting.

**Saturdays, November 7<sup>th</sup> - December 19<sup>th</sup>\***

Age 3: 8:45am - 9:20am

Age 2: 9:30am - 10:00am

Age 3: 10:10am - 10:45am

Ages 4/5: 10:55am - 11:35am

\$99 per child

**\*No class 11/28**

### *Super Soccer Stars*

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. Our specially designed curricula use positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own rate while having endless fun.

**Mondays November 9<sup>th</sup> - December 14<sup>th</sup>**

Ages 3-4: 9:00am-9:45am

Ages 4-5: 10:00am-10:50am

\$120 per child

### **Knucklebones: Micro Basketball**

This clinic focuses on the basic fundamentals beginning with dribbling, shooting, passing and catching as well as defense. Using age appropriate equipment the class will enable your child to learn at their own pace while having a blast! Each class will be structured with stretching, learning a skill, rule of the day, skill game. Sneakers are required.

**Sundays, November 8<sup>th</sup> - December 20<sup>th</sup>\***

Ages: 2-4

10:30am - 11:20am

\$79 per child

**\* No class 11/29**

### **SportsZone 101: Silly Games**

Children of all ages love to be silly and have fun, especially the youngest of us. We see this firsthand every time we run our Silly Games program! We will play games like: Builders and Bulldozers, where children either build or bulldoze cones set up around the gym; Bowling for Noodles, like real bowling but with pool noodles; and Kooky Relays! Each game is designed specifically for our Tot friends and include elements that help further develop the fine and gross motor skills of our young Champions

**Tuesdays November 10<sup>th</sup> - December 15<sup>th</sup>**

Ages: 3-5

10:00am - 11:00am

\$89 per child

### **SportsZone 101: Ultimate Sports Challenge**

In our brand-new program, we offer all participants a unique experience playing some fan-favorite, team games to help promote great sportsmanship, social distancing, and teamwork. Join us for friendly competition in games such as handball, ultimate frisbee, capture the flag, and many others. Each day we will start with a short discussion of current sports news and end with your child receiving a pack of sports cards. We will also reinforce basic principles needed to excel in different sports. Sports cards will be used to reinforce basic principles in math, geography, history and reading.

Inclement Weather: In case of cold or inclement weather, we will move our program indoors to participate in some indoor sports games called Backyard Masters. These games will include things such as cornhole, ladder ball, washer toss, spike ball, etc.

**Mondays October 26<sup>th</sup> - November 30<sup>th</sup>**

Ages: 6-11

3:30pm – 4:30pm

\$89 per child

